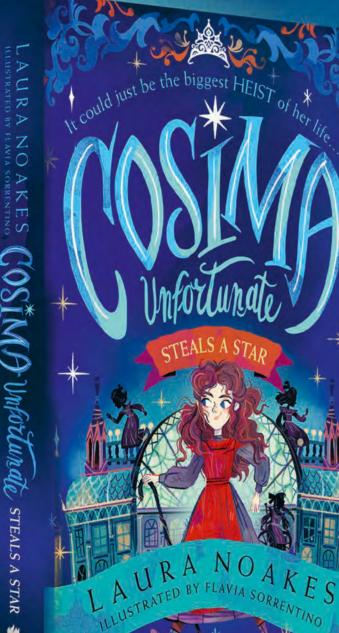


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## **Editor's Letter**

# A chance to change

hat has changed in the publishing industry since the last Disability Issue of The Bookseller? You would be the best person to judge that: have you noticed a change in the way things are done? How many disabled people are you working with? How many books have you read by disabled authors or featuring disability? Did they have disabled characters who weren't cured and were more than just sidekicks or sacrifices? Have you attended events that offer remote access for speakers and attendees? What did you do for Disability Pride Month in July?

Last year, the Society of Authors group Authors with Disabilities and Chronic Illnesses (ADCI) laid out actionable steps for the industry on how to ensure accessibility and inclusivity of disabled authors and employees. You can find the article here: bit.ly/3UMOoSW and the list of steps here: bit.ly/3dR7ZPY. ADCI members have noticed gradual improvements: opportunities and programmes are actively encouraging disabled applicants, several new disability literary prizes have launched (pp20-21), along with the Inklusion Guide that was seeking funding in last year's issue.

Disabled people have been invisible and easier to write off as acceptable losses

The free, downloadable guide summarises best-practice accessibility across hybrid, online and in-person events, so that no-one is excluded (p15-16).

More still needs to be done, as one in five people are disabled, so with proportional representation disabled people should make up 20% of the publishing industry. That's not the case. Those who are employed face huge obstacles to ensure access to work and fair treatment, while

navigating stigma and bias (po9). It's important to remember that we are all one accident, virus or serious illness away from disability; even ageing brings on additional needs. It's essential that we establish working practices and resources that support all, no matter their level of health or physical ability, to ensure inclusion. No-one should be forced to leave the industry when simple adaptations are all that's needed; this can be achieved by working with disabled people already in publishing.

Improved inclusion of disabled people is about more than just representation, it's also about ensuring disabled voices are heard and their stories are told, especially at a time when those of us on the marginalised fringes are falling further behind and facing increased difficulties to simply survive (p18). The publishing industry has the power to show society the human faces of disability, to help the world understand that disabled people are just like you, with hopes and dreams, loves and losses, but with additional health challenges.

For too long disabled people have been invisible and easier to write off as acceptable losses, but we are not statistics that can be swept aside; we are your family and friends and colleagues. Our experiences might be different but are no less important, our forms of communication or ways of working might need the industry to adapt, but we bring value to publishing and the wider world. We just need the opportunity to

show that.

This week's guest editors are authors and ADCI members from left Catherine Miller. Nydia Hetherington and Claire Wade



## Catherine Miller, Nydia Hetherington & Claire Wade Guest editors

#### Contents 14th October 2022

#### over illustrator



Tori Dee is a freelance illustrator based in the UK with a BA (Hons) in Illustration. She has experience in a variety of

areas within the publishing industry, including poetry and editorial illustration, and has a keen interest in the Anyone requiring a subject of inclusion as well as wildlife and the environment. For an Alt Text description of the front cover, scan



PDF edition of this issue that is machine-readable please contact mark.guest@ thebookseller.com.

**Publishing does** feel very inaccessible at times because it's very privileged, white, very London-focused

Nell Pattison, author

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# THIS WEEK The Disability Issue The Lead Story

# Who gets to tell stories? CRIPtic Arts and Spread the Word investigate

Deaf and disabled authors make up a far larger part of the creative sector than many would believe—and seven in 10 responding to a landmark report want more accessible publishing opportunities

#### Ruth Harrison & Jamie Hale

S torytelling and creativity abound in the communities of deaf and disabled writers. There are far more deaf and disabled writers than you would expect—with around 20% of the population being deaf or disabled. According to the Equality Act, disabled people are those with a diagnosis or long-term health condition which has a "substantial" and "long-term" negative effect on their ability to do normal daily activities.

While we recognise that our underlying conditions may inherently impact our lives, disabled communities often define ourselves around the shared oppression we face when society creates barriers that prevent our full and equal participation—such as those in the writing community. These barriers affect all types of disabled people, including those with physical and sensory impairments, mental health conditions, energy limiting impairments and chronic illnesses, as well as Deaf signers and people with chronic illnesses.

Neither the quantity nor the talent of disabled writers is reflected in the industry. Whether looking at the range of books being published, development opportunities created, writers commissioned, festival invitations, prize lists, or the publishing and not-forprofit literature sectors' workforces, we are not present. How can these sectors work in active partnership with deaf and disabled writers, communities and organisations to build an equitable and accessible ecosystem actively supporting and bringing work by deaf and disabled writers to audiences?

"Development opportunities for



disabled writers are sometimes offered by organisations who you know have a mostly tokenistic interest in it," said a writer in the recently published *Access to Literature Report* (CRIPtic Arts and Spread the Word, 2022; available at spreadtheword.org.uk/projects/ criptic-writes-x-spread-the-word/).

We know that the existing and ongoing barriers of time, money, space and networks disproportionately impact on marginalised writers' ability to develop their craft and progress their career. These are compounded by systemic disablism. Deaf and disabled writers reported in the *Access to Literature Report* that the top five barriers to progressing their creative careers are:

- a lack of paid work
- understanding of reasonable adjustments
- clear information on accessibility
- inaccessible spaces
- cost

When deaf and disabled writers were asked, as part of the report, what they would like to see more of in the publishing and literature sectors, 70% said accessible publishing opportunities; 58% said being booked by festivals and events; and 56% wanted prizes showcasing and promoting the work of deaf and disabled writers and poets—one of the reasons that CRIPtic Arts and Spread the Word launched the Disabled Poets Prize alongside Verve Poetry Press.

There are development opportunities and initiatives across the publishing and literature sectors which reach out to marginalised writers-including deaf and disabled writers. Yet as another writer responded in the report, "no information about accessibility means that it's inaccessible". Such barriers are often inadvertently embedded into these, from project initiation and marketing to outreach, approaches to access and reasonable adjustments. Often information about the project and access provided is not available in both English and British Sign Language, contacts to discuss access further are not clearly advertised, and there is no funding in place for access support on application. When these provisions are not in place, these opportunities do not feel like they genuinely and sincerely engage with the barriers faced by deaf and disabled artists. Without an understanding of access running through a project, deaf and disabled writers often accept that a project will not work to improve our creative output or move forward our careers.

CRIPtic Arts and Spread the Word have committed to a range of opportunities for deaf and disabled writers, including ongoing bimonthly workshops, open-mic nights and readings at our Salon, and the UK's first Online Retreat for deaf and disabled writers with rest breaks, British Sign Language, autocaptions and an approach that prioritised meeting people's access needs. And where we have failed, we are learning lessons. However, the Salon is dependent on annual grant funding, and the Retreat was not awarded funding in 2022; after two successful years, it could not operate.

For opportunities such as these to truly offer the development space deaf and disabled writers need, they must be consistently funded and widely engaged in by industry professionals—from publishers to agents, festival producers to booksellers. Due to the access barriers in the industry, we need to move away from thinking of these opportunities as a charitable endeavour and see them as a bilateral opportunity where sustained connections and engagement with the emerging work of the next generation of writers can be made.

We call on the industry to work collaboratively to develop a charter for change committing to a structured investment to dismantle the barriers [faced by deaf and disabled authors]

There needs to be "more understanding from people in the writing industry that disabled people may not be how they expect writers to be, and that they need to make Reasonable Adjustments," was another Access to Literature response. While programmes designed by and for deaf and disabled people are immensely valuable, they by nature focus on individual development, not industry change. Furthermore, there is often a disconnect between development opportunities and access to publishing, meaning that following these programmes, deaf and disabled writers still face extensive barriers. While there is a perception that more must be done to meet the access needs of the individual, talented deaf and disabled writers who come to industry attention, there is less of an understanding that systemic change is required to eliminate those barriers.

A further Access to Literature respondent said: "I need someone to help me navigate the publishing world. To be honest, a publisher gave me a book contract and I didn't sign because it was too daunting. And I got an agent, but they gave up on me. Then I gave up. I'm going to try again, but honestly as a working-class disabled person with no formal education who has never had a job, it's like asking me to climb Everest with no training or equipment." To achieve that, publishing and literature organisations need to build access across their systems, developing accessible pathways into the industry for writers and sector employees which do not rely on connections or an understanding of industry normswhich often seem exclusive and impenetrable. Encouragingly, the Access to Literature Report showed that the industry's primary concerns about how to provide access were around cost and knowledge level, not at a systems level, suggesting a priority need-and desire-for industry training and development.

To make the change, strategic intervention is needed which recognises the barriers faced by deaf and disabled writers. We call on the industry to work collaboratively to develop a charter for change committing to structured investment to dismantle those barriers, including working in partnership with literature organisations, investing sustained time and funding over three to five years, to develop and run learning and development programmes which:

- Offer accessible and targeted outreach to deaf and disabled writers, including in British Sign Language;
- Equip deaf and disabled writers with the skills and knowledge to work within the industry;
- Equip industry organisations with the skills and knowledge to work with deaf and disabled writers;
- Build and nurture deaf and disabled writers in a long-term manner;
- Set a target of 20% of published writers and literature sector employees being deaf or disabled by 2030.

An exciting range of writers, organisations, and opportunities is emerging, and given adequate commitment and investment, we have no doubt that the industry can, and must, change.

Jamie Hale is the director of CRIPtic Arts, an artistic development organisation offering development and showcasing to deaf and disabled creatives, and research-informed training to the wider industry. They can be found on Twitter @jamierhale. Ruth Harrison is the director of Spread the Word, London's literature development agency. Their research includes Rethinking 'Diversity' in Publishing (2020) and they run the Wellcome Collection x Spread the Word Writing Awards, the London Writers Awards and the Deptford Literature Festival. They can be found on Twitter @STWevents.

# THIS WEEK The Disability Issue Points of view



# Four steps to make published content more accessible

The founder of PurpleSpace reveals how book publishers can anticipate the needs of disabled readers and release titles that are accessible to all

Kate Nash @KateNashOBE



**O** ne billion people around the world live with some form of disability, making up around 15% of the global population. Since the mid 1990s, there has been a legal duty for providers of goods and services to anticipate the requirements of disabled consumers. This means adjusting processes and methods of delivery in advance of them being asked for by disabled consumers. It means publishers must anticipate human difference.

But do publishers truly anticipate our needs? I think not. At

least not as much as is needed. In the same way that supermarket chains, banks and transport providers must, by law, adjust the way they do things, we need to witness the publishing industry really accommodating disabled consumers, including those who are blind or partially sighted. The needs of those billion consumers should be hard-wired into the consciousness of publishers, especially within the delivery of books, e-books and audiobooks.

There has been tremendous progress since the days when I was growing up and studying. Technological changes have meant that the methods available to access content are significantly more plentiful than yesteryear, but I keep hearing the same laments from my contemporaries nearly 27 years after the introduction of rights-based legislation: why can't I access content at the same time as others? Why don't publishers use image descriptions of photos and graphs? Why do authors and publishers consistently forget to include video captions when releasing videos? It's time to introduce an end-to-end process for ensuring accessible content, both off- and online. Consider this four-step process to good practice:

Engage. Make sure you have a variety of ways by which you can keep appraised of the needs of disabled consumers. Consider setting up an employee disability resources group to tap into their lived experience. Springer Nature Group has a Disability & Neurodiversity Network, keeping it appraised of the needs of disabled people. Not only do such networks support employees with disabilities in your own company, but they are also likely to be much more up-to-date in the ways in which you should deliver accessible material to consumers and other stakeholders.

Equip. Train your people in all the ways by which content can be made accessible: text to speech; audiobooks; audio recordings; video captioning; alternate text; accessible fonts; braille; image descriptions; screen readers and reader pens; large print. One publisher doing this is Kogan Page, with whom I have the privilege of publishing my first book, Positively Purple. It strives to place accessibility at the core of all its work and develop a strong partnership with its authors to encourage them to do the same.

Embed accessibility in your organisation by making sure your own onboarding and induction methods include mandatory training in how to deliver accessible content. Consider access requirements at the front end of a book production process, not at the end. Ensure access is not seen as an "add on." Challenge. Be prepared to challenge the status quo. Audiobooks are fast becoming a popular method for many people with disabilities to access content, but they can be cost-prohibitive for many publishers to produce. Audiobooks do not just help people with visual impairments; they help people who experience dyslexia and ADHD, and people with a variety of neurodiverse conditions. It is not good enough to accept the cost prohibition; it requires publishers to actively seek better, more cost-effective ways to deliver accessible audiobooks routinely.

**Review**. Never think this is once and done. Continually review your practice each time a new book is published. Look at your social media track record: did your PR and marketing teams always use alternate text for images? Examine your events management: do you routinely vet venues to ensure they are accessible to disabled authors? Examine your portfolio of disabled authors: are you consistently checking your published content offers a balanced portfolio of lived experiences, including that of disabled writers?

It might seem daunting at first, but taking steps to make your publishing more accessible can make an incredible difference. Not only does it help the billion people around the world; it adds to the bottom line of large and small businesses too. The purple pound—the estimated spending power of disabled households in the UK—is thought to be worth £249bn, and is expected to increase year on year.

At a time when the economy is squeezed, which publisher can afford to exclude any of its customer base?

Kate Nash OBE is the creator and c.e.o. of PurpleSpace; established in 2015, the global community comprises 2,000-plus leaders across more than 200 organisations employing a million employees with disabilities. Her book *Positively Purple* is out now (Kogan Page).

## THIS WEEK The Disability Issue Opinion: Pragya Agarwal



## Pragya Agarwal

We need to move to a framework of publishing where disability is acknowledged as different but accepted as equal

# Different but equal: tackling biases and discrimination



t's not a secret that disabled people face discrimination; this is when a person is put at a disadvantage for reasons relating to their disability. It can be shaped by implicit or explicit bias, and can include a one-off action, a microag-

gression or normalising non-disabled modes of behaviours. These biases impact disabled people, limiting their opportunities and excluding them from society.

It is easy to assume that everyone who belongs to a particular social group has similar expectations, desires, dreams. But that is not true and, much like any other form of identity, the notion of disability as a monolith is harmful. Disability is unique because even within this "label" there are a wide range of experiences and forms of disability, some visible and others invisible. This becomes even more striking when we talk about the intersection of our health conditions with our other identities in the form of gender, race, sexuality, class and so on.

People who hold more power in our society are closer to the idealised norms, such as "able-bodied" white men, who are likely to have more positive attributes assigned to them (halo bias). Those marginalised and on the fringes of society are likely to have more negative associations (horn bias). Those further away from the norms are likely to face more discrimination and stigma, in words and in actions. This is true for the publishing industry.

We all have biases and many of our biases have been learnt from the way we have been brought up, the books we read, the media we consume, and the people we interact with. We have seen that explicit biases about disability have shifted in recent years as we have had more While we need more personal stories of disabilities, we also need more books where characters happen to have disabilities

Pragya Agarwal is a behavioural scientist, academic and author of four non-fiction books, including *Sway: Unravelling Unconscious Bias.* She can be found on Twitter at @DrPragyaAgarwal open conversations around equality and discrimination, and we are more likely to see disabled people in books and on screens. But it is the unconscious, implicit bias that is taking longer to shift in our collective consciousness. These are automatic and much more difficult to control. We forget that so many of our judgements and evaluations of people and situations are based in stereotypes, and often harmful tropes that dehumanise and dismiss individual experiences and contexts. People with disabilities might be considered pathetic, helpless and dependent, and their bodily autonomy denied; or they could be classed as resilient and brave, and expected to inspire others with their courage.

#### **Beyond the narrow view**

We often see very narrow representations of disability, with honest views of invisible and hidden disabilities, especially those of chronic illnesses and mental health, still relatively rare and missing. Even when these are represented in books and films, there must always be an inspirational message where the person overcomes these difficulties or acts in a way that means their life provides a model for others. Life is not a Hallmark card. The normality of everyday life with a disability is not uninteresting and the industry must see the value of these narratives.

Disabled people also experience a lack of freedom to tell their stories without judgement and stigma: desexualisation, lack of privacy and dismissal of people's lived experiences are forms of discrimination that can be driven by implicit biases. American author Jillian Weise received criticism for her book from an editor who "found it unlikely that the disabled protagonist would have slept with more than one person in her life".

We have not had a moment of reckoning in our society with disability bias; not on the level that we have had with sexuality, gender and race in recent years. Much like #MeToo and Black Lives Matter, we need a movement that brings disability as a topic of discussion to the forefront, where we disrupt the ingrained ways of normative thinking as in feminism and queer theory.

The publishing industry has the opportunity to tackle the different forms of implicit biases, stereotypes and discrimination, ensuring we can hear a wide range of experiences to show that not all disabled people are the same. Once we acknowledge that our society centres "ablebodied" people, we can finally move forward to creating change for a more inclusive society, where individual experiences are valued, cherished and heard, and one where the "label" is a force for change rather than a way to lazily push people into boxes, shut the lid and keep them there.

Within publishing, we need to have more representation from disabled editors and agents who can find these stories "relatable" and can educate the world that books by disabled authors and about disability are not just for a niche readership. And while we need more personal stories of disabilities, we also need more books where characters happen to have disabilities rather than this being the central point of the narrative.

We need to move to a framework of publishing where disability is acknowledged as different but accepted as equal.

TheBookseller.com

## THIS WEEK The Disability Issue Opinion: Hannah Knowles



**Hannah Knowles** 

The narrative around mental health provision and staff wellbeing in the book trade tallies little with those experiencing it—and we need a fresh start

# The stories we tell



For a creative industry we show a staggering lack of creativity when it comes to addressing the systemic problems we face hankfully for publishers, humans love a narrative. Perhaps we need them to make sense of our lives. Give us a random series of events and we will arrange them into a story with a beginning, middle and an end.

A cohesive narrative requires adequate words, which is where things start to go wrong when we talk about mental illness—especially in the workplace. The non-specificity of the phrase "mental illness" alone hints at a lack of desire to look too closely at—or speak too openly about—the multitudinous and wildly differing nature of mental illnesses in existence. The even less specific phrase "mental health issues" often seems to be preferred, where the word "illness" itself is taken out of the equation entirely.

Whatever drives our lack of specificity—fear, discomfort etc—the consequence is a grouping of highly varied conditions into a single term, as though they were one and the same. We don't do so with physical illnesses. Yet there are nearly 300 disorders listed in the current edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-5). Addictions, Bipolar, Depression, Eating Disorders, OCD, Schizophrenia, PTSD: these (and their subsets) are a small handful of mental disorders experienced by people in the UK and, it's statistically safe to say, within our industry. Each impacts sufferers in radically different ways and consequently requires different kinds of support. When we refer only to "mental illness", we imply there is one form of suffering and therefore one mode of managing it in the workplace.

There is a reason why books on mental illness that focus on broad truisms and an ultimately upbeat message sell in droves: we crave narratives of certainty and reassurance. But here the dual problems of a narrowed vocabulary and the desire for relatability clash with another, more complex narrative: the truth of living with long-term, clinical mental disorders.

"Clinical" is the key word here. Take depression. "Situational" depression is short term, often brought on by a traumatic event or an accumulation of difficult



circumstances and, while it can cause just as much risk to a person's wellbeing as clinical depression, there is a high likelihood of recovery and usually a lack of recurrence. "Clinical" or "major" depression is a long-term disorder which does not lift with a single course of therapy or medication, and requires years of treatment, with an aim of bringing symptoms under control rather than recovery. I use depression as an example here, but the problems caused by conflating "situational" and "clinical" apply to several mental illnesses.

It's often said that stigma around mental illness is much reduced today—but stigma around what sort of mental illnesses? When there are ad campaigns about supporting people with mental illnesses, the symptoms referred to are usually low mood, irritability, fatigue or difficulty concentrating. Essentially, symptoms of situational depression or anxiety. These fit a narrative we are fairly comfortable with and marry relatively squarely with most companies' HR policies: if you are signed off for a number of weeks or months, get support from medical professionals and have a managed, phased return to work, you will most likely be able to return to full duties, without a recurrence. This is a narrative business can cope with.

But what of clinical depression? Or any other clinical mental illness that does not respond readily to a single course of medication, or the usual NHS allocation of therapy? A few weeks off might see you through one bout, but recurrence is common. As for relatability, with clinical depression, as well as those experienced in situational depression, symptoms can include hallucinations or even



It is a fact that people with mental illness are not properly supported in publishing, and discrimination is all too common

Hannah Knowles has worked in the publishing industry for 17 years and is currently publishing director, general non-fiction, at Faber (maternity cover). She can be found on Twitter at @hannahknowl3s psychosis; physical manifestations can include movements becoming slow and lethargic, or conversely more restless; sensitivity to light and noise can become heightened; speech can become physically difficult, etc. All of these symptoms last not a matter of weeks or months, but years—or even decades. All this is impossible to relate to if you have not experienced it yourself. What, then, of those with other illnesses that have an equal or more highly pronounced impact on behaviour?

#### The workplace gap

By the end of 2016, a report found only 26.2% of people in the UK with long-term mental illness or phobias (as their primary, or most significant, health issue) were in employment. A 2019 report on mental health in business in the UK reported that 62% of managers have "had to put the interests of their organisation above staff wellbeing, either sometimes, regularly or every day". The same report found only 20% of c.e.o.s believed their organisation "supported those with mental health problems very well"; a number that dropped to 10% among junior managers. These statistics are not specific to publishing (data for which is currently unavailable), but the lived experience of those of us with mental illness in the industry suggests they are reflective.

Here are two narratives about the publishing industry: first, we are a creative, artistic industry which celebrates difference; and second, we are a business, and when it comes to the crunch, every bit as profit-oriented and, ultimately, ruthless as our counterparts in what we deem more tawdry businesses. Both narratives are, to greater or lesser extents, true. But put them together and the cognitive dissonance is jarring—particularly when the ruthlessness is at the expense of people whose very difference we claim to celebrate.

For a creative industry—and we have some of the most brilliant creative minds in the world working in publishing-we show a staggering lack of creativity when it comes to addressing the systemic problems we face. We throw up our hands, express sorrow at specific events that we treat as outliers, then move on rapidly, continuing as we were before, give or take a few consultations with external advisers, hastily compiled surveys and one-off training days. However, the rapidity with which we move on from our mistakes will only ever be matched by the rapidity with which we repeat them. So how do we ensure that mentally ill employees are protected and supported, and that we don't lose people who have so much to offer-and allow them to progress and thrive? The best, and I would argue only, place to start is to admit that what we are doing is not working; that the stigma over mental illness is far from eradicated; that we are failing in our duty of care. We need to re-write the narrative around mental illness. This has to start with educating ourselves.

Part of the problem of an industry that prides itself on its "niceness" is its severe unease surrounding (even hostility towards) employees who do not fit its ideal model: unfailingly polite, smiling and uncomplaining. Without going into my own experiences in detail, over 17 years in publishing, I have often been a functional clinical depressive: capable of doing my job effectively, but sometimes presenting as depressed. I have had periods of time where I have cried at my desk without even realising I was crying. While the response from companies varied, a common reaction was to stress my impact on those around me. Effectively, I was a downer. This resulted in guilt and shame, which inevitably made me more ill—and of course, I could do nothing to change my behaviour, because it was not a choice. It was a symptom of my illness.

I don't dispute that mentally ill people's moods impact others. But when someone is capable of working well, how different an outcome might companies have if, instead of being concerned with trying to control how someone presents, the emphasis was on understanding their illness and educating the team around them about it (with the sufferer's consent) and on providing proper modifications to help them continue to perform their job. Others would be less concerned by the behavioural symptoms displayed, and the sufferer would be under less pressure to hide their symptoms or justify or explain themselves. I find it a little crass to make comparisons to physical illness to make a point about mental illness, because they are not the same, however, sometimes a blunt tool is better than none: when I have had occasional difficulty walking due to long-term physical problems, accommodation has been made to ensure my working situation is more comfortable. Yet when I've been depressed, the discomfort of others has been the primary concern. (I am deliberately speaking only on mental illness in this article, but suffice it to say the poor treatment of those with physical disabilities is just one way in which this analogy falls short.)

#### **Redressing the balance**

A shift in how we talk about mental illness in the workplace is just the starting point. Perhaps the ugliest problem we must tackle is the system of redress for those who encounter intolerance and discrimination, a system badly in need of overhaul. It is a fact that people with mental illness are not properly supported in publishing, and discrimination is all too common. It is also a fact that companies cannot admit to discrimination without opening themselves up to the possibility of lawsuits. Too often this results in a stalemate, with sufferers unwilling to raise or pursue complaints over how they have been treated for fear of their career being harmed or ended, and companies not addressing problems that they know exist due to fear that acknowledging them will lead to legal action. The result is the silencing of sufferers-sometimes literally, via NDAs, a problematic tool for an industry that prides itself on supporting freedom of speech-and the covering-up of poor practice within companies.

I am not saying the solutions will be easy or quick. It takes courage to admit that we have been wrong: the allure of re-writing the past to make ourselves less culpable, and to fit with the image we have of ourselves, is understandable. But if we really are the creative and liberal industry we like to think we are, we have to start a fresh page, one that begins with a narrative based in honesty and transparency, underpinned by a genuine desire and impetus for change. If we don't, the contradiction between the story we like to tell about ourselves and the truth of our actions will culminate in a messy and unhappy ending.

## THIS WEEK The Disability Issue Opinion: Shahd Alshammari



## Shahd Alshammari

Narratives of disability and illness—especially from a non-Eurocentric perspective—are thin on the ground, especially if all is not happily ever after

# Who is the audience?



s an Arab Muslim woman writer, I often find myself having to consider ways that readers perceive my work. Many times, I am asked questions about my characters' (and my own) cultural and religious beliefs. Many times, I have to explain that Islam does not have to feature in my fiction and narrative non-fiction. Muslim authors face the burden of having to challenge Islamophobia and also represent an entire nation. Muslim women, too, are

doubly marginalised as authors, and often struggle to write anything outside the common narrative of "oppressed Muslim woman flees country". Those are the sorts of stories that sell.

Enter disability.

Muslim. Arab. Disabled. Woman.

What if I am not interested in being confined to these strict boxes?

As a disabled writer, I am primarily preoccupied with how disability features in literature and media. I am a scholar of disability studies too, with an interest in how the subject has primarily been Eurocentric. My work attempts to rectify the many gaps in literature about disability and by disabled authors. To date, there are hardly any works dealing with disability and Arab and/or Muslim women.

My first collection of stories, *Notes on the Flesh*, was rejected by hundreds of publishers in North America and Europe. The work deals with disabled protagonists' journeys, losses and complexities, and attempts to challenge non-disabled people's stigmatisation of disability. The work was rejected on the basis of the following questions, summarised here, as they kept coming up from various publishers:

- How is this Arab women's experience? We would like to see more Arabness and specificity.
- Disability is important but we would like more about the love lives of Arab women. Can you expand the narrative?
- Who is the intended audience? Only disabled people?

These are real depictions of disability, ableism and its repercussions in everyday life... they are not 'feel-good' stories

Dr Shahd Alshammari is a professor of literature and an author. Her research is interested in Disability Studies, Illness narratives, and narrative nonfiction. She can be found on Twitter at @Shahdalshammari Eventually, the work found its way to the market, published by an independent Maltese press (Faraxa Press).

A couple of years later, I sought publication of my illness narrative *Head Above Water: Reflections on Illness.* I approached numerous publishers in the UK and was met with comments such as, "This is too specific of an experience. I cannot relate." The "I" here is interesting—who is this "I" that is in charge of what counts as universal and relatable? Is it really the case that non-disabled people cannot relate to even the mere possibility of disability being a part of their lives? How ironic, given that there are 14.6 million disabled people in the UK (according to Scope), not to mention their family, friends and colleagues. Which "I", out of these millions, cannot relate?

#### Landing a deal

One academic press responded with a slight interest in my work but was worried about sales, believing that as an academic residing abroad I may have a limited audience. Neem Tree Press in London was the only general trade publisher to respond favourably. As a publisher with a medical background, founder Archna Sharma was keen on showcasing how disability and illness are the most universal human experiences. She was nervous about me being an Arab author residing outside the UK (harder to plan author events, fewer readers in the UK) but she wanted the book to reach a wide audience; her vision is to amplify voices that are often left struggling to be published.

After publishing *Head Above Water*, I find myself fascinated with readers' positive reception of the book after agents' and publishers' initial rejections. Publishers claim to be seeking diversity and tweet about "looking for #ownnvoices to represent", but there is still so much silencing of disabled authors' own narratives. I am tired of the publishing industry's demands and false promises. I have spoken to a number of agents, who explained that the industry wants to see illness narratives that are "success stories" and that give a sense of hope that all will be well. But not all disability stories have happy endings. Nor should they have to. These are real depictions of disability, ableism and its repercussions in everyday life, and like sexism and racism, they are not "feel-good" stories.

If we allow disabled authors to tell the stories they want to tell, the ones they are uniquely qualified to tell, then we are letting stories breathe and be powerful as they are. They must not be tainted and censored to fit a non-disabled perspective of health and wellness. When publishers allow these narratives to exist, they will broaden readers' perspectives and infiltrate our subconscious biases. Stories have the power to stay with us, to change us, and it is my hope that publishers will see this and allow illness narratives to be what they are.



Shahd Alshammari has written numerous works to date, including *Notes on the Flesh* (Faraxa Press, 9789995748678, £11.99) and *Head Above Water: Reflections on Illness* (Neem Tree Press, 9781911107408, £10.99).

# THIS WEEK The Disability Issue Points of view

# Why disabled book reviewers are urgently needed to add nuance to review sections



The arena of book review pages is noticeably devoid of disabled voices and perspectives– to the detriment of readers and publications alike

Scott Jordan Harris @scottfilmcritic



hen I reviewed disabled Guardian columnist Dr Frances Ryan's vital book Crippled: Austerity and the Demonization of Disabled People, I was conscious I was one of very few disabled critics being paid to do so. I was conscious, too, that I was reviewing it for SICK, a small publication by and about disabled people, and not for a major newspaper or magazine. "When I did know of a disabled critic [reviewing Crippled]", Ryan tells me, "it was in an independent or disability publication."

This demonstrates a longstanding injustice in the book world, where a key group of gatekeepers remains almost 100% non-disabled: professional book reviewers. "I was lucky I got very favourable reviews in the mainstream press," Ryan says. "But the reviews that were written by disabled critics produced a particularly deep understanding. You can always tell when a reviewer has first-hand knowledge."

A crucial further step towards fair representation would see disabled journalists appointed as editors of book sections

If mainstream editors engage with the idea of employing disabled critics at all, they often claim there aren't any disabled critics to employ. The logic is circular and self-fulfilling: editors at major publications don't employ disabled book reviewers, so there are no disabled book reviewers working at major publications. This practice then becomes evidence that there are no disabled book reviewers capable of working at major publications.

But to see the vast reservoir of disabled talent in book reviewing, we need only look online. The internet enables many disabled people to review books for their own blogs or newsletters, or on websites such as Goodreads and Amazon. But it does not enable them to earn money for their work or guarantee them large audiences. Disabled book reviewers do not face the same physical obstacles encountered by disabled critics in other areas of the arts. They do not need to travel or battle inaccessible venues. They do not even need to leave their homes. Particularly if we include audiobooks, books are the most accessible works that any publication can review—and so there are few excuses for not assigning a proportionate amount of those reviews to disabled critics.

The editors of book sections can start to address this issue today, by proactively commissioning disabled reviewers. Around 15%–20% of the population is disabled and, consequently, around 15%-20% of all book reviews published in major publications should be by disabled critics. A crucial further step towards fair representation would see disabled journalists appointed as editors of book sections, so they can actually share in editorial decisions. While it's key that disabled reviewers are frequently assigned to review books that deal with disability, so that they can give their expert insight into them, it's important that disabled reviewers are not solely commissioned to review books about disability, so that disabled critics are not ghettoised and confined to just discussing disability issues.

Only when these measures are implemented industry-wide can disabled people begin to have what we have always been denied: fair and proportionate participation in the professional writing and reviewing of books.



Scott Jordan Harris is a severely disabled arts journalist and the author of *Rosebud Sleds and Horses' Heads*. He can be found onTwitter at @ScottFilmCritic

TheBookseller.com

## **BOOKS** The Disability Issue Author Interviews

Bestselling author **Nell Pattison** discusses her experiences as a disabled writer and how the industry can be more inclusive



Caitlin Quinn @\_Caitlin\_Quinn



e need people at the top," says Nell Pattison, USA Today-bestselling author of Hide and new release Friends Don't Lie, speaking on the importance of disability representation in publishing.

She continues: "Changes are coming from people further down. There's the irony that the people who are having to do all the work are the ones with the disability who don't necessarily have the energy. As a big company, if you need advice, then pay people to do it. Don't expect people to do it for free. It goes for any minority writer or book industry professional."

This is particularly important in light of the disability employment gap. Disabled people are often un- or underemployed: 52.7% of disabled adults were employed in 2021 compared to 75.5% of the general population. Pattinson was a teacher at deaf schools for most of her career, and later lost her own hearing. She says systemic issues like this are uniquely heightened in the UK book industry: "Publishing does feel very inaccessible at times because it's very privileged, white, very London-focused."

According to the British Deaf Association, there are only 87,000 British Sign Language first-language users and Pattison says the "low incidence in terms of population size means it gets missed out". While BSL interpreters should be guaranteed by the Access to Work support scheme, in Pattison's experience "it takes so long to process the funding that by the time it gets to the council it goes into the 'bad debt' department. When funding doesn't materialise, employers are left paying out of pocket."

Pattison acknowledges "for some businesses or organisations, the issue will simply be the cost. They can't afford an interpreter. That's not an excuse, but it is a barrier."

There are ways to mitigate this. The Royal National Institute for Deaf People has a campaign, Louder than Words, which liaises with employers and Access to Work to expedite the process. Publishers can do it, Pattison can testify: "I did an interview with Lara Steward, who is the other audio narrator for my Paige [Northwood] series. We had a BSL interpreter with her, and my publisher set that up."

Her experience disclosing access needs has generally been positive, perhaps because representation of disabled people in the publishing industry has increased from 2% in 2017 to 8% in 2020, according to the Publishers Association's 2020 diversity survey. She encourages others to be open: "If somebody is deaf or disabled and has concerns that it will hold you back, don't try to hide your access needs. Anybody who doesn't want to work with you as a result of that isn't worth working with. I can't imagine any of the editors or agents I've met not meeting someone's access needs if they put them up front."

Of course, this puts the onus on the disabled person: "I think sometimes it's the lack of understanding that means those access needs aren't offered in the first place." Pattison advises that "if you have an agent who is aware of your access needs, they can be the ones advocating for that. Your agent is there to negotiate contracts, but they are also there to act as a supporter. If they're not, then that's not the agent for you."

The rise in video conferencing has made things more accessible, she says. "There's a push for festivals to

maintain a hybrid programme. St Hilda's crime fiction weekend in Oxford is saying it will be fully hybrid—it's been a lot of work and, yes, it's been expensive. Those are the two things making it more difficult for festivals, but if they can do it for two years, they can do it again.

"There was a festival this year saying, 'We're proud to announce a fully in-person festival this year'... I felt, that's not something you should be proud of."

This is particularly important, as Pattison has faced access barriers at festivals. "I was at a well-known crimewriting festival. Sometimes I walk with crutches because I have EDS [Ehlers-Danlos Syndrome] and can't stand for long periods. I asked if I could have the queue-jump pass; they said, 'You need to have proof of benefits.' Yes, I'm disabled, but I don't claim any benefits. I don't have a blue badge. But their paperwork had to tick these boxes to get a pass. It's like I'm invisible! I was standing there using crutches. The idea of having to prove to somebody that you are disabled, is just..."

Proving you're disabled is a hot topic, and one that has caused controversy recently, but Pattison is optimistic it will soon be a thing of the past. "The Society of Authors have just launched the ADCI prize. The author has to identify as having a disability or chronic illness and they have to write a character who also has a disability or chronic illness. I'm entering two of my books! Or rather, my publishers are. That is such a positive move."

There was backlash on Twitter against how the announcement was worded, as "it said it was for authors who identify as having a disability, and people went, 'So you don't actually have to *have* a disability, you can just claim you do'. Well, you know what, if you're pretending to be disabled you probably haven't written a very good character, so I doubt you're going to win! The idea that we're all kept on a register... this isn't an Orwell novel."

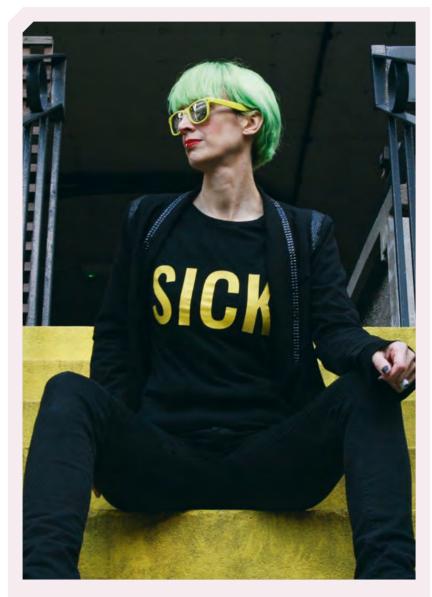
She is still hopeful about the future of disability in publishing, and doesn't "think that anyone else has pigeonholed me into writing about the deaf community. I enjoy doing it. I also have hypermobile Ehlers-Danlos Syndrome, so at some point I'm going to write a character with EDS."

On the importance of building community, Pattison says fellow writer Penny Batchelor introduced her to the Disabled Artists Networking Community (DANC) and she knows the group is there if she needs it. However, she's trying to build her own connections and advocacy too: "I'm doing an event at Waterstones Doncaster in October. I emailed Penny and said, 'Wouldn't it be good if we did a disability in crime fiction event somewhere?' We are both disabled writers who write disabled characters but from a very different viewpoint. I thought it was a good angle to show that there is so much variety out there—and this is just two of us!"



**Nell Pattison**'s *Friends Don't Lie* was published by HarperCollins on 29th September), priced at £8.99.

Caitlin Quinn is a journalist and photographer covering disability and deafness, alongside solutions-based journalism on issues facing her local community in Bristol. She tweets at @\_Caitlin\_Quinn.



#### **Author Q&A**

Lorraine Wilson

@raine clouds

Ever Dundas, author and co-creator of events accessibility guide Inklusion, discusses her second novel, HellSans



#### This book is rooted in your anger at the structural hostility towards disabled people. Can you tell us how an advanced-tech society lent itself to exploring that anger?

Sci-fi is perfect for exploring marginalisation, inequality and our relationship with tech. I wanted to highlight how access to tech impacts disabled people, how our lives can be improved by this access. But tech and digital poverty mean we don't have equal access, despite likely benefitting from it most. Tech also isn't neutral; it's made by humans and our prejudices become part of our creations. Algorithms can perpetuate racism, and in HellSans some cyborg personal assistants don't consider the HellSans Allergic [those made sick by a uniquitous typeface enforced by the government] to be human.

Continues overleaf  $\rightarrow$ 

# **BOOKS** The Disability Issue Author Interviews

#### **Body horror and bodily agency** are vividly expressed throughout HellSans; can you tell us what inspired you to explore body horror in this book?

My experience of ME and fibromyalgia fed into HellSans, but my eczema and food allergies also heavily informed the novel. One of the reactions the HellSans Allergic (HSA) have to the typeface is to vomit; I spent my childhood vomiting because I was allergic to numerous foods. That has a profound impact, especially when something supposedly nourishing is poisonous to vou.

Your skin is the boundary between you and the world, it should offer some protection; like the HSAs with their peeling skin and open sores, eczema compromises that boundary and protection. Body horror is a very useful way of exploring these kinds of embodiment anxieties.

Bodily agency is something I'm keenly aware of as a disabled person, because control over our bodies is often impinged upon. I personally approach this from an intersectional animal rights perspective (touched on in the novel), as our society is built on the violation of the bodily autonomy of non-human animals.

Bodily agency is something I'm keenly aware of as a disabled person, because control over our bodies is often impinged upon

Ever Dundas, author

The Seraphs' [the HSA's governing body] rejection of a cure interested me. Does society, and fiction, focus too much on "cures" over societal empowerment?

Society has an obsession with cure narratives. It's very binary: disabled people are cured or they die. There's no in-between, no living a (happy) life disabled or chronically ill. Via the different perspectives in HellSans, I wanted to show some complexity around this.

A facet of the novel that struck me was the conflict within the HSA community over who they embraced. Was it important to you to draw attention to the need for intersectionality within

#### disabled communities?

Ableism can exist within disabled communities, and I didn't want to sanitise this. Intersectionality is also important; some people experience ableism differently if they're also facing, for example, homophobia and/or racism.

#### Jane, one of your protagonists, remains a morally grey character throughout, despite her experiences. How did you approach the issue of giving a bigoted character a redemption arc?

I didn't want a redemption arc for Jane. I think it would be too easy to take someone like Jane, bring her low and have her see the error of her ways. Humans are a lot more complicated than that. So despite the tone of triumphalism in Jane's narration, her choices remain morally suspect.

#### Do you feel your work with Julie Farrell on the Inklusion Guide is being greeted by the industry with a willingness to change? And does your experience of accessibility with the launch of HellSans differ from that of your first book, Goblin?

Yes and no. We have had great responses from many organisations who are enthusiastic about improving access. Conversely, many disabled authors and audience members have seen organisations ignore access as they return to in-person events. We are hoping the Inklusion Guide will encourage these organisations to provide better access, alongside the brilliant #KeepFestivalsHybrid campaign by Penny Batchelor.

I am more confident advocating for myself, and there is more support now, with various groups springing up. These fantastic Bookseller Disability Issues make a difference, too.

#### Finally, if you were an HSA, would you join the Seraphs?

The Seraphs are the governing body of the HSAs, who run the HSA ghetto and have a military faction. They are, depending on your point of view, freedom fighters or terrorists-or maybe both. After much hand-wringing over the moral issues, I'll say no, mainly because I'm not a joiner and I don't have much respect for "authority".



Ever Dundas' HellSans was released by Angry Robot Books earlier this week (11th October 2022), priced at £9.99.

Lorraine Wilson is the author of two novels; her third book, Mother Sea is due in 2023. She tweets at @raine\_clouds



or me, it was about putting disabled people at the forefront. That's my prerogative with fiction as well. We [disabled people] don't get to necessarily see ourselves as being the object of desire, or a hero."

Lizzie Huxley-Jones (they/them) is an autistic writer and editor based in London. They are the writer of the children's biography Sir David Attenborough: A Life Story. They edited Stim: An Autism Anthology, and contributed to Allies: Real Talk About Showing Up, Screwing Up and Trying Again. Their début novel, a queer rom-com, is due for release in October. "Make You Mine This Christmas is my first fiction," they tell me, "which is really exciting: Even though I've done a bunch of non-fiction, I think fiction is really where my heart is."

Huxley-Jones also has EDS (Ehlers-Danlos Syndrome). Their novel explores the pursuit of love while being neurodivergent, having a physical disability and being a queer person, all told through the stories of main characters Haf and Kit, who are juxtaposed against non-disabled characters like Christopher.

"Haf and Kit are both disabled. There's an author's note right at the end that says Haf is definitely autistic and



The début novel from Lizzie Huxley-Jones puts disabled people at the forefront and lauds romantic leads with walking sticks



probably dyspraxic, because a lot of how she navigates the world is how I do. Kit's experience with EDS—trying to work, being overestimated and underestimated—those were things I wanted to talk about. They haven't always been seen in literature."

Huxley-Jones is aware of the lack of queer and disabled representation in publishing and feels that work like theirs and others'—Talia Hibbert's *Get a Life* and Helen Hoang's The Kiss Quotient series—are refreshing examples of publishers taking risks. "[EDS has] been a huge part of my life. I've had it since birth. It really changes how you navigate the world. So, I knew [the book] was gonna have EDS. I was like, 'I want a romantic lead with a walking stick.' Haf wasn't going to be autistic or dyslexic, necessarily. But when I was writing, I was like, 'Oh, she is, but she wouldn't know because her life circumstances would mean she would definitely be late-diagnosed.'"

It was important, Huxley-Jones says, to properly represent the theme and characters on the cover. "I very rarely see physically disabled characters on covers. The thing that's in vogue with romance at the moment is having the characters on the cover, illustrated. And so, when me and my editor decided we were going to do that, we were both like, 'Walking stick, we've got to make sure it's in there.' If Kit had not had her walking stick, she wouldn't have felt authentic to me."

Huxley-Jones' journey into fiction will continue, with more work promised but remaining secret for the time being. "I'm hoping that people start to wake up to the idea that disability doesn't have to be straight or white. I don't want to sound big-headed. I just hope that publishers see other publishers' choices, and it encourages them to be a bit more brave."



**Lizzie Huxley-Jones**' *Make You Mine This Christmas* was released in paperback by Hodder Studio yesterday (13th October 2022), priced at £8.99.

**Rosario Blue** is a neurodivergent fantasy and Afrofuturism writer and freelance tech, gaming, music and culture journalist. She can be found on Twitter at @bluezephyr.

Rosario Blue @bluezephyr

## THIS WEEK The Disability Issue Opinion: Jumoke Abdullahi & Kym Oliver



## Jumoke Abdullahi & Kym Oliver

Books offer readers unique worlds and valuable perspectives, but the impasse between the market and what is being offered to them is enormous

# Rejecting silence



o choose to write, is to reject silence"—Chimamanda Ngozi Adichie. Not everybody gets to choose, however. Those that are offered that choice, given the opportunity to reject silence, often look a particular way and usually have similar backgrounds. For disabled Black women, to dare to choose to write is not only to reject silence for ourselves, but to actively dismantle silence as a part of the fabric of our society.

Books offer readers many things that no other medium can. Entire worlds, characters and possibilities can be conjured without the need of expensive special effects or strict adherence to the laws of physics. The starting point of every written piece of literature is the perspective of the author. Their upbringing and their environment shapes their point of view, whether they are writing a piece of fiction or non-fiction.

What is considered to be interesting or important enough to grace the pages of a book will be determined by a number of people along the way. Given what we know about the world of publishing, they will most likely not look like, nor experience life like, either of us. If women writers are underrepresented, Black writers are abysmally underrepresented and disabled writers are still hugely underrepresented in the UK. What does the landscape look like for those who exist across all those

TASHA

axes? Black disabled women writers in the UK are the change we wish to see. The world from the vantage point of one who exists in the margins of the margins is rich, is nuanced, is relatable—and it is profitable.

So why does the publishing industry shy away from maximising profits, while simultaneously improving content and the industry as a whole? The answers are ableism, racism and sexism. Disabled people usually make up around 20% of any population. So when will this industry start matching its global audience?

Kym Oliver and Jumoke Abdullahi founded the Triple Cripples to focus on women, femmes and non-binary folks and highlight the narratives of these "invisible populations within an invisible population". They can be found on Twitter @triplecripples Oftentimes an unbearable combination of all three, all at once.

The publishing industry is but a microcosm of the world in which we live. A world that is so hell-bent on pursuing profit (exclusively through oppression) that it misses the point of its own existence. Those with power are driving the planet and its inhabitants into exhaustion, and extinction, with no care for those who bear the brunt of the transition into doom—those in the margins.

If recent events have taught us anything, it is that those in the margins have the lived experience and know-how to prevent disaster and curate a better future for us all. Media, books and publishing are a wonderful entry into the reforming and refashioning of our society, into one that has the breadth of imagination to accommodate the changes necessary; one that will allow for an equitable future, for all people. Authors, editors, publishers and their teams are a sleeping revolutionary army—agents of change. Literature informs all we do and shapes the mind.

#### **Imagination drives change**

"Afrofuturism is an intersection of imagination, technology, the future, and liberation"—Ytasha L Womack.

Afrofuturism offers a great example of this. The rewriting of a script to include those historically marginalised, to create, to imagine a world yet made manifest. Authors, publishers and everyone in-between have a duty to craft the future that we all want to see. There is a wealth of stories, writers, minds, project managers, editors, designers and proofreaders, yet to be tapped into.

In a world where reading is becoming more accessible and formats are advancing, should we not aim to expand our individual and collective imaginations? People are reading less and watching more. How do we keep hold of these dwindling audiences and ignite the passion for literature in new ones?

The population of the Earth is vast and includes more than white men and a "small number of white women". Disabled people usually make up around 20% of any population. So when will this industry start matching its global audience? Not only in bringing to life the stories written by us and from our perspectives, but also ensuring that we are present at every stage of the process. Much like those that work in other mediums, real and lasting change often happens behind the scenes. We can have all of the disabled Black women authors out there ready to create beautiful written work, but if publishers do not see their value, if editors edit out the very heart and soul, and if marketers are not aware of what makes their work so special and so desperately needed, then we still end up with the same problem.

We dare not risk falling into the trap of calling out for more writers from marginalised backgrounds if the industry is not truly ready to support them at every stage. Supporting them not only within a literary context but actively working towards building an industry that is both inclusive and accessible. Ensuring that we are serving, reaching and uplifting them. There are no desperate appeals to be made. This is for the benefit of everyone involved. The industry must change, or become obsolete.



Buyer's Guide Spring/Summer

# Submissions are now open!

You have until **Friday 28th October** to submit your titles for inclusion in the 2023 Spring/Summer Buyer's Guides.

To receive email notifications, visit **bit.ly/BGnotify** For any queries relating to the Buyer's Guides, contact **buyers.guide@thebookseller.com** 

# THIS WEEK The Disability Issue Points of view

### **Prizes for disabled writers**

# Four awards celebrating disability

Literary prizes are the perfect opportunity to celebrate works by talented authors; this is even more essential for disabled writers, who don't always get the same platform and promotion. The prizes are a great way to raise disabled voices, discover their unique stories and bring their work to a wider readership. I spoke to four founders about why they set up their book prizes, what they hope to achieve and why they need the support of the industry to ensure their growth and continued success



Claire Wade @clairerwade



## The Barbellion Prize

The Barbellion Prize is a book prize dedicated to the furtherance of ill and disabled voices in writing. The prize is awarded annually to an author whose work has best represented the experience of chronic illness and/or disability.

The awarded work can be of any genre: in fiction, memoir, biography, poetry or critical non-fiction from around the world, whether in English or in translation, traditionally published or self-published.

The prize is named in tribute to English diarist W N P Barbellion, who wrote eloquently on his life with multiple sclerosis (MS) before his death in 1919.

Writing is a brilliant way for ill and disabled people to make some sense of what they experience. Yet the history of disability literature, or the public awareness of illness, impairment and sickness, is still comparatively limited. As such, The Barbellion Prize was created to espouse the existence of ill and disabled writers, and to reward authors for their good work and efforts

Previous winners include What Willow Says by Lynn Buckle and Golem Girl by Riva Lehrer. Submissions for the 2022 Barbellion Prize are now open until 31st October 2022.

For further information and to submit work, readers can visit thebarbellionprize.com.

BARBELLION PRIZE FOUNDER JAKE OLDSMITH



## The ADCI Literary Prize

When Clare Christian, the publisher of Penny Batchelor's first novel My Perfect Sister, asked if Batchelor would like to team up with her to co-found a literary prize for disabled and chronically ill authors, she jumped at the chance.

"It's a subject close to my heart," said Batchelor (above). "I rarely came across anyone like me in books and when I did they either were magically cured or died to provide the novel's pathos. After a lot of hard work, Clare and I secured sponsors and were delighted to team up with the Society of Authors. We announced the ADCI Literary Prize in June 2022, with ADCI standing for Authors with Disabilities and Chronic Illnesses."

Submissions are open until 31st October 2022 for adult novels written by a disabled or chronically author, which contain positive disability representation of one or more characters. Novels can be either traditionally or self-published. For full details, visit: bit.ly/3STBNup

The inaugural winner, who will receive £1,000, will be announced in June 2023 at the Society of Authors Awards.











## The Disabled Poets' Prize

The Disabled Poets' Prize is open for submissions (until October 31st) to deaf and disabled writers. It has three categories—Best Poem, Best Unpublished Pamphlet and Best Poem Performed in British Sign Language—with each category offering awards of £500, £250, £100 and £50 (three submissions receive the last sum) as well as professional development opportunities.

It was set up by Jerwood Poetry fellow Jamie Hale with support from partners Spread the Word, Verve Poetry Press and Festival and CRIPtic Arts, in response to a lack of opportunities curated to support, encourage and profile deaf and disabled writers. Hale wrote that "as a disabled poet, so many opportunities to access the offline poetry world have been closed to me. These awards were set up to shine a light on the excellent work being produced by deaf and disabled poets today."

Hale will be judging the Best Poem and Best Unpublished Pamphlet categories, while D L Williams and Sahera Khan are jointly judging the Best Poem Performed in British Sign Language category. The Best Pamphlet will be published by Verve Poetry Press.

Those interested in entering can find further information at disabledpoetsprize.org.uk; entrants may submit once per category. Entries are free, but donations are encouraged in order to support the prize this year and ongoing into next year.

## The Adrien Prize

"Book prizes have been slashed and children's literary prizes have been butchered," says author Elle McNicoll. "I feel no guilt in being hyperbolic because I'm an author whose career was made by winning a handful of big prizes, one of which is now gone.

"When the news of my beloved Blue Peter Book Award's demise broke, I decided to do something. I would start my own prize. Something small and modest, we still don't have a logo. But there is a twist. My prize, The Adrien Prize, will only reward authors with disabled protagonists. No cures allowed, no unrelenting trauma narratives. Thorough, authentic representation only.

"The guidelines: a traditionally published children's book, for any age—that must feature a disabled lead. The deadline is Halloween, and entries must have been published between July 2021 and July 2022. Children will vote for the final winner." Interested parties can enter by contacting adrienprize@ gmail.com.

"The aim is to reward and encourage brilliant depictions of disability in children's fiction. Every book I have written stars a disabled lead. I've done the work. Now I want to empower others and remind the industry that we are so much more than one single story. I am especially excited about disability in genre [fiction]... Good luck!"

> PRIZE-WINNING AUTHOR ELLE MCNICOLL

## THIS WEEK The Disability Issue Opinion: Chloe Johnson



## **Chloe Johnson**

Literary agencies have taken steps to make their submissions policies more inclusive—and some simple adjustments can throw the doors wide open

# Why querying is hell for neurodivergents



uerying: the word itself makes it seem straightforward. You query an agent—"Hey, would you like to represent my novel?"—and they say yes or no. It's actually incredibly complicated, consisting of learning unique skills and new acronyms like R&R, FR and CNR. If you don't know the terminology either, R&R is revise and resubmit, FR can be a full request or a full rejection and CNR is could not reply. Querying can make you consider: is my love for this book worth the

challenges of pursuing publication?

Querying being difficult is not an experience unique to neurodivergent people and may not be everyone's experience, since every neurodivergent person is fundamentally different—it's in the name. But this article offers an insight into how agents can make the process more accessible and inclusive. The problems start early because there isn't a set "guide" and no clear benchmark to measure how you are progressing. The percentage of partial or full requests a querying author may receive might be good for YA fantasy but not for adult cosmic horror, and it can change month on month. Add to this varied, long and intense wait times and it can cause serious issues for neurodivergent writers.

Lack of clear instructions is a problem; agents request a variety of formats, fonts, number of pages and salutations, and this lack of universality—however much it may be for a valid reason—means that misinterpretation, and consequent stress over understanding social cues, is more likely to occur. The use of Query Manager, an interface that streamlines queries to agents, has made the process more universal from agency to agency. It can also include fun questions such as entering a playlist that fits your book. While unexpected questions can cause issues, having a fairly standard setup reduces excessive mental fatigue—beneficial to both neurodivergent and chronically ill writers. It's also encouraging to see agents offer an email It's encouraging to see agents offer an email address for any accessibility issues; it signals that the agency welcomes diverse writers

Chloe Johnson is a disabled journalist and editor of *Disability Review Magazine*, the largest UK publication for disabled people, and arts magazine *Not Your Monolith*. She can be found on Twitter @ladychloestark address for any accessibility issues; it signals that the agency welcomes diverse writers.

Specific parts of the written communication are more tricky to solve. Query letters, comparable titles and writer biographies are ideas often summed up in very specific terminology that isn't always accessible to neurodivergent writers. A bio can be difficult to conceptualise. How much of your life should you share? What accolades are important? First or third person? There is little standardisation and a lot of assumptions, which can get confusing.

Add to this personalisation, to show you researched the agent and how they might fit you, and you have a breeding ground for writers feeling "too much" or "not enough"... words lots of neurodivergent people hear far too often, not because they are oversensitive but due to growing up in a world that can often be actively hostile.

When we look at content, there is another barrier. Authentic marginalised voices may not always have that perfect "Hero Arc" or "voicey" character that has been sold before. Neurodivergent character traits can be picked up on as "unlikeable" or "unrelatable", especially in terms of characters' ages and stages of life, which often happens when combined with other marginalisations. Add to that stereotypes about neurodivergence and this can pose problems when agents need to feel a personal connection; even if an agent is neurodivergent, there is no guarantee that they will relate to the view in the book.

Alice\*, 22, a querying neurodivergent writer, commented: "Some things that agents expect from stories are just not possible when writing from a neurodivergent perspective. For example, the active character that has a lot of agency may not necessarily relate to the neurodivergent individual that struggles with anxiety and executive dysfunction. That doesn't mean their story doesn't matter, or isn't relatable, just that we may not have seen these types of stories before." (\*Name changed for anonymity.)

Combine all these elements with extreme stress and the querying process can exacerbate symptoms, resulting in what are seen as clumsy mistakes: spelling and punctuation, over-explaining details or not understanding assumed practice. This is also applicable to a lot of disabilities, for example those with energy-limiting conditions.

#### **Clear communication and simple solutions**

Agents supplying clear descriptions, even examples, of what they are expecting from submissions, author biographies and query letters, help set expectations. Linking to resources on social media (or elsewhere) of what the agent is currently looking for is also helpful.

Agencies and literary organisations could offer querying workshops, guides and resources that specifically help neurodivergent writers put together and check through their submissions, without imposing judgement or shame. This would show neurodivergent people they are accepted in the publishing world with actions, rather than words.

Although struggling with querying is not a neurodivergent-only experience, opening up the space to discuss specific problems neurodivergent writers have with the path to publication, and offering simple solutions to many of the barriers to submission, can help us look to the future of a more accessible publishing world.

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# THIS WEEK The Disability Issue Points of view

# Tracking positive progress for disabled people across the publishing industry

Steps have been taken to improve access to the publishing industry for those with disabilities—but how can workplaces be more inclusive and welcoming?



here is no denying that there is a long way to go for disability support in publishing, but in recent years, improving accessibility and inclusivity has become a priority for many publishing houses. With the recent launch of the Inklusion Guide, which aims to improve

**Cat Mitchell** 

@catmitchell17

**Support for employees** 

tide is turning.

access to literary events for

disabled people, it feels like the

Following the pandemic, flexible policies have been updated and improved. Policies that benefit all staff, regardless of whether they have a disability, were seen as particularly effective. One employee at Faber said her employer had been great, "primarily because of the flexibility that's already in place for all employees, which means my access needs don't stick out as much".

Similarly, an entry-level employee at Penguin Random House said she was particularly impressed with the flexible working policies at the company, which is currently trialling a hybrid model. Teams can decide on their own working patterns, and in her team, she can work fully from home or cancel planned office days last-minute if needed, which "is really helpful with conserving energy on bad days/weeks, and allows me to still work if my disability is impacting me more on certain days[...] We're also not made to feel bad about not coming into the office, so there's way less pressure and stress."

She also mentioned the Tailored Adjustments Plan at PRH, which is a structured process by which staff can discuss adjustments with their manager. "This is given to HR for your records and it then follows you. So if you move roles or departments, or get a new manager, it can be shared (with your consent) with your new manager."

According to Zaahida Nabagereka, head of social impact at PRH, the Business Disability Forum does training for its staff to support this structured process. Currently, HR and all people managers take part in this disability-specific training, with plans to roll this out to facilities and technology teams soon too.

A few publishers, including PRH and HarperCollins, are Disability Confident Employers under the government scheme, with Hachette aiming to become one in the next 12-18 months. Publishers are also starting to track data to assess their progress. PRH, for instance, carries out audits of its staff to assess both the representation of different demographics in the company, and also their sense of belonging. Hachette has carried out a similar census, and both PRH and Hachette gather data on the demographics of candidates who apply for jobs, including those who are shortlisted. Hachette has also started to monitor data relating to retention and progression, to track any discrepancies between different groups.

#### Staff networks

Disability-specific staff networks have been formed at many publishing houses over the

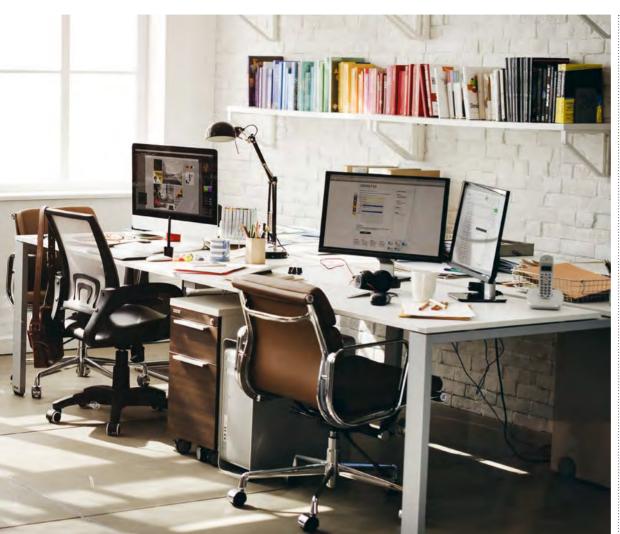


It would be great if straight away publishers asked everyone if they have any access needs...

Penny Batchelor, author

past few years, including at Bloomsbury, Hachette, PRH and Bonnier. These are often focused on supporting and connecting disabled colleagues, but they also often provide an opportunity to suggest new initiatives.

PRH's AccessAbility is an employee network with direct access to key decision-makers;



representatives from all the networks across the company come together as part of its Inclusion Action Group, which gathers feedback and influences policy. The representatives and the chairs of these networks all get paid extra for these roles.

Similarly, according to Kim Kidd, diversity and inclusion manager at Hachette, "the disability network committee members [at Hachette] are volunteers, but the network co-chairs do get a bonus". The network there also aims to influence company policy, but alongside this it carries out charity work, including partnering with Mencap and Carers UK, and has been instrumental in Hachette's agreements with audio charity Calibre and the Royal National : Institute of Blind People.

Lily Bowden from Jessica Kingsley Publishers, which is part of Hachette, expanded on this, explaining the list has "partnered with the British Dyslexia Association to create the first set of guidelines for producing dyslexia-friendly texts and workplaces, which have since been rolled out across Hachette. As a result, Hachette is the first publisher to receive the BDA Smart Award. We are looking to create guidelines for ADHDfriendly texts this year too."

#### **Authors on board**

Although a lot of progress has been made for employees, there is still room for improvement for authors, who aren't supported by the same structured processes as employees. According to Kidd, Hachette has recently introduced "abilityconscious contracting guidelines for author agreements, which recognises that authors with a disability may need to take a rest period, in relation to reasonable adjustments. This is reflected in the author's contract—in their delivery date and their PR commitments. So there is a framework, but it's flexible and on a case-by-case basis."

Many independent presses have also had successes with supporting authors. Ely Percy, author of *Duck Feet*, has been impressed with the support from Knight Errant Press. In particular, it was helpful that the publisher kept email communication clear and concise, and supported Percy with travel—for instance, by accompanying them on tour. Penny Batchelor, author of *My Perfect Sister* and *Her New Best Friend*, said that Orenda and Bluemoose "are very on-the-ball and always willing to learn". She was also impressed with the support at her publisher RedDoor Press with accommodating her adjustments. As she said, "it would be great if straight away publishers asked everyone if they have any access needs... That way it's not up to the disabled person to put their hand up first!"

PRH is actively looking at ways to improve support for disabled authors, including introducing training for editors. It also runs the WriteNow programme, "which aims to find, nurture and publish new writers from communities underrepresented on the nation's bookshelves." According to Meredith Adams, PRH's social impact and sustainability manager, "48% of people who come through WriteNow identify as disabled".

Alongside being a key partner for the Inklusion Guide, PRH has also introduced "an accessibility questionnaire which [the events teams] send to all venues before we agree to work with them, which asks about things like wheelchair accessibility, provision of BSL or speech-text interpretation, if the [venue] has hearing loop systems, those kinds of things." If a venue doesn't meet PRH's accessibility requirements, it won't work with them.

#### Conclusion

Huge steps forward are being made to improve conditions for disabled people in the industry, though publishers acknowledge they are at the start of a long journey. With these new policies in place, and many more in progress, there is definitely hope for a more accessible and inclusive future for the industry.

Cat Mitchell is a lecturer in publishing and the programme leader for the Creative Writing and Publishing BA at the University of Derby. She is researching disability in publishing, and in 2021 published the *Access Denied* report, which investigated barriers for disabled job-seekers and employees in the industry.

# THIS WEEK The Disability Issue News & acquisitions

# Fig Tree beats eight to Who Wants Normal?

Guardian reporter Frances Ryan's new book Who Wants Normal? has gone to Fig Tree after a hotly contested auction with nine publishers bidding for rights



ig Tree has won a sixfigure, nine-way auction for award-winning journalist, author and broadcaster Frances Ryan's *Who Wants Normal? The Disabled Girl's Guide to Life.* 

Helen Garnons-Williams, publishing director, signed UK and Commonwealth rights from Diana Beaumont at Marjacq Scripts. Fig Tree will publish it as a lead hardback in spring 2025.

The synopsis explains: "Exploring six facets of life: education, careers, health, body image, relationships and representation, as well as how to survive life's bumps in the road, *Who Wants Normal*? is a game-changing take on disability and feminism."

Rvan is a columnist and reporter for the Guardian and was made a fellow of the Royal Society of Literature this year. She said: "I'm so thrilled to have found such a wonderful home for this book with Fig Tree, and to get to challenge how we view life for women with physical and mental health conditions today. It's an incredible feeling to have Penguin put such faith in the book, and for nine publishers to bid for it. I think that really reflects how titles about disability are finally being recognised as mainstream and vital.

"I feel like I'm getting the chance to write the book I wish I had been able to read growing up. It's a love letter to disabled women and I can't wait for readers to see it."



## Timms and Wade on board for new Curtis Brown Creative mentoring scheme

riting school Curtis Brown Creative (CBC) is offering a nine-month free mentoring programme for disabled writers, commencing in November.

The scheme will be offered through CBC's Breakthrough Writers' Programme. Five writers will each receive nine months of free, intensive one-to-one mentoring from a published author, plus a one-to-one tutorial with a Curtis Brown literary agent. The scheme is open to applications from disabled writers currently working on a novel, collection of short stories, memoir or narrative non-fiction project. Claire Wade has joined the programme's team of published author-mentors, alongside Chloe Timms.

Anna Davis, founder and director of Curtis Brown Creative, said: "Last year's programme brought in applications from some really incredible writers. We felt privileged to have the opportunity to work with them, and I'm sure we will see some exciting published books from them in due course. This year we are also expanding our team of mentors, and are delighted to welcome Claire Wade and Chloe Timms to the Curtis Brown Creative tutoring team."

The programme will run from November 2022 to August 2023, with applications now open and a deadline of 6th November. Mentoring places will be awarded to five applicants on the basis of material submitted with the application. For more information, visit curtisbrowncreative.co.uk.

## Puffin picks up school librarian Jardine's Detention Detectives series

**P**uffin is publishing *The* Detention Detectives by début author and school librarian Lis Jardine, who has "weaved a sensitive portrayal of chronic fatigue" into the story.

The publisher acquired world rights for two books from Lucy Irvine at PFD. Puffin assistant editor Katie Sinfield has taken the project on and it will be published in January 2023 in paperback and e-book format.

Puffin said: "Misfits and murder meet in *The Detention Detectives*, as a group of unlikely friends find themselves embroiled in a murder mystery happening at their school. Each book in the series will focus on the perspectives of a different main character, with fast-paced plots and



sparky prose that will be loved by fans of Sharna Jackson and Robin Stevens. [Jardine] wanted to set the book somewhere any normal kid might find themselves (and started off by listing

all the places her daughters went in the week!) to offer an inclusive, accessible story to appeal particularly to reluctant readers."

Longlisted for the Penguin WriteNow programme and a graduate of the prestigious Bath Spa MA in Writing for Young People, Jardine is a secondary school librarian based in Bristol with a passion for Golden Age crime and getting children reading.

14th October 2022



# Tilted Axis bags Gauguin exploration by Barokka

ilted Axis Press has acquired Annah, Infinite by Khairani Barokka, an experimental work of creative non-fiction taking in art, disability and colonialism via a painting by Paul Gauguin.

Publisher Kristen Vida Alfaro acquired world rights from Abi Fellows at The Good Literary

Agency, with plans to publish the title in 2024. Tilted Axis published the author's Indigenous Species in 2016.

"Annah, Infinite turns dominant narratives of Paul Gauguin's famous painting 'Annah la Javanaise' (c. 1893-94) on its head," the synopsis reads. "The work argues a simple point: there

is the possibility that the portrait is a depiction of a pained child. In highlighting the plausibility of this particular scenario in light of how contradictory 'facts' surrounding Annah's life have been assembled in historical narratives the work draws attention to how ablenormativity functions within arts institutions to mask colonial abuses." Alfaro said: "We're incredibly excited to be publishing Khairani Barokka once again for Annah, Infinite; a work that unravels power structures, starting from a single painting, with the author's trademark poetic flair and critical acuity."

Barokka added: "I'm delighted to be published by Tilted Axis once again and looking forward to working with them on caring for the stories in this book."

Annah, Infinite draws attention to how ablenormativity functions within arts institutions to mask colonial abuses

Synopsis of Annah, Infinite



**Moving Mountains bags** funding for anthology Moving Mountains, a new project bringing together nature writing and people living with chronic illness and physical disability, has secured Arts Council England funding to compile a book by 22 writers

and artists

It was instigated by Louise Kenward (pictured above), a UK-based visual artist, psychologist and writer, who will edit the book. It aims to "showcase a fantastic collection of wonderful writing while shifting attention to the things easily overlooked by those of us who travel through the world untroubled by the body that carries them". Commissioned authors include Barbellion Prizeshortlisted Khairani Barokka and Abi Palmer, along with new and established writers, poets, essayists, artists and songwriters.

#### Prize for writer-carers launched by Vaught

The Curae, a new literary prize for writer-carers, is launching in January 2023. Set up by Anna Vauaht, entrants can submit a short story or piece of non-fiction, or creative non-fiction, of up to 4,000 words.

Currently the prize includes a £500 bursary donated by author Lorraine Rogerson; three online writing workshops courtesy of the Arvon Foundation; mentoring sessions with people including Vaught, crime writer Sarah Hilary and Jenny Savill, m.d. of Andrew Nurnberg Associates: plus a Zoom workshop session for all shortlisted authors with Hannah Weatherill at North Bank Talent.

The judges will be Chimene Suleyman and Michael Langan. For more information, visit thecuraeprize.uk.



HAS BEEN SIGNED BY AD HOC FICTION

## Ad Hoc Fiction opens submissions for 2023 flash fiction anthology Flare

d Hoc Fiction is publishing two upcoming books of flash fiction, including an anthology open to submissions. The indie publisher bagged UK rights to Canadian writer Finnian

Burnett's The Clothes Make the Man, which was shortlisted in the 2022 Bath Flash Fiction's Novella-in-Flash Award. Rights were acquired from the Bath Flash Fiction Awards and the book will be published on 30th October.

Burnett is diagnosed with clinical depression. His book is told through a series of flash stories, as Arthur searches for love and acceptance. This means setting boundaries with his controlling mother, battling gender dysphoria and struggling to overcome his

biggest challenge: internalised hatred of his own fat, female body.

Michelle Elvy, Bath Novella-in-Flash Award judge, said: "This is a story that examines external and internal truths: how people see an individual, and how the individual explores the self."

In 2023 Ad Hoc Fiction will publish Flare: An Anthology of Chronic Illness Told in Flash Narratives, edited by April Bradley. Those with chronic illnesses are invited to submit fiction, creative non-fiction and hybrid prose (750 words) about the experience of chronic illness before 30th November 2022. Bradley can be contacted at chronicillnessanthology@gmail. com with enquiries.

# The Disability Issue Category Spotlight

A preview of new titles published between November 2022-October 2023

There's a rich offer of books in the coming 12 months from authors with disabilities, with particular strength in children's titles and eclectic non-fiction



his year has been even harder than the last few for disabled and chronically ill writers, as incredible as that seems. The push to return to a pre-pandemic normality is leaving many disabled creatives shut out of circulation and conversation. So it's heartening to see the year ahead so rich in books by disabled writers, and featuring so much great disabled representation across the board.

As with last year, the broadest offerings seem to be in non-fiction and in children's literature. Children's writers, even when non-disabled themselves, seem to be making a genuine effort to centre disabled characters in authentic ways. A host of excellent hybrid non-fiction books blending social criticism, nature writing, memoir, medical history and pathography show a willingness by publishers to take a risk on forms that reflect disabled lives, rather than expecting disabled stories to fit an abled mould.

It's rewarding to see excellent débuts by disabled writers in various genres, particularly in memoir, biography and nature writing. Is it possible the industry is shifting its practices so that more disabled writers and disabled stories can thrive? Let's check in again in five years' time.

# Category to the later of the second s

**Polly Atkin** 

Poet and author, @pollyrowena

#### Fiction 9-12 Dapo Adeola (ed)

Joyful, Joyful Two Hoots, 28th September, £12.99, pb, 9781529071511 Forty joyful stories and poems gorgeously illustrated from Black writers and artists from around the world, with a foreword by Patrice Lawrence. Stories include a mythical whale, a message from a future world without race, a Halloween dance competition, a talking book, a girl who wants to grow up to be a boxer, the joy of Jollof rice and much more. Aimed at readers eight to 11, these stories celebrate Black culture and boost Black joy for readers of all ages.



#### Essays Leah Lakshmi Piepzna-Samarasinha Tha Eutura Is Disabled

The Future Is Disabled Arsenal Pulp Press, 15th December, £16.99, pb, 9781551528915 In this essential followup to their 2018 book Care Work, Piepzna-Samarasinha imagines a future in which disabled people not only survive, but thrive. Full of big, vital ideas on how to get there, but accessible and personable in style-mixing social criticism with practical guides-this is not so much a book as a phenomena. Piepzna-Samarasinha is a Lambda Awardwinning author and co-editor of 10 books.



#### Commercial Lizzie Huxley-Jones Make You Mine This Christmas

Quercus, 28th September 2023, £8.99, pb, 9781399700801

Festive rom-Debut com based on the "pretend relationship" scenario, but with a twist. When Haf kisses Christopher under the mistletoe in front of his ex, it has unexpected consequences: his whole family thinks the duo are in love, and invite Haf to spend Christmas with them, But Haf hasn't fallen for her new friend Christopher, but his enigmatic sister Kit. Bundles of queer joy in this début romance from autistic author and editor Huxley-Jones.



#### Nature/environment S Sally Huband E Sog Rogn

**Sea Bean** Hutchinson Heinemann, 6th April, £14.99, hb, 9781786091505

This beautiful Debut nature memoir centres on Huband's search for a "sea bean"a tropical seed washed across the world-as she makes a home in Shetland, Huband left a job in nature conservation and, after the family move to Shetland and her second child is born, she is diagnosed with inflammatory arthritis. Sea Bean documents her quest to find a way to live with her new circumstances, to re-find herself and her purpose.



#### SFF Ever Dundas HellSans

Angry Robot Books, 1st November, £9.99, pb, 9781915202215

In a not too distant future the only typeface in use is HellSans. For the majority, just looking at HellSans gives them a feeling of euphoria. But for some, HellSans causes catastrophic illness. The HellsSans Allergic are shunned from society, shut into ghettos. A fast-paced dystopian thriller that feels all too plausible. Dundas is an award-winning writer, co-founder of the Inklusion Guide and founder of Crip Collective. HellSans is her second novel.



## Memoir

Victoria Bennett, Adam Clarke (illus) All My Wild Mothers Two Roads, 2nd February,

£16.99, hb, 9781529398618 When Bennett, Debut her husband and young diabetic son move to a new housing estate in rural Cumbria, they plan a garden that will sprout healing, purpose and belonging. A distinctive, moving memoir of living with grief and with illness, with beautiful illustrations by Adam Clarke. Lyrical, as may be expected from a celebrated poet, the chapters are like prose poems: rich and evocative, staying with you long after reading.

#### Literary



Marie-Claire Amuah One for Sorrow, Two for Joy

Oneworld, 4th May, £8.99, pb, 9780861545797

**Début** Stella wants to start a new life, but she can't escape the ghosts of her childhood and her father's violent temper. A compelling novel that spans Ghana and London in unravelling the effects of intergenerational trauma. Amuah is a barrister specialising in white-collar crime and this is her first novel.

#### Mona Awad All's Well

Scribner, 15th May, £8.99, ph. 9781398504929 Dark fable from awardwinning Awad. Miranda Fitch was a lauded Shakespearean actor until intractable chronic pain and painful medical gaslighting wrecked her career and marriage. A strange meeting with three peculiar men in a pub changes her fate. When all's well, it seems she too lacks empathy for others' pain



#### Patricia Borlenghi Dorek: Deaf and Unheard Patrician Press, 1st October, £9, pb, 9780993010606 Drawing on her own experience of deafness due to otosclerosis, Borlenghi inhabits the character of Dorek—isolated, ostracised and confused about his place in the world until he finds out more

#### Myeong-Kwan Cheong, Chi-Young Kim (trans) Whale

about his family history.

Europa Editions, 19th January, £14.99, tpb, 9781787704336 In a remote village in South Korea, whaleobsessed Geumbok; her non-speaking daughter Chunhui, who communicates with elephants; and a one-eyed woman who controls honeybees with a whistle come together in a satirical adventure. A classic in Korea, and winner of the 10th Munhakdongne Novel Award.



#### Megan Giddings The Women Could Fly

Pan, 3rd August, £8.99, pb, 9781035001606 In a future where magic is real and single women are closely monitored in case they are witches and must marry by 30, Josephine Thomas is running out of time and options. What really happened when her mother vanished 14 years ago? A powerful reproductive dystopia centring Black women.



#### Daniele Mencarelli, Wendy Wheatley (trans) Everything Calls for Salvation

Europa Editions, 1st November, £12.99, tpb, 9781787704077 In June 1994, 20-yearold Daniele wakes up confused and afraid in a hospital. Autofiction drawing on Mencarelli's own experiences to explore enforced psychiatric inpatient treatment, and the role of community found in fellow patients in recovery. A Netflix series will be released in October 2022.

#### Frances Quinn

That Bonesetter Woman Simon & Schuster, 11th May, £8.99, pb, 9781471193477 Endurance Proudfoot is big, strong and stubborn. She also has a talent for the family trade of bonesetting. This is the story of how she becomes the first female bonesetter, while her sister becomes an actress in Georgian London. Quinn has Charcot-Marie-Tooth Disease, and includes disabled protagonists in her work.

#### Tan Twan Eng The House of Doors

Canongate, 23rd March, £20, hb, 9781838858292 First novel in a decade from Booker shortlistee Tan centres on the friendship between a lawyer, his wife and the novelist William Somerset Maugham in Penang, 1921, as Maugham negotiates chronic illness and a strained marriage. Tan's second novel won the Man Asian Literary Prize and the Walter Scott Prize.

#### Lorraine Wilson Mother Sea

Fairlight Books, 18th May, £14.99, hb, 9781914148330 Wilson's third novel draws on her own background as a conservation scientist to tell the story of Sisi de Mathilde and her community. Sisi works as a climate scientist on a remote Indian Ocean island under threat from climate change, rising seas and a neonatal epidemic.



Gabrielle Zevin Tomorrow,

#### and Tomorrow, and Tomorrow

Vintage, 6th July, pb, £8.99,9781529115543 The fifth novel from award-winning Zevin follows Sam Masur and Sadie Green, from childhood bonding over Super Mario in a hospital to the creation of their own bestselling game with Sam's huge-hearted college roommate Marx Watanabe, into an adulthood of painful consequences. Sad. funny and beautifully clever. it deals deftly with disability. childhood illness, grief and intergenerational trauma.

#### Commercial

#### Nicole Kennedy After Paris

After Paris Aria, 2nd March, £9.99, pb, 9781800240186 Three friends leave London for Paris on the Eurostar for a fun-filled girls' weekend. Three friends return on separate trains, their close-knit circle fractured. A warm and gripping tale of friendship, family drama and parenting.

#### Penny Parkes Maybe Tomorrow

Simon & Schuster, 22nd June, £8.99, pb, 9781471180156 Jamie has lost everything: her business, her best friend and her home. It is in the queue for the food bank that she finds hope in a group of people who take her into their heart and their causes. An uplifting story of finding friendship and community when your world has follen apart.

#### Crime & thriller



#### Alexandra Benedict Murder on the Christmas Express

Simon & Schuster, 10th November, £14.99, hb, 9781398519824 In the early hours of Christmas Eve, the Highland Sleeper train is derailed and stranded in deep snow. As the passengers wait for help, someone picks them off, one by one. Luckily, former Met detective Roz Parker is also on the train. A fun, seasonal nod to Golden Age thrillers.

#### Alex Dahl

After She'd Gone Aries, 13th April, £9.99, pb, 9781801108287 Deaf single mother Liv lives in rural seclusion in Sandefjord, Norway, caring for her nineyear-old autistic son. Meanwhile, Anastasia is finding a dark side to the successful modelling career she has built. When Liv disappears, journalist Selma begins to put stories together and dark

#### Carys Jones She Had It Coming

secrets are revealed.

Orion, 19th January, £8.99, pb, 9781398712010 Heather is too pretty, too popular and too wild for a lot of people's liking, so when she goes missing on the school run, everyone assumes she is attentionseeking. Until her body is found. Another pacy, twisty thriller from Jones.

#### Katie Mettner Going Rogue In Red Rye County

Harlequin, 21st February, £2.99, 9781335582515 FBI agent Mina August is on the run—a lot harder since she can't run anymore. Romance thriller; first in the Secure One series. Mettner describes herself as "the only person to lose her leg after falling down the bunny hill" and loves decorating her prosthesis.



### Tim Sullivan

Aries, 10th November, £20, hb, 9781801107778 Fourth outing for autistic detective George Cross—"a perfect detective for our time and all time," according to Stephen Fry. The murder of former Bristol mayor Peggy Frampton looks like a burglary gone wrong to everyone but Cross, who knows better. Much-loved police procedural series.

#### Science fiction & fantasy



#### Kelly Andrew The Whispering Dark

Gollancz, 1st November, £16.99, hb, 9781473234840 A classic enemiesto-lovers romance as Delaney and Colton meet on a university course that teaches people to slip between parallel worlds. Delaney (like author Andrew) is deaf, but voices call to her from the shadows between worlds. When a fellow student is killed, the eldritch thrumming intensifies

#### Sharon Emmerichs Shield Maiden

Head of Zeus, 2nd March, £20, hb, 9781804545553 Fryda wants nothing more than to become a shield maiden and defeat monsters like her uncle Beowulf, but a childhood accident seems to have sealed her fate. Feminist re-telling of *Beowulf* with a disabled lead, featuring magic, dragons, curses and swords. *Circe*, but with Old English.



#### Michelle Franklin The Misadventures of Myndil Plodostirr

Pendelhaven, 1st November, f25, pb, 978198051291 A Pratchettian mythical adventure featuring a hapless young orphan who tries to unite all of Ireland's kings under one god and accidentally starts the apocalypse. With werewolves, witches and anti-heroics galore.



#### Laura Laakso Wildest Hunger

Louise Walters, 3rd November, £10, pb, 9781916112384 Another paranormal mystery unfolds for Yannia her bird shaman assistant Karrion. the hearth-spirit Wishearth who watches over her, and their various magical and human associates. Bodies have been eaten, children are missing and a leech has been framed for a murder. Fast-paced and engaging, with areat Fhlers-Danlos representation.

#### Biography & memoirs

#### Polly Atkin

Some of Us Just Fall Sceptre, 6th July, £16.99, hb, 9781399717984 Some of Us Just Fall combines memoir and nature writing to explore inheritance and continuity, and how to go forward



in your life knowing that what makes you sick is also what makes you you. Includes caves, selkies, swimming and chronic illness against a backdrop of the Lake District.

#### Samantha Baines Living with Hearing Loss and Deafness

Headline Home, 27th April, £16.99, hb, 9781035401482 Friendly, practical and witty guide to recognising and managing hearing loss and deofness, demystifying everything from hearing tests to hearing aids, learning to sign and finding community. Baines is an actor, broadcaster, children's writer and award-winning comedian, and is also deaf.



#### Selma Blair Mean Baby:

A Memoir of Growing Up Virago, 6th April, £9.99, pb, 9780349013848 New York Times bestseller. Blair unpacks her transition from a difficult childhood in which she was categorised as a "mean baby", to self-medicating with alcohol, and her eventual diagnosis with multiple sclerosis after years of medical gaslighting. Warm, open and unflinching.



#### Robert Douglas-Fairhurst Metamorphosis: A Life in Pieces

Jonathan Cape, 2nd February, £16.99, hb, 9781787334250 A literary map through the land of the sick, from Barbellion to Kafka, which unfurled for Douglas-Fairhurst like a portal to a new world after his diagnosis with multiple sclerosis. Darkly comic and moving.

#### Tanya Frank

Zig-Zag Boy: Madness, Motherhood and Letting Go

#### William Collins, 2nd February, £16.99, hb, 9780008382841 Début A mother's

Debut account of her son's psychotic break and diagnosis with schizoaffective disorder. Frank candidly details the failures of healthcare systems to support Zach both in the US and UK, and their attempt to find a new way to live through connections with nature from California to Yorkshire.



#### Ione Gamble Poor Little Sick Girls

Dialogue, 9th March, £10.99, pb, 9780349702421 Witty, incisive exploration of wellness culture, productivity and toxic positivity from the perspective of living with an incurable condition. Ever more important as powerful celebrities turn against "poor little sick girls", Gamble explores what it means to be a chronically ill, overweight woman in this era of supposed empowerment.



#### I Live a Life Like Yours

Pushkin Press, 3rd November, £9.99, pb, 9781782276579 A brilliant disability memoted, frank about pain and love, independence and interdependence, the clinical gaze and internal ableism, disabled anger and disabled joy. A New York Times Editor's Choice.

#### Lottie Jackson See Me Rolling: The View

From My Mobility Scooter Hutchinson Heinemann, 1st June £14.99, hb, 9781529151091

Début A witty, warm and moving début from fashion writer, journalist, editor and disability activist Jackson. Part memoir, part social criticism, this book gives vital insight not just into Jackson's life as a disabled woman, but her work in fashion as a disabled woman, arguing for a more equitable world.



#### Chloe Cooper Jones Easy Beauty

Virago, 4th May £9.99, pb, 9780349013800 Beautiful, lyrical memoir examining the abled gaze from a disabled perspective, catalysed by a conversation in a bar between two men who saw Cooper Jones' life as a tragedy. Pulitzer Prizewinning Cooper Jones unpicks her own way of seeing things, inviting readers to share her vision of disabled beauty.



Christoph Keller Every Cripple a Superhero

Faber, 27th July, £9.99, pb, 9781802060997 Powerful, insightful and absurdist disability memoir from novelist, memoirist and editor Keller, covering his upbringing in Switzerland and delayed diagnosis with spinal muscular atrophy because of a family crisis, to his life in New York, where he documents the inaccessible but beautiful curbs.



#### Oksana Masters The Hard Parts: A Story of Courage and Triumph

Scribner, 7th February, £16.99, hb, 9781398519923 Oksana was born in the shadow of Chernobyl with radiation-induced differences and brought up in an abusive orphanage, before being adopted by an American professor. In the US, Masters was driven to excel in sport, winning 10 paralympic medals in four different sports: rowing, biathlon, cross-country skiing and road cycling.



#### Sophie L Morgan

Driving Forwards Sphere, 5th January, £9.99, pb, 9780751582222 Aged 18, Morgan crashed her car and was paralysed from the waist down. *Driving Forward* is the memoir of how she changed her expectations to meet her changed circumstances and turned adversity to opportunity. Morgan is an awardwinning disability advocate and TV presenter.

#### Sarah Polley Run Towards the Danger: Confrontations with a Body of Memory

September Publishing, 2nd March, £TBC, pb, 9781914613296 A memoir in essays by Academy Awardnominated screenwriter director and actor. While playing Anne of Green Gables, Polley wore padding to disguise a arowing scoliosis, hidden from the cameras like her growing breasts. As an adult, a head injury makes her reassess her relationship with her body and history





#### Charlotte Raven Patient 1: Forgetting and Finding Myself

Vintage, 26th January, £9.99, pb, 9781529112801 Sharp and candid memoir of life before and after Huntington's disease by journalist Raven, detailing her role as patient one in a drug trial. In an unusual turn, one chapter is written by her consultant, Edward Wild, professor of neurology at UCLH.



#### Samantha Renke You are the Best Thing Since Sliced Bread Ebury Spotlight, 2nd

February, £10.99, pb, 9781529149296 Actor, broadcaster and

disability rights activitst Renke writes about growing up in Lancashire with osteogenesis imperfecta, and moving to London to follow her dreams. A book about learning to love yourself and celebrate imperfection.

#### Sam Thomas Smashed Not Wasted

Guts Publishing, 1st April, £10.95, tpb, 9781838471972

Début Candid recovery narrative from award-winning mental health campaigner, writer and public speaker Thomas, detailing his alcohol addiction and the toll it took on his mental and physical health.

#### Essays



Eliza Hull (ed) We've Got This

Scribe, 1st February, £9.99, pb, 9781914484667 The first major anthology by disabled parents from around the world about parenting with disabilities, covering the complexities, the demands, the stigmas and the joys. An important and necessary read.

#### Samara Linton & Rianna Walcott (eds) The Colour of Madness: Mental Health and Race in Technicolour

Race in reconnection Bluebird, 11th May, £12.99, tpb, 9781529088519 This groundbreaking anthology of essays, non-fiction, poetry and art higlights the role racism has played (and continues to play) in the unequal treatment of mental health in the UK. First published in 2018, this updated edition includes more contributons and beautiful artwork. Essential reading.

#### Food & drink



#### Michael Gill Allergic Intimacies: Food, Disability, Desire and Risk

Fordham University Press 1st November, £20,99 pb.9781531501167 The first book to explore the intersection of food allergies and race in the US, this unpacks the history of food and disability, and the unequal access to diagnosis and treatment in an individualised and monetised health system. Ever more crucial at a time when food alleraies are rising, this book exposes an aspect of racial and disability injustice rarely explored





#### Betsy Griffin, Emmanuel Santos (illus) Out of the Woods

HQ, 10th November, £14.99, hb, 9780008518288

Début A fable-like book of positive lessons by eight-year-old Griffin, who lives with an inoperable brain tumour. Blind since she was a toddler, Griffin is a Braille user and loves books and fairy stories, and has been writing her own since she was six. I hope they are making a Braille edition.

#### Graphic novels

Aoife Dooley Frankie's World: Finding My Voice

Scholastic, 13th April, £8.99, pb, 9780702307386 Frankie and her best friend Sam are both a bit different, and secondary school is hard to adjust to. Frankie is convinced competing in the Battle of the Bands will help, but first, she needs a band. This quirky, funny graphic novel gives a fantastic own-voices perspective on arowing up with autism.



#### Andy Glynne Mental Health and Me: Stories from Teenagers

Franklin Watts, 12th January, £14.99, hb, 9781445171159 Seven first-hand accounts of mental ill-health from teenagers. First presented as an animated documentary series by Glynne and Salvador Maldonado for the BBC, the stories here are beautifully realised with Maldonado's art work and advice from Mind.

Health

**Devon Price** 

#### Unmasking Autism: The Power of Embracing Our Hidden Neurodiversity

Monoray, 2nd February, £14.99, tpb, 9781800960565 Trade paperback edition of this groundbreaking exploration of the many manifestations of neurodivergence focused on the "masking" of autism behind a neurotypical veneer and the toll it takes. Price is a social psychologist, professor and proud autistic person. "A powerful argument for radical self-acceptance. says the LA Times.

#### History

#### Sarah Wise The Undesirables

Oneworld, 1st September, £20, hb, 9780861544554 A re-examination of the Mental Deficiency Act of 1913, this sociopolitcal history re-traces the stories of those incarcerated for simply not fitting in, questioning how disability and undesirability have been linked and used as punishment and eugenicist experiment.

## Nature and the environment

#### Natalie Sanders The Last Sunset in the West: Britain's Vanishing West Coast Orcas

Sandstone Press, 9th March, £21.99, hb, 9781914518119 A moving love song to the vanishing communities of orcas, and a plea to attend to them, this nature memoir follows Sanders as she studies the west coast orcas and their threatened habitats Sanders, born with congenital heart disease, developed her love of the water and dolphins as an ill child at Hammersmith Hospital.

#### Tori Tsui

It's Not Just You Gallery Books, 6th July, f12,99, bb, 9781398508729



Unpacking the notion of "eco-anxiety", Tsui argues the climate crisis is making us all unwell. Instead of a problem affecting the global north, Tsui draws on her experience of mental health conditions to reframe eco-anxiety as a health crisis deeply entrenched in racism, sexism, ableism and, above all, capitalism.

#### Parenting

Jasper Peach; Quince Frances (illus) You'll be a Wonderful Parent Hardie Grant, 16th March, f14.99, hb, 9781743798614 An accessible and

friendly handbook to

queer parents and rainbow families, aimed at supporting inclusion, from trans, non-binary and disabled author, editor, celebrant and broadcaster Peach. Brimming with practical advice and beautiful illustrations.

new parenthood for

#### Poetry

Rachel Carney Octopus Mind

Seren Books, 3rd July, £9.99, pb, 9781781727102

Début Début collection from Cardiffbased Carney. Beautifully written and carefully observed, these poems explore the desire to understand and be understood by ourselves and others in a complex world, reflecting Carney's experiences of living with dyspraxia.

Cat Chong 712 Stanzas Home for the Sun Broken Sleep Books, 30th April, £TBC, pb, 9781915760043 Highly anticipated first full-length collection from Chong, named after the number of days they were stranded away from home. These innovative. speculative poems from poet, publisher and proud queer crip Chong explore isolation. disability and navigating public transport with candour and vision.

#### Rachael Clyne

You'll Never be Anyone Else Seren Books, 24th April, £9.99, pb, 9781781727034 Building on psychotherapist and eco-activist Clyne's 2018 pamphlet, which reflected on her parents' migration to the UK in 1912 and 1914 from Ukrainian Russia, this insightful collection explores how history, family and personal experiences shape us into who we are, and how to accept our many parts

# **Calibre** audio

Calibre Audio is a national charity working with the publishing industry to bring stories and learning to life for those who struggle to read print.

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# **BOOKS** The Disability Issue Category Spotlight

#### THE BOOK OF THE UNREAL WOMAN Ikily Dave

#### Kelly Davio The Book of the Unreal Woman

Broken Sleep Books, 30th November, £8.99, pb, 9781915079893 Witty, incisive poems using traditional forms to ask questions about embodiment, body image, wellness culture and disability. The Cyborg Jillian Weise calls it "funny as hell, and powerful". This is the second collection from poet and essayist Davio.

#### Kirstie Millar; Hannah Mumby (illus) The Strange Egg

The Emma Press 19th January, £10, pb, 9781915628022 Beautifully illustrated pamphlet-length prose-poem in which a woman produces a strange egg month on month. A vivid, gothic reimagining of the experience of living with endometriosis, this second pamphlet from the founding editor of Ache Magazine is a vital additional to the poetry of illness.

#### **Popular science**



#### Sandeep Jauhar My Father's Brain: Life in the Shadow of Alzheimer's

Oneworld, 4th May, £16.99, hb, 9780861544493 Cardiologst Jauhar's father was a research geneticist and writer, but begins to forget what he had for breakfast. Jauhar uses his own research skills to investigate the science behind dementia to better understand what is happening to his father. Part social and medical history, part memoir.

#### Dr Camilla Pang Unexplained

Penguin General, 31st August, £14.99, hb, 9780241545331 After tackling the tricky subject of explaining humans, scientist, writer and autistic advocate Pana turns to the unexplained instead, exploring the wonders of scientific hypothesis and inquiry into the unknown Pana's first book won the Royal Society Science Prize, making her the first writer of colour to win-and its voungest ever winner

#### Psychology



#### Pragya Agarwal Hysterical: Exploding the Myth of Gendered Emotions

Canongate, 7th September, £10.99, pb, 9781838853235 An insightful, engaging and necessary history of the gendering of emotion from ancient times to the present day. Agarwal nimbly blends social history and scientific research to unpick the negative effects of millennia of gendered language around feelings, and explode the myth of "hysteria".

#### Children's Picture Books

#### Dr Caspar Addyman, Ania Simeone (illus) Babies Laugh at Everything

Campbell Books, 8th June, £12.99, board book, 9781035003969 It's a truth universally acknowledged that babies will laugh at just about anything if they are encouraged to do so. This interactive book includes funny noises and a mirror to encourage giggles. Inclusive illustrations include hearing aids, limb differences and vitiligo.

#### Dr Caspar Addyman, Ania Simeone (illus) Babies Laugh at Peekaboo!

at Peekaboo! Campbell Books, 16th March, £6.99, board book, 9781035011971 Does what it says on the tin: makes babies laugh! Dr Caspar Addyman is a leading expert in what makes babies laugh. This fun board book includes grab-and-pull pages, a shiny mirror and illustrations of babies, including babies with hearing aids, limb differences and vitiliao.



#### James & Lucy Catchpole, Karen George (illus) You're So Amazing

Faber and Faber, 6th April, £7.99, pb, 9780571376001 Joe is always being told he's "amazing" just because he has one leg, and he is pretty fed up of it. Based on James Catchpole's childhood experiences of living with one leg, this is a funny, warm and informative take on abled responses to childhood disability.



#### Melanie Heyworth, Nathaniel Eckstrom (illus) Remarkable Remy

Hardie Grant, 2nd February, £9.99, hb, 9781761210372 Remy is autistic and his brain works differently to his best friend, which is great, because they can both learn from each other. Heyworth is the founder of Reframing Autism, an autistic-led company campaigning for inclusion and active citizenship. Charming illustrations by Eckstrom.



#### David McKee Elmer and the Gift

Andersen Press, 5th May, £7.99, pb, 9781839131608 The final Elmer book, published posthumously, is the 30th drawn and written by beloved artist David McKee. Elmer's elderly Aunt Zelda is hard of hearing and lives with dementia, and can get a bit muddled. Together they go on a quest to find a lost gift. With added resources from Alzheimer's Research UK.



#### Marguerite McLaren, Hayley Wells (illus) When I'm Gone

Ladybird, 9th March, £6.99, hb, 9780241528624 Conceived as a guide for her small daughters after she was diangosed with breast cancer, McLaren has made a love-letter to life that will speak to many people.

#### Lily Murray, Jenny Løvlie (illus) The Girl Who Loves Bugs

Macmillan Children's Books, 30th March, £7.99, pb, 9781529048049 Funny, charming illustrated story about Evie, a little girl who uses hearing aids and really loves bugs.



**Rebecca Patterson** Four Bad Unicorns Andersen Press, 6th April £7.99, pb, 9781839131042 Wheelchair-user Connie loves unicorns more than anything. She and her big sister like to play unicorn farmers, but when their neighbours spoil the game they have to become bad unicorns to put it right. Informed by Patterson's experience of growing up with a disabled sister. Paperback edition with a foil cover.

#### Madhvi Ramani, Anuska Allepuz (illus) Whisper, Shout: Let It Out!

Two Hoots, 17th August, £7.99, pb, 9781529088700 An interactive picture book designed to encourage children to use their voices in fun and useful ways. A diverse cast of child characters feature in the illustrations.

#### Sofia Sanchez & Margaret O'Hair, Sofia Cardoso (illus) You are Loved

Scholastic, 2nd March, £12.99, hb, 9781338850079 A celebration of families of all shapes, sizes and kinds from young actor, model and Down's syndrome advocate Sanchez.



Yujin Shin My First Body Book Campbell Books, 27th July, £10.99, board book, 9781529095630 Super-fun board book with acetate windows showing inside the body, giving a great introduction to how bodies work. Featuring a diverse range of bodies in illustration.

#### George Webster, Tim Budgen (illus) This Is Me

Scholastic, 2nd March, £7.99, pb, 9780702319143 A joyous and uplifting celebration of people with Down's syndrome by CBeebies star Webster. The rhyming narrative features a diverse cast of children who are all wonderful in their own way, just like George.



#### Ekaterina Trukhan

Wise About My Body Ladybird, 1st June, £9.99, hb, 9780241567333 A great guidebook to the body and how it works for younger children, with fun, colourful illustrations, introducing topics including illness, disability, difference and consent.

### Fiction 5-9

#### Cerrie Burnell Unicorn Seekers 2

Scholastic, 8th June, £6.99, pb, 9780702323942

Elodie sees unicorns. She and her best friends are the Unicorn Seekers: they have a lot of work to do to help all the unicorns who need them. A heartwarming adventure featuring magic, friendship and lots of unicorns. Second in a series from TV personality and disability activist Burnell.



#### Karen Owen, Louise Forshaw (illus) Major and Mynah: Operation Raven

Firefly, 2nd March, £6.99, pb, 9781915444035 A second book following the adventures of Callie, Grace and Bo the Mynah Bird. Things take a turn on a school trip to the Tower of London when some precious jewels are stolen. Will Callie's ability to communicate with Bo through her hearing aids help catch the thief?

#### Fiction 9-12



Patience Aababi The Circle Breakers Canongate, 19th January, £7.99, pb, 9781838855796 Second middle-grade book from acclaimed poet Agbabi, continuing the adventures of Elle and her friends, as a ride on a ghost train takes them into the actual past-1880, to be precise. Expect criminal masterminds. spooky fun-fairs secret powers and evil societies. with a Black autistic girl in



the lead.

#### Lisette Auton

The Stickleback Catchers Puffin, 9th February, £7.99, pb, 9780241522059 Mimi adores her Gran, but she doesn't realise quite how special she is until Gran starts forgetting things and everything falls apart—cracks appears all around their home and there is a black crow only Mimi can see. A warm, sensitive and magical take on dealing with dementia from disabled writer and activist Auton.



#### Abigail Balfe Izzy Dobson is Definitely Different Puffin, 23rd March, £8.99,

pb, 9780241574539 Izzy has two big wants: a friend, and to be on her favourite TV show "The Outsiders". Neither are as unreachable as she believes, whatever her awkward brain makes her think. A fun, relatable tale of friendship, flapjacks and special interests. First novel from British Book Award-shortlisted writer and illustrator.



#### Hannah Foley The Tiger Who Sleeps Under My Chair

Head of Zeus, 2nd February, £8.99, pb, 9781803289823 London, 1880s: troubled 12-year-old Emma Linden dreams of following in palaeontologist Mary Anning's footsteps, but is shut away indoors. Devon, 2023: Rosie Linden goes missing for four days. No one believes her when she says she turned into a tiger. Dual-timeline novel steeped in natural history and the Devon landscape.



#### Lenny Henry, Keenon Ferrell (illus) The Book of Legends: What if All the Stories Were Real?

Macmillan Children's Books, 2nd March, £6.99, pb, 9781529067873 When Bran and Fran's storyteller mum Effiya disappears in a flash of lightning on a camping trip, they think they are orphans. But all is not as is seems. Cleverly reworking many familiar tales, this is a fun, pacy adventure with great Black and deaf representation, as well as zebracorns, booksellers, murder fairies and more.



#### Adam Hills Rock Star Detectives: Murder at the Movies

Puffin, 2nd March, £7.99, pb, 9780241519691 Charley is in Sydney, filming her first movie, but mysterious accidents start to happen every time she is on set. Can she and George solve the mystery before someone gets hurt? Glitzy and inclusive second adventure for the Rock Star Detectives from award-winning comedian Hills.

#### Lizzie Huxley-Jones Vivi Conway and the Sword of Legend

Knights Of, 1st June, £7.99, pb, 9781913311421 The day before 12-yearold Vivi is about to be uprooted from Wales to London, she goes for one last lake swim... and walks away with Excalibur, a boy called Dara and a talking ghost-dog who claims they are witches destined to save the world. An adventure about magic, neurodivergence and friendship.

#### Emily Kenny The Extraordinary Adventures of Alice Tonks: Book 2

Rock the Boat, 7th September, £7.99, pb, 9780861545100 The second in a series centred on Alice, an autistic girl who can talk to animals. Featuring animal crime, evil celebrity magicians and lots of mysterious goings-on. A fun, exciting own-voices adventure.

#### Elizabeth Laird The Misunderstandings

of Charity Brown Macmillan Children's Books, 25th May, £7.99, pb, 9781529075656 A gentle coming-of-age tale inspired by Laird's childhood in post-war London. Charity is convalescing after Polio when her religious family are gifted a huge, rambling house by a mysterious benefactor. They decide to open it to "the needy" and her sheltered life is thrown wide open.

#### Elle McNicoll Like a Curse

Knights Of, 2nd February, £7.99, pb, 9781913311377 In this follow-up to *Like a Charm*, dyspraxic witch Ramya must use her powers to save Edinburgh from the terrible Sirens. Winner of the Waterstones Children's Book Prize 2021, McNicoll is not only bestselling but widely beloved for her funny, clever, characterful neurodiverse narratives.

#### Laura Noakes, Flavia Sorrentino (illus) Cosima Unfortunate Steals a Star

Harper Collins Children's 25th May, £7.99, pb, 9780008579050 It is 1899. At the Kensington Home For Unfortunate Girls, Cosima Unfortunate and her friends keep themselves entertained with heists, but is the big prize a diamond. or the truth about her parents? Poet and historian Noakes is an advocate for more own voices disability representation in children's fiction.

## VERY WERY MURDER CLUB

Serena Patel & Robin Stevens (eds), Harry Woodgate (illus) The Very Merry Murder Club

Farshore, 3rd November, £7.99, pb, 9780755503704 Seasonal mysteries from some of the best mystery writers for young readers, with diverse authors and characters showing that crime and solving crime is for everyone! Featuring 13 new stories from authors including Abiola Bello, Elle McNicoll. Dominique Valente Maisie Chan Nizrana Farook, Patrice Lawrence, Roopa Farooki and Serena Patel

## FUNNIEST BOY IN THE WORLD

#### Helen Rutter The Funniest Boy in the World

Scholastic, 2nd February, £7.99, pb, 9780702314674 Follow-up to bestselling *The Boy Who Made Everyone Laugh*. Billy Plimpton is taken under the wing of famous comedian Leo Leggett, but is Leggett legit? Based on Rutter's experiences of having a son with a stammer, and wanting him to have representation.

#### Fiction 12+/YA

Alexia Casale Sing If You Can't Dance Faber and Faber, 6th July, £8.99, pb, 9780571373802 Ven loves nothing more than to perform with her dance group, and is certain they are going places, until she faints on stage. It turns out to be the first sign of an illness that means no more dancing, but Ven isn't going to let that kill her dreams. Funny, feisty and joyful.



#### Malcolm Duffy Read Between the Lines

Zephyr, 2nd February, E8.99, pb, 9781800241718 A heatwarming story of friendship and mutual support between two teenage boys, brought together by dyslexia and a new family situation. Duffy's previous novel was shortlisted for the Redbridge Children's Book Award 2021, and nominated for the CILIP Carnegie Medal 2021.

#### Gavin Extence Phoebe is Different AKA Finding Phoebe

Andersen Press, 7th September, £8.99, pb, 9781839133312 Funny and moving novel about friendship, change and growing up, centred on 16-year-old Phoebe, who is autistic. Début YA novel from bestselling author Extence, winner of the Waterstones 11 Prize.



### Jenny Ireland

The First Move Penguin, 18th May, £8.99, pb, 9780241591826 Jules and Ronan meet anonymously through a chess app, not guessing they go to the same school. Jules thinks her arthritis means she won't get the big love story. But their shared love of chess means otherwise. Drawing on her own experience of disability, Ireland was supported by the Penguin WriteNow programme.

#### **Non-fiction**



#### Phonics Practice: A Learn with Ladybird Activity Book (5-7 years)

Ladybird, 4th May, £4.99, pb, 9780241575598 Those ladybird animals are back to help teach phonics and letter shapes, with a cast of diverse creatures with diverse bodies. Designed to support Early Years Foundation Stage and the UK National Curriculum



#### Starting School: A Learn with Ladybird Activity Book (3-5 years)

Ladybird, 4th May, £4.99, pb, 9780241575611 The diverse cast of ladybird animals help walk you through the essentials of starting school, with spelling exercises, games and activities to support Early Years Foundation Stage and the UK National Curriculum.



Ashley Harris Whaley, Ananya Rao-Middleton (illus) I Am, You Are:

Let's Talk About Disability, Individuality

**and Empowerment** Ladybird, 6th April, £12.99, hb, 9780241573112

Début Disability activist Harris Whaley has put together this friendly, informative guide to talking about disability in an empowering way with children, parents, teachers and carers. Gorgeous illustrations by disabled artist Ananya Rao-Middleton make this a beautiful as well as useful book.

#### Tracey Turner, Åsa Gilland (illus) We Are All Different

Macmillan Children's Books, 14th September, £9.99, pb, 9781529097429 Gorgeously quirky illustrations bring to life the diverse school at the centre of this exploration of inclusivity, which includes discussions of autism, physical and learning disabilities blindness and deafness, as well as ethnic and cultural differences and unique personalities, concluding "there are billions of wonderful ways to be human"



#### Maria Isabel Sánchez Vegara, T Connor (illus) Terry Fox

Frances Lincoln Children's Books, 1st November, £9.99, hb. 9780711276604 Illustrated, child-friendly biography of famous Canadian ultra-marathon runner and folk hero Fox, who had a leg amputated after being diagnosed with cancer at 17. Fox ran across Canada for 143 consecutive days, raising money for Cancer Research. His legacy lives on in the annual Terry Fox Run.

### THIS WEEK News Review The headlines: in brief



# Storm Publishing launched by former Bookouture c.e.o.

Oliver Rhodes, founder and former c.e.o. of Bookouture, has launched Storm Publishing, bringing with him several former colleagues.

The new company, which will publish adult commercial fiction in e-book, audio and print-on-demand paperback, will not pay advances but offer a 50% of net receipts royalty on e-book and audio sales. It will acquire world English rights in e-book, audio and print "as a minimum".

M.d. Rhodes is joined by Claire Bord, formerly a publisher at Bookouture, who becomes deputy managing director. She joins in March 2023 and will lead the strategy for people and culture, as well as building her own list.

Kathryn Taussig, former publishing director at Bookouture, is appointed publisher, acquiring a launch list expected to publish in May 2023. Chris Lucraft, formerly Bookouture's head of operations and distribution, will join Storm as digital operations director, and Emily Gowers, ex-Bookouture associate publisher, as editorial director.

Rhodes said: "My reason for starting Storm is that I believe it's possible to take digital publishing to another level. The current rate of technological change offers so many more opportunities for publishers to add value to authors and readers. It is vital to keep learning and innovating at speed, which is key to the vision at Storm."

The company is currently recruiting new staff, particularly at commissioning editor and editorial director level, specialising in commercial adult fiction. It is also accepting submissions in all genres, where world English rights are available, from agents and authors via its website.



of the

£50,000 The Baillie Gifford Prize for Non-fiction

has unveiled its first ever majority female-authored shortlist, with five women and one man up for the £50,000 prize. It features Carole Elkins' *The Legacy of Violence* (The Bodley Head), Jonathan Freedland's *The Escape Artist* (John Murray Press), Sally Hayden's *My Fourth Time, We Drowned* (Fourth Estate), Anna Keay's *The Restless Republic* (William Collins), Polly Morland's *A Fortunate Woman* (Picador) and Katherine Rundell's (*above*) *Super-Infinite* (Faber & Faber).



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go to Sphere and S&S mon & Schuster UK has acquired two novels by Colleen Hoover left, publishing in 2024 and 2026. Sphere has also acquired two new thrillers, as well as Too Late. her previously published psychological suspense novel. Senior commissioning editor for fiction at S&S Molly Crawford bought UK and Commonwealth rights from Nicole Bond at Atria Books via Jane Dystel at Dystel, Goderich & Bourret, Tilda Kev. Sphere editorial director, obtained UK and Commonwealth rights from Nancy Wiese at Grand Central Publishing

**Colleen Hoover titles** 



The shortlists for the 2022 Romantic Novelists' Association (@RNAtweets) Industry Awards have been revealed! Read more: buff.ly/3VmtaKv



Owusu-Sekyere and Chukwu to join Dialogue Hachette UK's newly formed division Dialogue Books has appointed Hannah Chukwu *above* as literary editorial director and Joelle Owusu-Sekyere as non-fiction editorial director of its commercial imprint.

Chukwu will report to Dialogue m.d. Sharmaine Lovegrove, who continues to publish for the list, and Owusu-Sekyere will report to the as-yet-unnamed publisher of the new commercial list launching in January 2023.

Currently an editor at Hamish Hamilton, Chukwu will join the literary imprint Dialogue Books in January 2023, commissioning across literary fiction, non-fiction and poetry. Owusu-Sekyere is currently a commissioning editor at Coronet.

Lovegrove said: "Both Hannah and Joelle are superstars who naturally embody the spirit of Dialogue and share our core mission of innovation, inclusion and inspiration."



**Bodley Head to publish** Turner's history book The Bodley Head ho pre-empted Disability. A History of Resistance by Professor David Turner left. described as "a ground breaking history of disabled lives in Britain over the course of 500 years that for the first time puts disabled people at the centre of the story". Turner seeks "to bring disability history from the margins to the mainstream". Stuart Williams, publishing director, acquired UK, Commonwealth and Europe rights from Hannah Schofield at LBA, for publica tion in hardback, e-book and audio formats in 2025



Sign up to the Morning Briefing at TheBookseller.com to receive the essential book trade news-daily



McKenna's novel goes to Fourth Estate ourth Estate has scooped a "beautiful" début novel from poet and performer Oisín McKenna above in a four-way auction. Katie Bowden, editorial director, bought UK and Commonwealth rights to Evenings and Weekends from Olivia Maidment at The Madeleine Milburn Literary Agency in a two-book deal. US rights were sold in a five-way auction to Jessica Vestuto at Mariner, HarperCollins, which will publish the book in 2024. The book is set over one "feverish heatwave weekend" in London.



**Faber acquires book** by the Catchpoles Faber has acquired *You're* So Amazing!, a second picture book from literary agent turned author James Catchpole, now writing alongside his wife and fellow literary agent Lucy Catchpole both pictured above. Editorial director Alice Swan acquired world rights directly from the author. The book invites young readers to think about the stories and feelings they attach to disability. It is illustrated by Karen George and will be published in hardback and paperback on 4th May 2023

# Ingram seeks to fill market gap left by Bertrams

ngram has launched its wholesale service in the UK, with the intention of filling the gap vacated by the now defunct Bertrams.

The company, owned by Ingram Content Group, rolled out its services to publishers at the end of September, offering wholesale options for any title currently supplied from its operations base located in Milton Keynes. It is also carrying books it has actively purchased from publishers.

A highlight of the service is its next-day shipping guarantee for paperbacks, hardbacks and print on demand titles, and Ingram is working "actively with publishers to develop wholesale relationships" and grow its title base.

"Any orders received by noon will be dispatched the next day, including printon-demand books," senior vice-president David Taylor (pictured

above) told The Bookseller. "It's a significant shift in the market."

Taylor said he is looking to fill the gap caused by the demise of the Bertrams wholesaler in 2020. He said: "I think there is room in the market for a second wholesaler, we've had two for many, many years. There are things that we can do that maybe Gardners won't be able to do quite so quickly-print on demand is a good example of that."



#### Saga, Volume 10

Brian K Vaughan; Fiona Staples Image, £14.99, pb, 9781534323346 The 10th volume in Vaughan and artist Staples' Saga series dropped last week—the return after the creators took a four-year hiatustopping the graphic novel charts, hitting third in Small Publishers Fiction and the top 20 in Fiction Heatseekers. A sort of "Romeo and Juliet" meets "Game of Thrones" in space, Saga is commonly regarded as one the greatest comics series of all time, winning 12 Eisner awards since it was first published in 2012. Not without controversy: its diverse portrayal of ethnicity, sexuality and gender roles have made the series a frequent target of censorship in American libraries. All told, Saga has sold £1.7m through BookScan UK. Publisher Image says it has shifted nearly seven million units worldwide.

## Mare Nostrum Group & Wiley: New Distribution Announcement

Mare Nostrum Group is pleased to announce a change in its distribution arrangements. Wiley Distribution will become exclusive distributor for the UK, Europe, and Rest of World territories (excluding the Americas), providing customer service, distribution, and credit control functions.

With effect from 3rd April 2023 Wiley Distribution will begin servicing all Mare Nostrum Group product (Combined Academic Publishers and Mare Nostrum Clients) currently distributed by Marston Book Services and all enquiries related to this product information, availability, and ordering should be through the Wiley Customer Service – Books team at:

European Distribution Centre New Era Estate, Oldlands Way, Bognor Regis West Sussex, PO22 9NQ, UK

Email: mng.csd@wiley.com Phone: +44 (0) 1243 843291

If you have any queries, please contact Sam Thornton at Mare Nostrum Group:

Email: <u>samthornton@mare-nostrum.co.uk</u> Phone: + 44 (0)1423 562 232



WILEY

Backorders held at Marston Book Services will be transferred to Wiley. Authorized returns invoiced by Marston Book Services will be accepted back at Marston Book Services until 30th June 2023. After this period only those returns invoiced by Wiley on behalf of Mare Nostrum Group will be credited in accordance with Mare Nostrum Group's returns policy.

"Wiley Distribution is a perfect fit for the university presses and academic publishers within the Mare Nostrum Group, and we are delighted to be partnering with them. We are confident that Wiley's investment in cutting edge automation and systems, combined with the quality of their team, will ensure that both our client publishers and trade customers will benefit significantly from this partnership. We were particularly impressed by Wiley's fully integrated POD option, which will allow our clients the flexibility to move parts of their list to zero inventory without any impact on the supply chain." – David Pickering, Managing Director Mare Nostrum Group

"We are very excited to have signed this distribution agreement with Mare Nostrum Group. Their significant breadth of academic content complements both Wiley and its existing distribution business extremely well, but more importantly our respective strategies align. Together with our onsite, integrated print relationship with CPI, we will continue to enhance our progressively lean and sustainable inventory model. Our abiding strategy is to provide a consistent high level of availability to our customers, whilst at the same time continuing to deliver a leading and robust service to our distribution clients.

We can't wait to get started and are looking forward to developing our partnership further." - Cary Hamill, VP of Global Supply Chain

# The Official UK Top 50 Walliams' Spaceboy rockets into top spot



David Walliams and Adam Stower's SPACEBOY takes first place, swapping places with Richard Osman's latest Thursday Murder Club title



**Tom Tivnan** @tomtivnan

avid Walliams and Richard Osman swapped places week on week with Walliams and illustrator Adam Stower's *SPACEBOY* notching up its first number one, in a seven-day period which also saw a spike in Halloween and royal family-themed titles.

SPACEBOY shifted 35,360 units through Nielsen BookScan's Total Consumer Market to give Walliams his 77th overall top spot, and his 176th week atop the Children's chart. However, it is Walliams' lowest return for a first full week of sales for a middlegrade novel in nearly a decade. It also joins the ranks of "unnecessarily all caps" bestselling book titles, which include Rylan Clark's *TEN* (in 45th place this week) and

		Title	Author; Illustrator	Imprint	ISBN	TCM total	Volume
1		SPACEBOY	D Walliams; A Stower	HarperCollins	0008467197	73,597	35,360
2		The Bullet That Missed	Richard Osman	Viking	0241512425	268,256	31,868
3	÷.	It Ends with Us	Colleen Hoover	Simon & Schuster		710,444	14,806
4		Menopausing	D McCall & Dr N Potter	HQ	0008517786	43,726	14,467
5		One: Simple One-Pan Wonders	Jamie Oliver	Michael Joseph	0241431108	143,722	14,035
6		The Paris Apartment	Lucy Foley	HarperCollins	0008385071	22,996	13,411
7		I Found You	Lisa Jewell	Arrow	0099599494	151,737	11,658
8	¥	The Man Who Died Twice	Richard Osman	Penguin	0241988244	384,576	11,455
9	+	Queen Elizabeth	S Vegara; Johnson	Frances Lincoln	0711274495	11,151	11,151
10	♦	The Thursday Murder Club	Richard Osman	Penguin	0241988268	1,140,442	10,272
11	¥	Diddly Squat: 'Til the Cows	Jeremy Clarkson	Michael Joseph	0241609521	20,641	10,001
12	Ϯ	The Dinosaur that Halloween!	Fletcher, Poynter, Parsons	sPuffin	0241488836	24,921	9,703
13	↑	Guinness World Records 2023	-	GWR	1913484217	26,464	9,141
14	$\mathbf{\Lambda}$	Funnybones	Allan & Janet Ahlberg	Puffin	0140565812	466,292	8,804
15	Ψ	How to Kill Your Family	Bella Mackie	Borough Press	0008365943	316,884	8,654
16	+	Madly, Deeply	Alan Rickman	Canongate	1838854799	8,706	8,645
17	Ϯ	Verity	Colleen Hoover	Sphere	1408726600	268,099	8,555
18	+	What Just Happened?!	Marina Hyde	Guardian Faber	1783352593	8,657	7,331
19	Ψ	The Girls Who Disappeared	Claire Douglas	Penguin	1405951180	45,551	7,279
20	+	Sticker Dolly Dressing Halloween	Watt; Baggott & Figg	Usborne	1474986922	60,559	6,893
21	+	Courtiers	Valentine Low	Headline	1472290908	6,533	6,522
22	♠	The Baddies	J Donaldson; A Scheffler	Alison Green	0702303517	54,192	6,365
23	Ψ	Ugly Love	Colleen Hoover	Simon & Schuster	1471136726	349,343	6,182
24	$\mathbf{\Psi}$	Vanished	Lynda La Plante	Zaffre	1838778750	29,024	6,056
25	+	A Time to Remember	J Cox & G Middleton	HarperCollins	0008128548	9,565	6,048
26	$\mathbf{\Psi}$	Next in Line	Jeffrey Archer	HarperCollins	0008474324	16,131	5,805
27	$\mathbf{\Psi}$	Picture You Dead	Peter James	Macmillan	1529004366	18,402	5,773
28	$\mathbf{\Psi}$	A Pocketful of Happiness	Richard E Grant	Simon & Schuster	1398519473	12,200	5,674
29	$\mathbf{\Psi}$	Taste	Stanley Tucci	Fig Tree	0241501009	46,825	5,645
30	Υ	Cook and Share	Mary Berry	BBC Books	1785947902	34,082	5,602
31	♠	Peppa's Magical Halloween	-	Ladybird	0241575635	12,742	5,596
32	→	The Seven Husbands of Evelyn	Taylor Jenkins Reid	Simon & Schuster	1398515697	301,221	5,567
33	+	The First to Die at the End	Adam Silvera	Simon & Schuster	1398519978	5,474	5,457
34	$\mathbf{\Psi}$	Take Your Breath Away	Linwood Barclay	HQ	0008332136	30,963	5,446
35	Ψ	Love Untold	Ruth Jones	Bantam	1787633872	10,295	5,254
36=	•	The American Roommate	Elena Armas	Simon & Schuster	1398515642	34,053	4,702
36=	¥	Fairy Tale	Stephen King	Hodder	1399705417	55,526	4,702
38	Ψ	Apples Never Fall	Liane Moriarty	Penguin	1405942256	137,424	4,689
39	$\mathbf{\Psi}$	Undoctored	Adam Kay	Trapeze	1398700376	32,451	4,624
40	•	Gruffalo Advent Calendar	J Donaldson; A Scheffler	-	1529077902	17,216	4,503
41		Calling the Shots	Sue Barker	Ebury Spotlight	1529149036	8,437	4,413
42		Beano Annual 2023	-	D C Thomson	1845359027	11,896	4,379
43		The Ink Black Heart	Robert Galbraith	Sphere	0751584202	96,862	4,349
44		Where the Crawdads Sing	Delia Owens	Corsair	1472154668	820,983	4,314
		TEN	Rylan Clark	Seven Dials	1399603911	10,674	3,973
		Why Has Nobody Told Before?	-	Michael Joseph	0241529713	276,847	3,913
		The Official Highway Code	-	Stationery Office		141,485	3,896
48		Disney Hocus Pocus Colouring	-	Studio Press	1800783133	11,502	3,889
40 49		Lucy by the Sea	Elizabeth Strout	Viking	0241606995	3,912	3,873
		Cloud Cuckoo Land	Anthony Doerr	Fourth Estate	0008478674	7,222	3,866
50	*		Anthony Doen	i ourtri Estute	00004/00/4	1,222	3,000

Week ending 8th October 2022. Key + New ↑ Up → Same ↓ Down

Unless otherwise stated, charts use data from Nielsen BookScan Total Consumer Market, representing print book sales through around 6,500 retailers. Any title discounted by more than 74.5% is ineligible for inclusion.



Weeks David Walliams has spent atop the Children's chart



almost all of Yotam Ottolenghi's oeuvre.

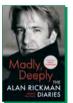
While Osman was knocked from the overall summit after a three-week run, his The Bullet That Missed retained its Original Fiction number one. Alas, the poor lamb's The Man Who Died



Twice was also bumped from the Mass-Market Fiction pole position, with Colleen Hoover's It Ends with Us returning for its eighth

number one after an absence of three weeks.

The top new title for the week was Maria Isabel Sánchez Vegara and illustrator Melissa Lee Johnson's rather providentiallytimed Queen Elizabeth, which hit ninth place on 11,151 units sold.



This is the 87th book in Sánchez Vegara's and her stable of illustrators' Little People, Big Dreams series of picture book biographies of

famous folks' earlier lives-and her first visit to the top 50, with unit sales three times

greater than her previous biggest seven-day haul.

In fact, in just one week Queen Elizabeth has already surpassed the life sales of 61 of the previous books in the series. Little People, Continues overleaf >

## **Digital Bestseller Lists** Exclusive Joy to the world as Ellis claims pole

Tom Tivnan @tomtivnan

he latest tale of murder and mayhem on the Lincolnshire Fens from Joy Ellis easily topped the Bookstat charts last week, displacing Richard Osman's The Bullet that Missed after a two-week run. Ellis' Solace House, her ninth Jackman and Evans book, revolves around the titular home-a family moves into it, despite a horrific murder taking place there years ago. Then things take a sinister turn... Well, of course they do! Haven't the protagonists seen any horror films?

Valentine Low's monarchy exposé Courtiers hits third in its first week, the highest position for a non-fiction title in the Bookstat list since another royal family book, Tina Brown's The Palace Papers (Penguin), hit third place in the last week of April.

Peter James romps to the top of the Publisher E-Book Ranking with his 19th Roy Grace title, in the same week it shifted nearly 13,000 hardback units through Nielsen BookScan. It was all change in a heavy publication week, with six new entries in the top 10, and 12 in the top 20.

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lookstat E-Book 1	op 10			
Title	Author	Imprint	ISBN (+978)	Volume
+ Solace House	Joy Ellis	Joffe	1804055571	10,778
🔸 The Bullet That Missed	<b>Richard Osman</b>	Penguin	0241512425	8,609
+ Courtiers	Valentine Low	Headline	1472290908	6,264
↑ I Found You	Lisa Jewell	Cornerstone	0099599494	5,494
↑ The Heron's Cry	Ann Cleeves	Macmillan	1509889709	5,426
↑ Project Hail Mary	Andy Weir	Cornerstone	1529157468	4,419
+ What Happens in Dubai	Sophie Gravia	Orion	1398706705	4,332
→ The Marriage Lie	Kimberly Belle	HQ	1848456648	4,084
+ The Christmas Tree Cottage	Holly Martin	Holly Martin	1913616410	4,012
🔸 The Thursday Murder Club	<b>Richard Osman</b>	Penguin	0241988268	3,950

Data source Bookstat. Week ending 8th October 2022. Bookstat generates its charts by tracking the movement of e-books, print books and audio titles on online retailers' websites and calibrating against publisher-supplied data; the volume and value figures are estimates. For more information, contact info@bookstat.com.

## The Publisher E-Book Ranking

	Title	Author	Imprint	ISBN (+978)	List price
1	+ Picture You Dead	Peter James	Macmillan	1529004403	£9.99
2	🔸 The Bullet That Missed	Richard Osman	Penguin	0241992395	£9.99
З	+ Next in Line	Jeffrey Archer	HarperCollins	0008474348	£12.99
4	+ Shrines of Gaiety	Kate Atkinson	Transworld	1473568747	£10.99
5	🔸 The Thursday Murder Club	Richard Osman	Penguin	0241988275	£5.99
6	+ The Golden Enclaves	Naomi Novik	Del Rey	1529157994	£9.99
7	🔸 The Man Who Died Twice	Richard Osman	Penguin General	0241988251	£5.99
8	🔸 The Ink Black Heart	Robert Galbraith	Sphere	0751584219	£12.99
9	+ Bleeding Heart Yard	Elly Griffiths	Quercus	1529409987	£12.99
10	+ Forever Home	Graham Norton	Coronet	1529391411	£9.99

Week ending 1st October 2022. Key + New ↑ Up → Same ↓ Down. Titles with a selling price below £2 are excluded, as are titles priced £4.50 or below with any print versions priced above £17.99. Participating publishers: PRH UK, Hachette, HarperCollins, Pan Macmillan, Bloomsbury, Simon & Schuster, Bonnier Zaffre, Canongate & Joffe Books.

Clarification Hachette has stated that Valentine Low's Couriers sold 4.703 e-books, while Sophie Gravia's What Happens in Dubai shifted 1.067.

JOY ELLIS' SOLACE HOUSE TOPS THE BOOKSTAT CHART

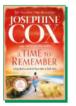
## **DATA** The Bestseller Charts Analysis

Big Dreams has generated a tidy £8.3m through the TCM since the first, *Coco Chanel* (illustrated by Ana Albero), was published in



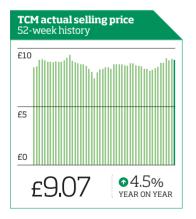
2016. And Sánchez Vegara has been on the up of late: nearly 40% of that revenue has been rung up in the past 12 months. The other big royal family-themed launch was Valentine

Low's *Courtiers*, which lands in 21st place in its first week. The *Times* journalist's book looks at the mechanics of the monarchy and the vast array of advisors who work behind the scenes to keep "the firm" running.



The top adult début of the week was *Madly, Deeply,* the diaries of the late national treasure Alan Rickman. At 16th place it is Canongate's highest

ever non-fiction first-week chart position by an author other than Matt Haig. A personal favourite entry is Rickman's observation,



## **Heatseekers Fiction**



The Heatseekers charts are compiled using titles by authors who have not appeared in The Official UK Top 50 since Nielsen BookScan records began. As such, they reveal books that are selling well, but not well enough to make the

overall list in a seven-day period. For more Heatseekers charts, visit thebookseller.com.

## **Original Fiction**

		Title	Author	Imprint	ISBN (+978)	ASP	Volume
1	→	The Bullet That Missed	Richard Osman	Viking	0241512425	£11.39	31,868
2	$\mathbf{\Lambda}$	Next in Line	Jeffrey Archer	HarperCollins	0008474324	£11.81	5,805
З	$\mathbf{\Psi}$	Picture You Dead	Peter James	Macmillan	1529004366	£10.91	5,773
4	Ϯ	Love Untold	Ruth Jones	Bantam	1787633872	£12.05	5,254
5	Ϯ	Fairy Tale	Stephen King	Hodder	1399705417	£12.82	4,702
6	↑	The Ink Black Heart	Robert Galbraith	Sphere	0751584202	£15.05	4,349
7	+	Lucy by the Sea	Elizabeth Strout	Viking	0241606995	£12.85	3,873
8	$\mathbf{\Lambda}$	Act of Oblivion	Robert Harris	H Heinemann	1529151756	£14.86	3,694
9	Ψ	Shrines of Gaiety	Kate Atkinson	Doubleday	0857526557	£16.39	2,991
10	↑	Lessons in Chemistry	Bonnie Garmus	Doubleday	0857528124	£10.72	2,741
11	+	The Romantic	William Boyd	Viking	0241542026	£16.41	2,422
12	↑	Lessons	Ian McEwan	Jonathan Cape	1787333970	£16.24	2,268
13	Ψ	Forever Home	Graham Norton	Coronet	1529391398	£17.79	2,248
14	$\mathbf{\Lambda}$	The Bullet That Missed	Richard Osman	Viking	1529409956	£13.26	2,077
15	$\mathbf{\Psi}$	The Marriage Portrait	Maggie O'Farrell	Tinder Press	1472223845	£18.25	1,923
16	Ϯ	The Rising Tide	Ann Cleeves	Macmillan	1509889617	£12.71	1,810
17	→	Stone Blind	Natalie Haynes	Mantle	1529061475	£17.21	1,652
18	+	Babel	R F Kuang	HarperVoyager	0008501815	£15.34	1,577
19	Ψ	Kingdom of the Feared	Kerri Maniscalco	Hodder	1399703215	£15.05	1,402
20	+	Small Things Like These	Claire Keegan	Faber	0571368686	£9.13	1,395

## **Mass-Market Fiction**

		Title	Author	Imprint	ISBN (+978)	ASP	Volume
1	Ϯ	It Ends With Us	Colleen Hoover	Simon & Schuster	1471156267	£5.68	14,806
2	Ϯ	The Paris Apartment	Lucy Foley	HarperCollins	0008385071	£5.07	13,411
З	Ϯ	I Found You	Lisa Jewell	Arrow	0099599494	£4.76	11,658
4	Ψ	The Man Who Died Twice	Richard Osman	Penguin	0241988244	£5.67	11,455
5	$\mathbf{\Psi}$	The Thursday Murder Club	Richard Osman	Penguin	0241988268	£5.93	10,272
6	→	How to Kill Your Family	Bella Mackie	Borough Press	0008365943	£6.02	8,654
7	→	Verity	Colleen Hoover	Sphere	1408726600	£5.33	8,555
8	$\mathbf{\Psi}$	The Girls Who Disappeared	Claire Douglas	Penguin	1405951180	£5.71	7,279
9	Ϯ	Ugly Love	Colleen Hoover	Simon & Schuster	1471136726	£5.49	6,182
10	→	Vanished	Lynda La Plante	Zaffre	1838778750	£4.99	6,056
11	+	A Time to Remember	J Cox & G Middleton	HarperCollins	0008128548	£4.51	6,048
12	→	The Seven Husbands of Evelyn	Taylor Jenkins Reid	Simon & Schuster	1398515697	£6.15	5,567
13	Ψ	Take Your Breath Away	Linwood Barclay	HQ	0008332136	£5.40	5,446
14	$\mathbf{\Psi}$	The American Roommate	Elena Armas	Simon & Schuster	1398515642	£4.94	4,702
15	♠	Apples Never Fall	Liane Moriarty	Penguin	1405942256	£6.44	4,689
16	Ψ	Where the Crawdads Sing	Delia Owens	Corsair	1472154668	£6.87	4,314
17	+	Cloud Cuckoo Land	Anthony Doerr	Fourth Estate	0008478674	£7.20	3,866
18	→	The Paper Palace	Miranda Cowley Heller	Penguin	0241990452	£6.23	3,839
19	+	The Christie Affair	Nina de Gramont	Pan	1529054194	£7.26	3,683
20	$\mathbf{\Psi}$	The Butler	Danielle Steel	Pan	1529021721	£5.07	3,556

	Title	Author	Imprint	ISBN (+978)	ASP	Volume
1	+ The Christie Affair	Nina de Gramont	Pan	1529054194	£7.26	3,683
2	+ Bewilderment	<b>Richard Powers</b>	Vintage	1529115253	£8.88	2,309
З	↑ Treacle Walker	Alan Garner	Fourth Estate	0008477806	£8.03	2,092
4	+ The Haunting Season	Bridget Collins et al	Sphere	0751581997	£7.82	1,866
5	↑ The Interview	C M Ewan	Pan	1529009705	£5.39	1,785
6	🔸 Stone Blind	Natalie Haynes	Mantle	1529061475	£17.21	1,652
7	+ The Cat Who Saved Books	Sosuke Natsukawa	Picador	1529081480	£7.97	1,639
8	🔸 The Herd	Emily Edwards	Penguin	1529176919	£5.67	1,620
9	+ The Trees	Percival Everett	Influx	1914391170	£9.60	1,609
10	+ Before I Do	Sophie Cousens	Hodder	1529393835	£4.80	1,566





during filming of the third Harry Potter, that young "Dan"



Radcliffe won't be much of an actor in the future, but that he may direct or produce. Halloween and

spooky children's tales are booming, with six titles in

the overall top 50, led by Tom Fletcher, Dougie Poynter and illustrator Garry Parsons' The Dinosaur that Pooped Halloween!.



Thirteen of the Children's & Pre-school Top 20 spots are Halloween-themed, with a combination of new titles and re-entries of older favourites, including

two editions of Julia Donaldson and Axel Scheffler's Room on a Broom and Allan and Janet Continues overleaf →

## **Small Publishers**



The Small Publishers chart is compiled using only titles issued by publishers that had sales of less than £5m in the previous calendar year through Nielsen's TCM. Unlike the Heatseekers chart, which is divided each week by genre (into Fiction,

Non-Fiction and Children's), the Small Publishers chart encompasses all titles.

## TheBookseller.com

## **Hardback Non-fiction**

		Title	Author	Imprint	ISBN (+978)	ASP	Volume
1	♠	Menopausing	D McCall & Dr N Potter	HQ	0008517786	£11.57	14,467
2	Ψ	One	Jamie Oliver	Michael Joseph	0241431108	£13.66	14,035
З	∢	Diddly Squat: 'Til The Cows	Jeremy Clarkson	Michael Joseph	0241609521	£10.31	10,001
4	→	Guinness World Records 2023	-	GWR	1913484217	£10.44	9,141
5	+	Madiy, Deeply	Alan Rickman	Canongate	1838854799	£20.04	8,645
6	+	What Just Happened?!	Marina Hyde	Guardian Faber	1783352593	£15.13	7,331
7	+	Courtiers	Valentine Low	Headline	1472290908	£15.69	6,522
8	∢	A Pocketful of Happiness	Richard E Grant	Simon & Schuster	1398519473	£13.04	5,674
9	↑	Cook and Share	Mary Berry	BBC Books	1785947902	£14.39	5,602
10	$\mathbf{\Psi}$	Undoctored	Adam Kay	Trapeze	1398700376	£13.09	4,624
11	∢	Calling the Shots	Sue Barker	Ebury Spotlight	1529149036	£13.30	4,413
12	$\mathbf{\Psi}$	TEN	Rylan Clark	Seven Dials	1399603911	£10.70	3,973
13	Ψ	Why Has Nobody Told Before?	Dr Julie Smith	Michael Joseph	0241529713	£8.66	3,913
14	$\mathbf{\Lambda}$	Abyss	Max Hastings	William Collins	0008364991	£21.19	3,607
15	$\mathbf{\Psi}$	Landlines	Raynor Winn	Michael Joseph	0241484562	£15.92	3,511
16	Ψ	Tap to Tidy at Pickle Cottage	Stacey Solomon	Ebury Press	1529148664	£11.09	3,460
17	Ψ	How (Not) To Be Strong	Alex Scott	Century	1529136302	£14.05	3,240
18	+	Weird but True! 2023	-	Collins	0008532963	£7.03	2,945
19	+	Viz Annual 2023	-	Diamond	1916421929	£7.68	2,944
20	+	The Journey	James Norbury	Michael Joseph	0241585382	£10.95	2,728

## **Paperback Non-fiction**

		Title	Author	Imprint	ISBN (+978)	ASP	Volume
1	→	Taste	Stanley Tucci	Fig Tree	0241501009	£7.30	5,645
2	→	The Official Highway Code	-	Stationery Office	0115539954	£4.57	3,896
З	+	The Ruin of All Witches	Malcolm Gaskill	Penguin	0141991481	£8.96	3,827
4	+	Rooms of Wonder	Johanna Basford	Ebury	1529148305	£8.99	2,836
5	+	Celebrating the Seasons with	Amanda Owen	Pan Books	1035005604	£4.89	2,623
6	→	This Much is True	Miriam Margolyes	John Murray	1529379907	£6.89	2,404
7	Ϯ	Atomic Habits	James Clear	RH Business	1847941831	£14.20	2,283
8	Ϯ	12 Rules for Life	Jordan B Peterson	Penguin	0141988511	£9.60	2,188
9	Ψ	And Away	Bob Mortimer	Simon & Schuster	1398505322	£6.37	2,129
10	Ψ	A Family Torn Apart	Cathy Glass	HarperCollins	0008540845	£4.98	2,106
11	Ψ	Ottolenghi Test Extra Good	Y Ottolenghi & N Murad	Ebury Press	1529109474	£22.78	1,860
12	+	The BIG Metric Ninja Foodi	David Small	-	(9)8599644248	£12.85	1,849
13	Ψ	Windswept & Interesting	Billy Connolly	Two Roads	1529318272	£6.96	1,772
14	Ψ	The Power of Geography	Tim Marshall	Elliott & Thom	1783966028	£8.36	1,761
15	Ψ	Prisoners of Geography	Tim Marshall	Elliott & Thom	1783962433	£8.42	1,653
16	→	Good Vibes, Good Life	Vex King	Hay House	1788171823	£7.12	1,572
17	Ψ	Surrounded by Idiots	Thomas Erikson	Vermilion	1785042188	£9.41	1,539
18	Ϯ	Diddly Squat	Jeremy Clarkson	Penguin	1405946537	£5.69	1,410
19	Ψ	Everything I Know About Love	Dolly Alderton	Penguin	0241982105	£7.10	1,377
20	+	A Village in the Third Reich	J Boyd & A Patel	Elliott & Thom	1783966639	£9.10	1,245

		Title	Author	Imprint	ISBN (+978)	ASP	Volume
1	→	Guinness World Records 2023	-	GWR	1913484217	£10.44	9,141
2	♠	Beano Annual 2023	-	D C Thomson	1845359027	£4.69	4,379
З	+	Viz Annual 2023	-	Diamond	1916421929	£7.68	2,944
4	$\mathbf{\Psi}$	Little Wing	Freya North	Welbeck	1787397637	£5.85	2,560
5	+	The Dandy Annual 2023	-	D C Thomson	1845359065	£4.62	2,034
6	+	Bunny vs Monkey: Machine	Jamie Smart	David Fickling	1788452854	£10.54	2,032
7	+	Never Touch Grumpy Pumpkins	Rosie Greening	Make Believe	1803375465	£3.99	1,921
8	$\mathbf{\Psi}$	The Power of Geography	Tim Marshall	Elliott & Thom	1783966028	£8.36	1,761
9	$\mathbf{\Psi}$	Prisoners of Geography	Tim Marshall	Elliott & Thom	1783962433	£8.42	1,653
10	Ψ	The Trees	Percival Everett	Influx Press	1914391170	£9.60	1,609

## Ahlberg's Funnybones.

Davina McCall and Dr Naomi Potter's *Menopausing* jumped four places week on week to claim its first Hardback Non-fiction



top spot... perhaps boosted by *The Bookseller*'s Menopause Focus last week. Notching up its third consecutive number one in Paperback

## Publisher revenues

Penguin	£2.80m
HarperCollins	£2.15m
Pan Macmillan	£918k
S&S	£724k
Ebury	£632k
Cornerstone	£524k
Bloomsbury	£486k
Little, Brown	£484k
Hodder	£445k
Transworld	£407k

Non-fiction was *Taste* by Stanley Tucci, previously best-known as the handsome trophy husband of a Curtis Brown agent.

While many booksellers reported roaring trade over Bookshop Day (8th October), perhaps sales were not consistent across the seven days: £36.1m was spent through the TCM last week, a marginal gain (0.8%) over the previous week, but 2.6% down on the same week in 2021.



The third title in Richard Osman's cosy crime series may have had a narrator switchup, but that did little to deter listeners to the bestselling books

## Kiera O'Brien @kieraobrien

ichard Osman's The Bullet that Missed shot straight to the top of the Audible chart for September, the third Adult Fiction title on the trot to début in the chart's top spot. Of course, Osman's print sales are eye-wateringly high, with The Bullet that Missed's first-week hardback sales among the biggest fiction launches since records began. But its audio editions have also consistently notched up the monthly audio pole over the past two years, with both The Thursday Murder Club and The Man Who Died Twice scoring



number ones between them. With Lesley Manville, the narrator of the first two titles in the series,

four Audible

busy being Princess Margaret in "The Crown", Fiona Shaw takes over for *The Bullet that Missed*. However, book buyers don't seem at all worried by the change, with the title entering the weekly Audible ranking from late August on pre-orders alone.

## Children's: Pre-school

		Title	Author; Illustrator	Imprint	ISBN (+978)	ASP	Volume
1	+	Queen Elizabeth	Sánchez Vegara; Lee Johnson	Frances Lincoln	0711274495	£6.60	11,151
2	$\mathbf{\Psi}$	The Dinosaur that Halloween!	Fletcher & Poynter; Parsons	Puffin	0241488836	£4.61	9,703
З	→	Funnybones	Allan Ahlberg; Janet Ahlberg	Puffin Books	0140565812	£4.20	8,804
4	♠	Sticker Dolly Dressing Halloweer	F Watt; S Baggott & N Figg	Usborne	1474986922	£4.10	6,893
5	$\mathbf{\Psi}$	The Baddies	Julia Donaldson; Axel Scheffler	Alison Green	0702303517	£7.62	6,365
6	↓	Peppa's Magical Halloween	-	Ladybird	0241575635	£4.24	5,596
7	$\mathbf{\Psi}$	Gruffalo Advent Calendar	Julia Donaldson; Axel Scheffler	Macmillan	1529077902	£10.62	4,503
8	+	Disney Hocus Pocus Colouring	-	Studio Press	1800783133	£5.34	3,889
9	↑	Supertato Night of the Living Veg	<b>g</b> Sue Hendra & Paul Linnet	S&S Childrens	1471189234	£3.97	3,789
10	$\mathbf{\Psi}$	Little Monsters	David Walliams; Adam Stower	HarperCollins	0008544843	£4.13	3,719
11	♠	The Christmasaurus	Tom Fletcher; Shanve Devries	Puffin	0241466568	£4.37	3,311
12	$\mathbf{\Psi}$	Disney Advent Calendar	-	Autumn Publish	1803684550	£9.82	3,038
13	♠	Bluey: Christmas Eve Santa	-	Ladybird	0241551998	£4.35	2,989
14	$\mathbf{\Psi}$	Where's Bluey?	-	Ladybird	0241558577	£4.08	2,959
15	↓	Peekaboo Pumpkin	Camilla Reid; Ingela P Arrhenius	Nosy Crow	1839945939	£5.03	2,931
16	♠	Room on the Broom Touch and	Julia Donaldson; Axel Scheffler	Macmillan	1529083347	£4.33	2,903
17	→	Where's Spidey?	-	Studio Press	1800783010	£3.83	2,618
18	♠	Room on the Broom	Julia Donaldson; Axel Scheffler	Macmillan	1509804771	£4.47	2,607
19	+	Hey Duggee: Spooky Fun	-	BBC Children's	1405950732	£3.82	2,497
20	↑	Badger's Band	Julia Donaldson; Axel Scheffler	Macmillan	1529034394	£4.10	2,410

## **Children's & YA Fiction**

		Title	Author; Illustrator	Imprint	ISBN (+978)	ASP	Volume
1	→	SPACEBOY	David Walliams; Adam Stower	HarperCollins	0008467197	£7.40	35,360
2	+	The First to Die at the End	Adam Silvera	Simon & Schuster	1398519978	£9.10	5,457
З	$\mathbf{\Psi}$	A Good Girl's Guide to Murder	Holly Jackson	Electric Monkey	1405293181	£5.87	3,367
4	♠	Pokemon Annual 2023	-	Farshore	0008507671	£4.69	3,039
5	♠	Paddington at the Palace	Michael Bond	HC Children's	0008326043	£5.29	2,843
6	+	Fireborn: Twelve Frozen Forest	A Fowler; S Medvedeva	HC Children's	0008394189	£6.25	2,821
7	$\mathbf{\Psi}$	The World's Worst Pets	David Walliams; Adam Stower	HC Children's	0008305802	£7.75	2,639
8	♠	Slime	David Walliams; Tony Ross	HarperCollins	0008409555	£4.55	2,220
9	$\mathbf{\Lambda}$	Rowley Friendly Spooky Stories	Jeff Kinney	Puffin	0241530412	£4.67	2,136
10	+	The Christmasaurus Naughty	Tom Fletcher; Shanve Devries	Puffin	0241407479	£4.68	2,132
11	+	Bunny vs Monkey: Machine	Jamie Smart	David Fickling	1788452854	£10.54	2,032
12	$\mathbf{\Psi}$	Heartstopper Volume 2	Alice Oseman	Hodder Children's	1444951400	£6.85	2,012
13	$\mathbf{\Psi}$	Heartstopper Volume 3	Alice Oseman	Hodder Children's	1444952773	£6.99	1,958
14	$\mathbf{\Psi}$	Harry Potter and the Stone	J K Rowling	Bloomsbury	1408855652	£5.20	1,909
15	$\mathbf{\Psi}$	Nothing More to Tell	Karen M McManus	Penguin	0241473689	£6.25	1,861
16	$\mathbf{\Psi}$	Heartstopper Volume 4	Alice Oseman	Hodder Children's	1444952797	£7.05	1,822
17	♠	The Breakfast Club Adventures	M Rashford & A Falase-Koya	Macmillan	1529076622	£4.08	1,780
18	$\mathbf{\Psi}$	Random Acts of Fun	Liz Pichon	Scholastic	1407191133	£4.77	1,773
19	$\mathbf{\Psi}$	The Ministry Unladylike Activity	Robin Stevens	Puffin	0241429860	£10.81	1,674
20	+	The Night We Got Stuck a Story	Ben Miller	S&S Childrens	1471192494	£7.68	1,661

# The Audible Audio Download Chart Shaw and Osman soar to the summit

Audible Originals gave Alan Partridge a second series and his podcast "From the Oasthouse" débuted in second place for September. Partridge has form in audio format, with his memoirslash-adventure title Nomad riding high in the Audible chart across late 2016 and early 2017.

Stephen King's Fairy Tale, narrated by Seth Numrich and the author himself, fluttered into fifth

place for September, closely followed by Neil Gaiman and Dirk Maggs' The Sandman: Act III, featuring James McAvoy in the title role and an allstar cast.

Non-fiction enjoyed a nearunchallenged dominance in the Audible chart for the first half of the year, with Dr Julie Smith's Why Has Nobody Told Me

This Before? cruising into seven straight months in the audio top spot. But, with the pre-Christmas flurry of celebrity autobiographies yet to descend on the physical and virtual shelves, the category was looking a little light in September. Former Nickelodeon actress Jennette McCurdy's I'm Glad My Mom Died notched up a second month in the top four, as Instagram personal trainer James Smith's How to Be Confident débuted in seventh place. Adam





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Kay's Undoctored made its début in 17th place.

Amazon Prime launching "The Rings of Power", a new Lord of the Rings spin-off,



Conor O'Leary

prompted a jump in the existing audiobooks, withJRR Tolkien's The Fellowship of the Ring rising into eighth place and The Silmarillion bouncing into

strong month for fantasy, Aaron Dembski-Bowden's Echoes of Eternity, narrated by Jonathan Keeble, charted 14th. It seemed only one fantasy book seriesturned-major Noughties movie franchise could triumph in the Audible chart at a time, as the Harry Potter titles had an unusually poor showing, with just the first two books hitting the chart.

18th.Ina

Author Narrator/s Imprint The Bullet That Missed **Richard Osman** Fiona Shaw Penguin Audio Alan Partridge From the Oasthouse Alan Partridae Audible Hachette Audio The Ink Black Heart Robert Galbraith Robert Glenister I'm Glad My Mom Died Jennette McCurdy S&S Audio Jennette McCurdy S Numrich, S King Fairy Tale Hodder Stephen King The Sandman: Act III Neil Gaiman, Dirk Maggs Gaiman, McAvoy et al Audible How to Be Confident James Smith James Smith HarperCollins The Fellowship of the Ring J R R Tolkien Andy Serkis HarperCollins The Thursday Murder Club **Richard Osman** Manville, Osman, Keyes Penguin Audio **Atomic Habits** James Clear James Clear Penguin Audio Act of Oblivion **Robert Harris** Tim McInnerny Penguin Audio Harry... Philosopher's Stone J K Rowling Stephen Frv Pottermore Why Has Nobody Told Me... Dr Julie Smith Penguin Audio Dr Julie Smith Echoes of Eternity Aaron Dembski-Bowden Jonathan Keeble Black Library Where the Crawdads Sing Delia Owens Cassandra Campbell Hachette Audio The Myth of Normal Dr G Maté, D Maté Daniel Maté Penguin Audio Undoctored Adam Kav A Kay, Reverend R Coles Trapeze The Silmarillion J R R Tolkien Martin Shaw HarperCollins Harry... Chamber of Secrets **J K Rowling** Stephen Fry Pottermore

Genevieve Gaunt

Headline

Audible Audio Download Chart Date Range 1st-30th September 2022 Source Audible Nielsen Physical Audio Top 5 Date Range 1st-30th September 2022 Source Nielsen Key + New ↑ Up → Same ↓ Down

Maggie O'Farrell



Exclusive



157 units The Wheels on the Bus BBC Audiobooks







88 units It's Never Too Late to Play Piano Faher Music



57 units The Thursday Murder Club **Richard Osman** Penguin

# New Titles: Non-fiction January 2023

In an unusual turn of events for January, New Year, New You titles forgo the limelight in favour of those on budgeting and making money

Caroline Sanderson @carosanderson

month that normally pulses with diet and fitness titles, January's offering is curiously light on New Year, New You books. And perhaps it's no wonder, given that our priorities, come the winter days of early 2023, are likely to be fundamental rather than aspirational. Those trying to re-crunch the household budget (ie almost all of us) or looking for better and/or better-paying work will find thrifty and practical books to support them here: from BBC Radio 4 presenter Paul Lewis' Money Box: Your Toolkit for Balancing Your Budget, Growing Your Bank Balance and Living a Better Financial Life and the wonderful Jack Monroe's Thrifty Kitchen to Nafisa Bakkar's Can I Make Money From This? How Anyone Can Transform Their Passion Into Profit.

You'll be relieved to hear

that we haven't entirely given up on the perennial quest for happiness, witness titles such as Robert Waldinger & Marc Schulz's *The Good Life: Lessons From the World's Longest Study on Happiness*, and awe is definitely having a moment, with Jake Eagle & Dr Michael Amster's *The Power of Awe*, and Dacher

Those trying to re-crunch the household budget (ie almost all of us)... will find thrifty and practical books to support them here

Keltner's Awe: The Transformative Power of Everyday Wonder. But I suspect that for many, the books they'll want to buy this New Year will be navigational aids to the basic challenges of life; whether financial, getting cheap and healthy food on the table, or simply finding solace, a quality that shines from my Book of the Month, Cariad Lloyd's You Are Not Alone.

Submissions should be sent to Caroline at St Ives, Frome Park Road, Stroud, Gloucestershire GL5 3LF. Hard copies preferred (covering letter & Al essential), email submissions welcome. See thebookseller.com/publishing calendar for submission deadlines.

 on TCM sales (excludes e-book, export, direct, library and other sales) of the author's most recent original 25,000+\*\*\*\*
 author's most recent original work in a similar format with 10,000+\*\*\*

 5,000+\*\*
 at least six months' sales

 5,000+\*\*
 through Nielsen BookScan, using the notation *left*.

BookScan ratings accompanying titles are based

Next week The next edition of The Bookseller (28th October) will feature Children's Previews covering titles released in January.



## Book of the Month Lloyd's guide to grief breaks new ground

Personal development Cariad Lloyd

You Are Not Alone Bloomsbury Tonic, 19th, HB, £18.99, 9781526621832 "This book is a reflection of my grief-mess and everything I've learned from carrying it so long". Actor, comedian and writer Lloyd was only 15 when her father died of pancreatic cancer in 1998. Nobody

seemed to understand the maelstrom of emotions that assailed her, or even be talking about grief at all. Only many years later did she begin properly to unpack her grief at this seismic event in her young life, inspiring her to start the award-winning "Griefcast" podcast in 2016. A place for honest and unhurried conversations about an experience that all of us-at some point or other-will share, featured guests have included Adam Buxton, Aisling Bea, Greg Wise and Robert Webb.

Now comes Lloyd's vulnerable, scrupulously honest, funny, companionable and excellent first book, a part memoir, part navigational guide to grief, and the launch title for the Bloomsbury Tonic imprint, acquired in a 16-way auction. It struck so many chords that my proof is now festooned with post-it notes and pencil markings. I read it almost at one sitting on what would have been my late brother's birthday. And although he died almost 30 years ago (and my Dad nine years ago), and I've read dozens of books on grief since, this one went to the beating heart of what it's like to carry grief over time, and through the stages of life, like almost no other I've read.

## This preview highlights titles to be published in **January 2023**

# 01



Biography & memoirs Rhiannon Lucy Cosslett

The Year of the Cat Tinder Press, 19th, HB, £16.99, 9781472290717 Books involving felines act as a kind of catnip on this cat-loving reader. So I lapped up this alluring memoir by writer and *Guardian* journalist Cosslett which charts the lockdown year during which a small cat called Mackerel helped her reassess her life as a thirtysomething, married woman, wrestling with the

idea of motherhood after a childhood spent caring for her severely autistic brother. Can she devote herself to such a traditional female role when she has so many books to write? Mackerel helps her face down her fears and appreciate the love she has to offer.





Current affairs & politics Alva Gotby

## They Call It Love: The Politics of Emotional Life

Verso, HB, £14.99, 9781839767036 "The work of caring for people is an essential but disavowed and devalued aspect of capitalist societies". This examination of the loving work that is caring for people calls for a new understanding and political recognition of this kind of largely invisible everyday labour. It introduces the idea of "emotional

reproduction", which encompasses nurturing children, providing company for the elderly and caring for family members and friends; but which also encapsulates the fact that we are all dependent on one another for emotional support, whatever our stage of life.





## Colin Grant I'm Black So You Don't Have to Be:

A Memoir in Eight Lives Cape, 26th, HB, £16.99, 9781787333468

"I'm Black so you don't have to be", Grant's Uncle Castus used to tell him. In this compelling memoir, the author of *Negro With a Hat* and *Bageye at the Wheel* employs a series of intimate family portraits to provide a moving and insightful testimony of the West Indian British experience through the prism of intergenerational relation-

ships. Each character-from his mother who dreams of returning to Jamaica, to his father and his sister Selma who refashioned herself as an African princess-both navigates their own path, and informs Grant's own identity.





## Claire Harman

All Sorts of Lives: Katherine Mansfield and the Art of Risking Everything Chatto, 5th, HB, £18.99, 9781784744762

Published to mark the centenary of Katherine Mansfield's death, an enthralling new account of her life and work, and the remarkable achievements of her all too short career, notably her extraordinary short stories. Homing in on 10 of those stories, Harman shows what a seminal writer Mansfield was within the Modernist movement. And

also how relevant she remains today, helping us to see differently and to take quiet notice of things. This dynamic new life of a truly great writer will also have you rushing to read or re-read Mansfield's wonderful body of work.







## Roxie Nafousi

Manifest: Dive Deeper Michael Joseph, 5th, HB, £16.99, 9780241608005 The bestselling author of Manifest returns with a book which aims to take you deeper into your inner healing journey, expand your understanding of each of the seven steps to manifestation, create lasting transformative change, and turn your dreams into reality.

## Art & illustrated

Britany Salsbury (ed), Heather Lemonedes Brown, Debra DeWitte, Timothy David Mayhew & Harriet K Stratis Nineteenth Century French Drawings: The Cleveland Museum of Art Giles, HB, £39.95, 9781913875008 This survey of one of the top collections of French drawings in the US showcases its extraordinary quality and range.

## Biography & memoirs

## Peter James Bowman The First Celebrities: Five Regency Portraits

Amberley, HB, £22.99, 9781445677897 Five pen portraits of colourful men and women who played leading roles in the celebrity culture of the Regency period but then faded from view: rags to riches widow Harriot Mellon; Russian ambassador's wife Dorothea Lieven; corrupt Parliamentarian Richard Grenville: renowned beauty Lady Charlotte Bury: and artist Thomas Lawrence.

## Richard Bradford Tough Guy: The Life of Norman Mailer

Bloomsbury Caravel, 19th, HB, £20, 9781448218141 Published to coincide with the centenary of Mailer's birth, this "merciless" biography draws on diary entries, journal extracts and newspaper columns to examine the controversial writer's life as a "twisted lens", offering unique insights into the history of America along the way, from the end of the Second World War to the election of Barack Obama.

## Jonathan Eig King: The Life of Martin Luther King

Simon & Schuster, 5th, HB, £25,9781471181009 By the acclaimed US biographer whose subjects include Muhammad Ali, this first major life of Dr Martin Luther King Jr in more than 40 years is based on extensive research hundreds of interviews with those who knew him and thousands of previously unreleased documents, including a huge cache from the FBI. It both shines new light on King's remarkable career and "humanises" him as a family man with flaws and a sense of humour.



## Michael Frank One Hundred Saturdays: Stella Levi and the Vanished World of Jewish Rhodes

Souvenir Press, 26th, HB, £20,9781800815377 With nearly a century of life behind her, Stella Levi had never shared the full details of her traumatic Jewish past until she asked the author to help her polish a talk she was due to give. There followed one hundred Saturdays together during which she shared the long threads of her history. This illustrated Holocaust survivor memoir is a "deeply philosophical story full of hope", I'm told.



Miss Major Griffin-Gracy Miss Major Speaks: The Life and Times of a Black Trans Revolutionary Verso, PB, £9.99,

# **BOOKS** Previews New Titles: Non-fiction





**Carolyn Hays** 

A Girlhood A Letter to My Transgender Daughter Picador, 19th, HB, £14.99, 9781529064483 Fully supportive of their transgender daughter, Sophie, the author's family were poleaxed when a caseworker from social services knocked at their door, investigating an anonymous complaint about how they were bringing up their child. Fearing for her safety in the state they called home, they moved to a more liberal one, but still found themselves subject to hate and fear. This memoir is a

deeply moving plea for empathy and understanding, and a love letter to a child "who has always known herself and is waiting for the rest of the world to catch up".



**Biography & memoirs** Don Paterson

**Toy Fights: A Boyhood** Faber, 19th, HB, £16.99, 9780571240272 "...that moment, when, just after waking, one witnesses that airy creature of infinite potential rapidly contract to the aching weirdo desperate for his coffee". The exquisite way with words of multi-award-winning Dundeeborn poet Paterson is marvellously on display in this distinctive memoir of his boyhood. Situated on a council estate in the 1960s and '70s, it takes in the Boys' Brigade, origami, the Osmonds, stamps, sex, Scottish footie cards, sugar addiction, playing guitar, falling in love... and avoiding the kids who wanted to kill him in a game of Toy Fights. Finally, he ups and boards a train for London.



## Shilpa Ravella

## A Silent Fire: The Story of Inflammation, **Diet and Disease**

Bodley Head, 12th, HB, £20, 9781847926630 Inflammation is the body's evolved protection response to injury and foreign pathogens. But in modern times, low-level inflammation often persists in the body, simmering undetected, and can lie behind everything from heart disease and cancer to the mysteri-

ous autoimmune conditions which plague so many people. This beautifully written début by a US gastroenterologist investigates this phenomenon, and how we can control it, via some fascinating case studies.





Joanna Wolfarth Milk: An Intimate History of Breastfeeding Weidenfeld, 19th, HB, £18.99, 9781474623216

"Milk structures our world.... Milk is between binaries". Branching from the cultural historian author's personal experience of motherhood, and blending art, social history, philosophy and folk wisdom, this is a wonderfully absorbing account of the act of breastfeeding, exploring how it has been

represented and repressed, celebrated and censured on pages and through ages. Featuring interviews with women across the world, it also tackles the feelings of guilt, shame and taboo which often assail women who are breastfeeding.



9781839763342 Griffin-Gracy is a veteran of the Stonewall Riots, a former sex worker and a transgender elder and activist. In a book endorsed by Angela Davis and others, she looks back on her life in activism and sets out a road map for the challenges that will be faced by Black, brown. queer and trans youth in future

## Lidia Maksymowicz with Paolo Rodari The Little Girl Who **Could Not Crv**

Macmillan, 19th, HB, £18.99.9781529094367 Born in Belorussia Maksymowicz survived Auschwitz and the terrible experiments of Dr Josef Mengele. She never gave up trying to find the rest of her family who disappeared during the war, and in 1962 discovered that her parents were alive. They were reunited in Russia in the early 1960s. This hope-filled story has an introduction by His Holiness Pope Francis who, in 2021, kissed the author's Auschwitz tattoo, making headlines around the world.

## Livia Manera Sambuv & Todd Portnowitz (translator) In Search of Amrit Kaur: **An Indian Princess** in Wartime Paris

Chatto, 12th, HB, £20, 9781784741198 After encountering a photo of Princess Amrit Kaur in a Mumbai museum. the Italian author embarks on a search for the truth about Kaur's life: a Puniabi princess who was rumoured to have sold her jewels in occupied Paris to save Jewish lives, only to be arrested by the Gestapo and sent to a concentration camp where she died. It's an engrossing detective story, filled with "alamour and terror beauty and sorrow". I'm told

## **Michael Snyder**

James Purdy: Life of a Contrarian Writer OUP, HB, £26.99 9780197609729 First ever biography of a hitherto little-known 20th-century gay US novelist (1914-2009), a "compelling if eccentric figure, declared an

"authentic American genius" by Gore Vidal.

## **Marion Turner** The Wife of Bath: A Biography

Princeton UP, HB, £20, 9780691206011 Since her triumphant début in The Canterbury Tales the Wife of Bath has been celebrated as arauably the first ordinary and recognisably real woman in English literature. This tells the fascinating story of the inspirations behind her character, and her afterlives down the centuries from the Middle Ages to #MeToo. setting her fictional life against the biographies of real medieval women; from a maid who travelled around Europe to a duchess who married her fourth husband, a teenager, when she was 65.

## Business, economics & personal finance



## Erik Angner **How Economics Can** Save the World: Simple **Ideas to Solve Our Biggest Problems**

Penguin Business, 26th, HB, £20,9780241502693 With a "healthy dose of optimism", along with stories of economics in everyday situations, the Swedish professor author demonstrates the methods he and his fellow economists use to help improve the lives of people, showing that economics can be a powerful force for good.

## Nafisa Bakkar Can I Make Money From This? How Anyone Can Transform Their **Passion Into Profit**

William Collins, 5th, HB, £16.99,9780008497514 Do I believe in myself enough to do this? How do I find my first 100 customers? Can I run an ethical business and still make money? Bakkar, co-founder and c.e.o. of award-winning media platform Amaliah which seeks to amplify the voices of Muslim women,

aims to answer these questions and more.



Bill Burnett & Dave Evans Designing Your New Work Life

Vintage, 5th, PB, £9.99, 9781529197297 "We will spend up to 120,000 hours at work in our lifetimes. But how do we best use those hours?' The authors of Designing Your Life return with an "innovative and deeply empowering" follow-up in which they offer a fresh understanding of the politics and psychology of work, with the aim of helping you redesign your current job or launch your next career chapter.

## Tom Fairey How Not to F\*ck Up Your Startup: Lessons on Building Something Amazing

Robinson, 12th, PB, £14.99, 9781472147523 Turn your great idea into a fully funded start-up with this "straight-talking, real world" guide, from raising the cash to "smashing your way to the top of the market with your killer product".

#### Cathy Hackl Into the Metaverse: The Essential Guide to the Business Opportunities of the Web3 Era

Bloomsbury Business, 19th, HB, £25, 9781399401807 An "illuminating" insight into the Metaverse, what it is, how it works, and why it will soon be playing a major role in business, technology and society. The author is a recognised futurist and one of the world's first chief Metaverse officers.

#### Amantha Imber Time Wise

Ebury Edge, 5th, PB, £16.99, 9781529146318 Imber hosts hit business podcast, "How I Work", featuring interviews with highly successful people. This book aims to give you access to their secrets and strategies; from Wharton Professor Adam Grant's trick to get into flow when he starts work, to the "inbox shapeshifting" of Google's executive productivity advisor, Laura Mae Martin; and Oliver Burkeman's approach to beating the to do list.

#### Lisa Johnson Make Money Online: Your No-Nonsense Guide to Passive Income Yellow Kite, 19th, PB,

Yellow Kite, 19th, PB, £16.99, 9781399701921 Host of hit Apple podcast "Making Money Online", the author makes 90% of her substantial income through passive or semipassive income streams, having gone from £30k in début to making millions and helping others in only five years. She aims to show how to double your income and halve your working hours by doing the same.

Money Box PAUL LEWIS

Paul Lewis Money Box: Your Toolkit for Balancing Your **Budget, Growing Your Bank Balance and Living** a Better Financial Life BBC 12th PB f14.99 9781785947070 This first official book from the BBC Radio 4 weekly programme first broadcast in 1977 aims to provide accessible advice for anyone who wants to improve their financial literacy, become more financially confident and make the most of their money. Lewis-the programme's longstanding presenter-also shows us how to beat the banks at their own game, and treat the finance industry not like a friend but more like "a vague acquaintance you don't really trust but have to see from time to time (and who always makes you pay for the drinks)"

## Iona Mathieson & Romy St Clair The Art of Starting:

Develop Your Idea From Bedroom to Business Bluebird, 12th, HB, £16.99, 9781529077575 The authors started their successful floristry business with no formal training and less than £1,000. This is their guide to starting and building your own creative business from scratch, in which they share everything they wish they'd known from the beginning.



#### Jo Owen Smart Leadership: The Ultimate Handbook for Great Leaders

Biomsbury Business, 5th, 9781399403788 Whatever stage of career, this guide aims to give professionals a comprehensive understanding of the basic building blocks of effective leadership and management, including the challenges of remote management in the wake of the Covid-19 pandemic.

## Lucy Parker & Jon Miller The Activist Leader

William Collins, 19th, HB, £20, 9780008567514 If you want to be a successful leader in today's business, you need to think like an activist. So say the authors of this practical guide which aims to show the present generation of business leaders can deliver societal value alongside shareholder value.



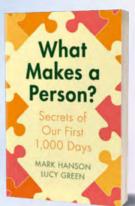
## Rachel Schofield The Career Change Guide

Michael Joseph, 19th, PB, #16.99, 9780241576366 Figure out what you really want from work with this practical toolkit which aims to help you redesign your career and find your dream job in four steps. Includes exercises and interactive tools to help you formulate a concrete action plan.

## Current affairs & politics

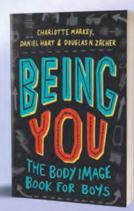
Sheila Liming Hanging Out: The Radical Power of Killing Time

## Highlights from Cambridge University Press



## What Makes a Person?

Secrets of our first 1,000 days November 2022 £9.99



**Being You** The Body Image Book for Boys April 2022 £9.99 Everything you need to know about OCD June 2022 £12.99

Everything

You Need to

Know About



## The Body Image Book for Girls

Love Yourself and Grow Up Fearless September 2020 £9.99

## cambridge.org/highlights



Melville House, 26th, HB, £20, 9781685890056 By a young US feminist critic, this argues that the simple art of hanging out, along with our collective social experiences, can be transformed into acts of resistance, solidarity and authentic connection.



Lauren Richard & Sandrine Rigaud Pegasus: How a Spy in **Our Pocket Threatens** the End of Privacy, **Dignity and Democracy** Macmillan, 17th, HB, £20,9781529094831 Pegasus is widely regarded as the most powerful spyware ever developed, but doesn't just spy on the bad guys. So says this exposé of a system that has also spied on thousands of innocent people around the world, helping governments and corporations to erode key pillars of democracy along the way.

## Film & music

## Alice Farnham In Good Hands: The Making of a Modern Conductor

Faber, 19th, HB, £16.99, 9780571370504 What does it take to become a conductor and stay in the game? With "refreshing passion" and her own personal story at its heart, leading conductor Farnham sets out to explore what it means to be a conductor in modern times, including what it takes to unite and inspire people.

## Food & drink

## (no author) Slimming Slow Cooker

Hamlyn, 5th, PB, £16.99, 9780600637721 Two-hundred low-calorie fuss-free recipes for healthy flavourful meals you can make with your slow cooker.

#### Nathan Anthony Bored of Lunch: The

**Healthy Slowcooker Book** Ebury, 5th, HB, £16.99. 9781529903546 Anthony is a Northern Irish home cook who set up a lockdown food blog to get people cooking healthily during the pandemic, and now has more than 500k followers on Instagram. His first book suggests easy and calorie-counted recipes that can be made in a slow cooker: from Garlic Mac and Cheese to a Sunday Roast.



## Dr Rupy Aujla Dr Rupy Cooks: Healthy. Easy. Flavour.

Ebury, 19th, HB, £22, 9781529148831 From weeknight dinners and one-pot dishes to quick lunches and food for sharing, this new book from the doctor author behind the "Doctor's Kitchen" podcast aims to revolutionise your everyday cooking with dishes which provide maximum health benefit and maximum taste.



### Pascal Baudar Wildcrafted Vinegars: **Making and Using Unique** Acetic Acid Ferments for Quick Pickles, Hot Sauces, Soups, Salad Dressings, Pastes, **Mustards and More** Chelsea Green, 5th, PB £25,9781645021148 The forager and "culinary alchemist" author continues his exploration into wild gastronomy with this comprehensive and colourful quide to the wide world of vinegars. It contains more than 100 simple recipes for all kids of fermented delights, including wasabi ginger



vinegar sauce, pickled

walnuts and many more.

## Ching-He Huang Stir Crazy

Kyle, 12th, HB, £22, 9781914239984 With tips on everything from controlling the heat to using the right oil, a collection of everyday recipes for stir-fries,

One to

Watch

Biography & memoirs Pamela Anderson

Love, Pamela

Headline, 24th, HB, £20, 9781472291103



Discovered by *Playboy* during a football game in her native Canada, Anderson was quickly launched into superstardom. And yet her international cover girl profile hid her true story, we're told, that of a "small town girl getting

tangled up in her own dreams". Now a devoted mother and activist, she brings us this "elevated, layered and pensive" memoir, told in vivid prose and interspersed with bursts of original poetry. The most searched-for person on the internet for a decade (1995-2005), she has a combined following of 2.5 million on Twitter and Instagram.



including vegan and vegetarian options, and using both Asian and Western ingredients available in supermarkets.

## Amy Lanza

## Nourishing Vegan Every Day: Simple, Plant-Based Recipes Filled With Colour and Flavour Fair Winds Press, 17th, 17th, 9780760377581

This collection of vibrant vegan recipes aims to strike the perfect balance between being nourishing, and also suitable for everyday eating. The author has a growing Instagram following @nourishing.amy.



#### Suzanne Mulholland The Batch Lady: Cooking on a Budget

HQ, 5th, HB, £22, 9780008494056 The Batch Lady returns with a budget-friendly book of simple, freezeable, portion-controlled recipes designed to help you create fresh and satisfying meals without breaking the purse strings or spending hours in the kitchen.

## Annie Rigg Eat More Vegan: 80

Delicious Recipes Everyone Will Love Pavilion, 5th, HB, £16.99, 9781911682516 From curries, stews and "Insta-friendly" sushi

sandwiches to sides and seasonings, more than

## Sport Richard Askwith

The Race Against Time: Adventures in Late-Life Running Yellow Jersey, 12th, HB, £16.99, 9781787290525



Askwith is the author of numerous acclaimed books, including *Running Free* and his fell running classic *Feet in the Clouds*. Blending science, fitness and narrative, this is his wonderful-sounding exploration of the art of running,

and of late-life athletics. On a quest to ensure he can keep running for as long as possible, he has a lifechanging adventure at the World Masters Athletics Championships, and mines the research and experiences of sprinting centenarians and others across many different countries. What unites them is the single belief that "you don't have to take growing old lying down".

80 fuss-free vegan dishes for all occasions, using easy-to-find ingredients. Prolific cookery author Rigg is part of the "Great British Bake Off" team and has written more than 15 cookbooks including some of the official GBBO guides.

## Health, fitness & parenting

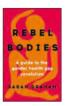


## Paul Biegler

Why Does It Still Hurt? Scribe, PB, £16.99, 9781914484155 Almost half of adults in the UK suffer from some form of chronic pain that is unrelated to any physical injury. The science iournalist and former doctor author explains that many of us are victims of a devilish trick of the nervous system: our brains prolong pain long after our bodies have healed

## Iben Dissing Sandhal The Danish Way of Raising Teens: What the Happiest People in the World Know About Raising Confident, Healthy Teenagers With Character

Piatkus, 26th, PB, £14.99, 9780349435732 The co-author of the globally published *The Danish Way of Parenting* returns to highlight 10 core principles Danes use when raising their children, and how they apply specifically to teenagers, in this "reassuring and gentle" book.



## Sarah Graham Rebel Bodies: A Guide to the Gender Health Gap Revolution

Green Tree, 5th, HB, £16.99, 9781399401111 "You're not alone. vou're not going mad, and we believe vou". For everyone who has been to a doctor and felt like they were being fobbed off or ignored, this is an inclusive and empowering manifesto for change within women's healthcare, which explores the systemic sexism within medicine Graham an award-winning health journalist, also offers practical ways for women to advocate for themselves and others, and get the diagnosis and treatments they need.

## Lisa Hood

Moon Yoga: Poses, Flows and Rituals to Help You Move With the Moon Godsfield, 5th, HB, £12.99, 97818481815237 Learn how to move mindfully with the nine lunar phases of the moon, channelling the energy of the moon's cycle through rituals and mantras in order to feel more refreshed, rejuvenated, energised and inspired.

> One to Watch





## Dr Molly Maloof The Spark Factor: Supercharge Your Batteries for Limitless Energy and a Fitter, Stronger, More Resilient Future

Piatkus, 23rd, PB, £14.99, 978-0349431420 By a leading biohacker and US doctor this programme for increased energy and vitality is tailored to the biology of women and targets the mitochondria, the power source of our cells The spark inside that we often speak of is actually science. Maloof argues. because with the right lifestyle, we glow with enerav

## Dr Ayan Panja The Health Fix

Kyle, 5th, HB, £14.99, 9781914239298 Panja is an NHS GP and lifestyle expert. This health guide which draws on his own experience of illness contains his advice for future-proofing your health: from controlling your habits to understanding the interplay between symptoms and biology. "The only health manual you will ever need", says Dr Rangan Chatteriee.

## Rina Raphael The Gospel of Wellness: Gyms, Gurus, Goop and the False Promise of Self-Care

Souvenir, 12th, PB, £16.99, 9781788168236 What happens when the cure becomes as bad as the disease? This "startling" look at the booming wellness industry reveals that this obsession is a direct result of gender inequalities and structural sexism. It aims to offer a cleareyed exploration of what wellness can realistically offer us. "Next level revelatory", says Sarah Knight, author of *The Life-Changing Magic of Not Giving a F\*ck.* 

#### Pixie Turner Food Therapy

Piatkus, 26th, PB, £14.99, 9780349429311 In this practical guide to rehabilitating an unhealthy relationship with food, the registered nutritionist author draws on the psychology of what we eat to help build healthier habits and eat without guilt.

## Clio Wood Get Your Mojo Back:

Sex, Pleasure and Intimacy After Birth Watkins, 10th, PB, £12.99, 9781786951 Filling a gap in the market, this guide to

sex after birth aims to help women regain their sexuality and improve their mental and physical wellbeing in motherhood. The author is a maternal wellbeing campaigner and mother of two.

## History

## Caroline Dodds Pennock On Savage Shores: How Indigenous Americans Discovered Europe

Weidenfeld, 19th, HB, £22, 9781474616904 This arresting new history by the UK's only historian of the Aztecs shatters our previous Eurocentric understanding of the Age of Discovery by telling the story of Indigenous Americans who journeyed across the Atlantic to Europe after 1492. We encounter the Brazilian king who met Henry VIII, the Aztecs who mocked up human sacrifice at the court of Charles V, and the Inuk baby put on show in a London pub.

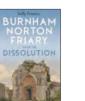
## Jonathan Duke-Evans An English Tradition? The History and Significance of Fair Play

OUP, HB, £35, 978192859990 The English have claimed that fair play is at the core of national identity for hundreds of years. This explores the history and origins of that idea throughout Britain and beyond to offren new perspectives on the relevance of fair play in the 21st century.



#### Elaine Farrell & Leanne McCormick Bad Bridget: Crime, Mayhem and the Lives of Irish

Emigrant Women Penguin Sandycove, 26th, PB, E14.99, 9781844885817 Pickpocketing, sex work, drunkenness and murder feature in these untold stories of generations of Irish female immigrants to the USA, including serial killer Lizzie Halliday.



## Sally Francis Burnham Norton Friary After the Dissolution

Boydell & Brewer, PB, £19.99, 9781783276745 Said to be a pioneering study of the neglected history of the fate of a small Norfolk priory after its dissolution by Henry VIII in 1538, which shows how both its medieval and modern histories have been recovered by archival and physical research.

## Caroline Freedman-Cuerden Battle Elephants and Flaming Foxes: Animals

in the Roman World The History Press, 26th, HB, £18.99, 9780750999618 Why did Emperor Augustus always have a seal skin nearby? What was the most dangerous part of a chariot race? How could a wolf help with toothache? These and other questions are answered in this bestiary of the Roman world.

## Christopher Hadley The Road: A Story of Romans and

Ways to the Past William Collins, 19th, HB, £20, 978000856699 The author of *Hollow Places* travels from London northwards to York, to trace the great Roman road that was the Ermine Way, built by Roman legionaries shortly after Queen Boudicca's

**Charlotte Greedv** 

You Do You:

Personal development & self-help

The Inspirational Guide to Getting the Life You Want

revolt. The result is this fascinating-sounding amalgam of archaeology, folklore, historiography and "local history's deep mysteries", which illustrates how Britain has found its way since the Romans.

## Roger Howard Spying on the Reich: The Cold War Against Hitler

Cold war Against Hitler OUP, HB, £25, 9780192862990 Drawing on a wide range of previously unpublished sources from across Europe, this tells the story of German rearmament in the 1920s and '30s, and the spy agencies from across Europe which tracked it.

## Dhirendra Jha Gandhi's Assassin: The Making of Nathuram Godse and

His Idea of India Verso, PB, £12.99, 9781804292976 Publishing for the 75th anniversary of the assassination of Gandhi, a biography of the man who shot him which draws on previously unpublished archive material to challenge the standard account, and offer a fresh perspective on the making of independent India.

## Kenneth Macinnes When Russia Did Democracy

Amberley, HB, £22.99, 9781398105447 From the medieval republic of Novgorod to the freedoms introduced after the revolutions of 1917 and 1989, this comprehensive history of more than a thousand years of democracy in Russia dispels the myth that this form of government is alien to that country.

## Allyson Shaw

## Ashes and Stones: A Scottish Journey in Search of Witches and Witness

Sceptre, 19th, HB, £18.99, 9781529395457 Shaw takes a journey through Scottish history and across the Scottish landscape in search of the traces of those accused of witchcraft in 17th-century Scotland. "From fairy hills to forgotten caves, we explore a spellbound landscape" in a record of resilience that calls on us to "choose and remember our ancestors".

## Dan Stone The Holocaust: An

Unfinished History Pelican, 26th, HB, £20, 9780241388709 A foremost expert on the Holocaust with a new "searing, nuanced" account which brings to light new aspects of its history; from the depth of collaboration across Europe, to why Jewish suffering has yet to be fully reckoned with.



#### Michael G Welham Combat Divers: An Illustrated History of Special Forces Divers Osprey, 19th, HB, E35, 9781472856005 Comprehensive visual

One to Watch

## **Current affairs & politics**

## Paul Auster

Bloodbath Nation Faber, 12th, HB, £25, 9780571377565



The renowned US author with a "stunning examination'through words and images-of the epidemic of mass shootings in today's America. Auster estab-

lishes the ways in which America's love affair with guns goes back to the arrival of the first British settlers, who used their weapons to eradicate the Native Americans. Without taking sides, he also issues a plea for his country to find a way of avoiding further death and grief. The text is accompanied by photographs depicting empty spaces which stand as mute memorials to the lives that have been lost.







Bantam Press, 12th, HB, £16.99, 9781787636873 "Positivity powerhouse" @MissGreedysHome has large and fast-growing platforms on Instagram and on TikTok. Her début motivational guide aims to help you celebrate your true authentic self and make a fresh start if you want to. Having herself had a rocky start in life, Greedy keeps it real

while bringing up two children in a single-sex, working-class family. Both "honest and hilarious", she aims to inspire readers to begin their own journey of self-love and confidence, and help them build the lives they truly deserve. Stacey Solomon and Mrs Hinch are both fans.

# **BOOKS** Previews New Titles: Non-fiction

history of the special forces combat diver; from the Second World War to the present day. The author is a former Royal Marines Commando.

## Homes, interiors & craft

Marie Kondo The Marie Kondo Writing Companion: A Planner to Spark Joy and Organise Your Life Bluebird, 5th, PB, £14.99, 9781529075984 This "transformative" and personal tidying workbook from the Netflix star and author of The Life-Chanaina Maaic of Tidving Up breaks tidving down into manageable stages, and enables you to set a timeline that suits vou and fits in with your other commitments



## Sam Marshall Linocut: A Creative **Guide to Making Beautiful Prints**

Herbert Press, 19th, HB, £20,9781789940701 This beautifully illustrated step-by-step guide to creating personal and contemporary linocut prints contains 18 easy-tofollow projects; from the carving and the inking to the printing.

Kerstin Neumüller Simple Weave: Create **Beautiful Pieces** Without a Loom

Batsford, 19th, HB, £14.99, 9781849948050 This weaving book demonstrates how you can weave with tools that are easy to make yourself, and often small enough to fit in your pocket.

## Humour

## John Bull The Brexit Tapes: **A Satirical Glimpse Behind the Curtain at** the Brexit Negotiations Unbound, PB, £12.99,

9781800182578 These humorous and wholly imagined transcripts of the government's Brexit negotiations originated as a series of Twitter threads by John Bull-@garius-and gained fans in Parliament, I'm told

## Language, literature & essays

## Julia Cameron Write for Life: A Toolkit for Writers

Souvenir, 5th, PB, £18.99, 9781800815216 This writing guide by the "Queen of Creativity" is billed as an "open-hearted invitation to begin, stick with, and finish a project" It includes a plethora of firm and inspiring advice making up a six-week programme for writers at all levels; from setting daily writing quotas to polishing a first draft.

## Hilary Chute (ed) & Art Spiegelman **Maus Nov**

Viking, 26th, HB, £20, 9780241509050 In this richly illustrated tribute. leading cultural critics, authors and academics reflect on the radical achievement and innovation of Spiegelman's Pulitzer-Prize winning comic book, Maus, with contributors including Philip Pullman. Adam Gopnik and Ruth Franklin

## Saul Friedländer **Proustian Uncertainties: On Reading and Rereading In Search** of Lost Time

Other Press, 19th, PB, £14.99,9781635423143 The author, a Pulitzer Prize-winning historian, revisits Marcel Proust's masterpiece in an essay on literature memory and the auestion of identity; that of the novel's narrator and Proust's own

Copywrong to Copywriter practical mide

Tait Ischi

## Tait Ischia Copywrong to Copywriter

Scribe, PB, £9.99, 9781914484735 "Waffling on should be reserved for weekend breakfast". Feel confident in what you say and how you say it with this enggaing copywriting guide aimed at "small businesses, small organisations, sole traders and lone rangers".

## Dan Jones Heroes of Queer Myth and Leaend Radar, 12th, HB, £16,99, 9781804190463

One to

Watch

Fifty profiles of gay gods and goddesses, sapphic sirens, misunderstood mermen and lesbians of legend feature in this gifty compilation of queer heroes from storytelling traditions around the world. It also takes in modern pop cultural figures from such fan obsessions as Xena. Warrior Princess, Doctor Who, and Buffy the Vampire Slayer



## Ludovico Silva, Paco Brito Núñez (trans) Marx's Literary Style

Verso, PB, £14.99, 9781839765537 In which the Venezuelan poet and philosopher author argues that much of the confusion around Karl Marx's work results from a failure to understand his literary mode of expression



## Laura Thompson (ed) Au Revoir Now Darlint (sic): The Letters of **Edith Thompson**

Unbound, 19th, HB, £18.99, 9781800182462 First ever collection of the letters of Edith Thompson that were at the centre

## Food & drink

## **Jack Monroe**

Thrifty Kitchen: Over 120 Delicious, **Money-Saving Recipes and Home Hacks** Bluebird, 5th, HB, £20, 9781035008513



With more of us than ever having to take a careful look at our weekly shopping expenditure, I have renewed admiration for Monroe, and her energetic,

passionate campaign to highlight food poverty and the plight of those

on the lowest incomes. In her latest cookbook, she presents a collection of 120 affordable recipes from aromatic curries to flavour-packed pasta sauces, accompanied by money-saving tips and lifestyle hacks, informed by her own experience of living on the breadline.

of a controversial British Returns podcast, legal case of the 1920s, Dunlop unpacks the when Thompson was significance of your hanged for a murder cosmic coming of age, she probably had no when Saturn returns to involvement with. Laura the sign in which you were Thompson (no relation) born, as it does every 27 is the author of the CWA to 29 years. "If you are Gold Dagger-shortlisted approaching your late Rex vs Edith Thompson 20s. or in the midst of them, this is the book you about the case have been looking for'

## Mario Vargas Llosa The Call of the

Tribe: Essays Faber, 12th, HB, £18.99, 9780571352180 This book of essays by the Nobel Prizewinning Peruvian writer is billed as his "intellectual autobiography", in which he considers the reading that has shaped the way he thinks, and the way he has viewed the world over the past 50 years.

## Mind, body, spirit

## Marites Allen **Chinese Astrology:** Decode the Zodiac to Live Your Best Life Greenfinch, 19th, HB, £20,9781529427271 Discover the ancient wisdom of the Chinese zodiac to get lucky in

life, work and love with this illustrated, gifty and entry-level guide to the basics of this astrology and how you can benefit from its principles.

## Caggie Dunlop Saturn Returns

Orion Spring, 19th, HB, £16.99,9781398704190 "Believe me when I say, it's not personal, and it isn't just happening to you". Formerly of "Made on Chelsea" and now the host of the Saturn







The Swedish Art of Ageing Well: Life Wisdom From



the everyday and the lessons that age brings. Wear stripes. Eat chocolate. Don't leave empty-handed". The author of The Gentle Art of Swedish

Death Cleaning-now being made into a major TV series by the producers of "Queer Eye", with Amy Poehler set to narrate-is back with a book of humorous and charming advice for embracing life, ageing joyfully, and accepting change by letting go of what doesn't matter, and caring for something or someone other than yourself.

Personal development & self-help

Margareta Magnusson



48



Moves from June 2022

when it was a One to

Watch



Mark Cawardine **RSBP How to Photograph** Garden Birds Bloomsbury Wildlife, 19th, PB, £18.99. 9781399404549 This accessible and practical illustrated guide aims to include everything you need in order to capture brilliant images of the birds on your doorstep.

## Hannah Rudd

**Britain's Living Seas:** Our Coastal Wildlife and How We Can Save It Bloomsbury Wildlife, 19th, PB, £16.99, 9781472988492 This accessible guide to the British coastline, written in collaboration with The Wildlife Trusts. showcases a wide range of habitats and species from all around the

British Isles and suggests

examples along with her

between meaningful and

own research to help

us learn the difference

wasteful uses of time.

The Mandala Way:

**A Creative Journey** 

Self-Empowerment

Watkins, 10th, PB, £18,99

Combining artwork and

exercises, this accessible

power of mandalas, and

give expression to your

inner world of thoughts.

feelings and experiences.

Attention

Span

Finding Focus for a Fulfilling Life

Gloria

Mark

Attention Span: Finding

Focus for a Fulfilling Life

The psychologist author

began researching how

attention when offices

ers and has continued

to track changes in our

attention spans for the

she advocates a more

balanced understanding

focused states which may

help make us happier and

of the rhythm between

more productive in the

deep focus and less

past 30 years. Here

technology affects human

were first getting comput-

William Collins, 5th, HB,

£22,9780008525965

Gloria Mark

drawing guide aims to

help you discover the

practical meditation

Into Healing and

9781786787163

Eitan Kedmy

## 01

practical steps we can all take to help protect and conserve them.



Hugh Warwick The Water Vole Book Graffeg. 19th, HB, E9.99, 9781802581676 The latest addition to this attractive photographic wildlife series focuses on water voles, profiling this newly endangered species in myth, legend, art and literature as well as in its natural habitat.

## Personal Development & Self-Help

#### Russell Brand Recovery: The Workbook: A Practical Guide to Finding Freedom From Our Addictions

Bluebird, 5th, PB, £14,99, 9781529071276 This "creative guidebook" follows Brand's book Recovery: Freedom From Our Addictions and uses the tenets of 12-step recovery to help you break the cycle of addiction, and measure your progress; whether your vice be doom-scrolling through social media, failing to appreciate your loved ones or a near surgical attachment to your phone.

#### Sheheryar Banuri The Decisive Mind: How to Make the Right Choice Every Time Hodder, 5th, HB, £20.

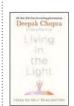
Personal development & self-help

The Creative Act: A Way of Being Canongate, 10th, HB, £22, 9781838858636

9781529344097

**Rick Rubin** 

## Banuri is a behavioural economist and an expert on motivation and decision-making. This is his framework, designed to help us decode our decision-making patterns, and provide efficient ways to combat indecision.



## Deepak Chopra Living in the Light:

Yogg for Self-Realization Rider, 12th, HB, £16,99 9781846047312 Everything you need to master the fundamentals of yoga is contained in this "around-breaking and revelatory" guide to its philosophy and practice. Chopra's simple eight-week programme covers eight stages of transformation including transcendence, wholeness and breath, and features 50 poses in line illustrations



## Cody Daigle-Orians I Am Ace: Advice on Living Your Best

Asexual Life Jessica Kingsley, 19th, PB, f12.99, 9781839972621 How do I know if I'm asexual? How do I come out? What kind of

"Creativity has a place in everyone's life, and everyone can

make that place larger". From the nine-time Grammy

winning music producer comes this "beautifully crafted book, many years

it comes from, where it doesn't come from, and how

within all of us. Set out in the form of 78 short and

pithy lessons (a few of which I've read, including

this on collaboration-"What is true is that you are

you can connect with the wellspring that lies

never alone when you're making art"), it's the distillation of a life's work and thought.

in the making" about creativity: where

relationships can I have? These questions and more are tackled in this advice book which aims to help you better understand your asexual identity, helped along by anecdotes from the author's own experience.

#### Dandapani The Power of Unwavering Focus: Focus Your

Mind, Find Joy and **Manifest Your Goals** Bantam Press, 12th, PB, £14.99,9781787635999 For anyone who struggles to concentrate in a world of constant distraction. this 10-step guide by world-renowned former monk Dandapani-who has shared a stage with the likes of Hillary Clinton and Mark Zuckerbergaims to teach us how to focus, with the help of ancient Hindu monastic

Jake Eagle & Dr Michael Amster The Power of Awe: Overcome Burnout & Anxiety, Ease Chronic Pain, Find Clarity and Purpose in Less Than One Minute Per Day

wisdom

Yellow Kite, 3rd, PB, £16.99, 9781399708067 Microdose mindfulness using the AWE method: attention (aive your full focus to something). wait (take a deep breath and appreciate that thing); exhale and expand (exhale slowly and allow your feelings to expand and grow). Thus, in five-15 seconds, two or three times a day, vou can reduce anxiety and stress, and increase happiness, say the authors.

One to

Watch



## Rich Hanson Making Great Relationships: Simple Practices for Solving Conflicts, Building Cooperation and

Fostering Love Rider, 19th, HB, 19th, HB, £16.99, 9781846047572 The neuropsychologist author of *Buddha's Brain* and *Just One Thing* offers 52 simple practices to help foster happy, lasting and fulfilling relationships in all areas of life.

## Joe Hart & Michael Crum Take Command

Simon & Schuster, 5th, PB, £14.99, 9781398518575 "A successful life starts with the self". Taking in Dale Carnegie's training principles, this offers tools and time-tested methods to help you take charge of your thoughts, relationships and future, and create the life that you want.

#### Cassie Holmes Happier Hour: How to Spend Your Time for a Better, More Meaningful Life Penguin Life. 12th. PB.

Fil4.99,9780241458952 Time is the true yardstick of our lives, not money, says this "life-affirming" guide to managing our most finite resource to live a happier, more fulfilled existence. Holmes—a US social psychologist deploys—practical

## Business, economics & personal finance Naomi Shragai

Work Therapy: Or the Man Who Mistook His Job for His Life W H Allen, 5th, PB, £10.99, 9780753558324

long term

Vaneet Mehta

**Bisexual Men Exist:** 



Unhappy at work and searching for a New Year, New Job? Dubbed "The Book You Wish Your Boss Had Read", this bracing guide by *FT* columnist and business psychotherapist Shragai shows how we continually replay and re-enact

conflicts, dynamics and relationships from our personal past in our professional present. Through stories, insights and provocative questions set out in pithy chapters such as "Personality clasheswhat part do you play in them?", and "In defence of (most) narcissists-and what we get wrong about them", she aims to transform how we think about ourselves and our working lives.

## A Handbook for Bisexual, Pansexual and M-Spec Men

Jessica Kingsley, 19th, PB, £14.99, 978178775196 The author founded the #BisexualMenExist campaign and here shares his own experience, as well as personal stories from others in the community to help validate and uplift other bisexual and m-spec (multi-spectrum) men.

## Katherine Morgan Schaflter The Perfectionist's Guide

to Losing Control Orion Spring, 19th, PB, f16.99.9781398700208 What if perfectionism is your superpower? Psychotherapist Schafler says you don't have to stop being a perfectionist to be happy and fulfilled. Identifying five distinct types of perfectionist, she aims to teach you how to manage the type you are, and to embrace and even eniov it. Deepak Chopra is a fan.



## Kevin Parr The Quiet Moon Flint, 5th, HB, f14.99, 9780750998697 Charting the phases of the Celtic moon, this selfhelp guide by a writer, fisherman and naturalist is an elegy to one man's struggles with mental health, and an exploration of the interplay between

One to Watch



TheBookseller.com

mood, moon, and landscape. Parr's *Rivers Run* was longlisted for the Richard Jefferies Prize for Nature.

## Julia Ravey Braintenance: Make Healthy Habits

and Reach Your Goals Macmillan, 12th, HB,

£16.99,9781529080056 Take charge of your brain with this guide to breaking habits, achieving your goals and leading the life you want.



## Janet Reibstein Good Relations: Cracking the Code

of How to Get Better Green Tree, 19th, HB, £18.99, 9781472992383 Reibstein, a psychologist and "therapist to the stars", reveals the secrets of effective communication and building longterm relationships you can thrive within, whether with work colleagues or with sexual partners.

## Mike Rucker The Fun Habit: How the Pursuit of Joy and Wonder Can Change Your Life

Bluebid, 26th, HB, £16.99, 9781529054309 Drawing on current research and science, Dr Rucker aims to help you bring joy and wonder to your daily life with this guide to revitalising the value of fun, and how it can help you achieve a better work-life balance, reduce stress and more.

## Emma Short

How (Not) to Do It All Parthian, PB, £9.99, 9781914595387 Short, a consultant NHS doctor, specialising in histopathology, aims to offer a fresh perspective with this engaging, evidence-based guide to leading a healthier, happier and calmer life. It takes a holistic approach to wellbeing, exploring areas as diverse as exercise, nutrition, the impact of the digital and natural environment, sleep. mindset and-crucially perhaps—not taking on too much. Short has experienced "Superwoman Syndrome" and also writes for the "countless other women who are in the same boat"

## Gwendoline Smith The Book of Feeling Blue: Understand and Overcome Depression

Allen & Unwin, 5th, PB, £9.99, 9781838958152 This illustrated guide to living with depression by an accredited psychologist is particularly aimed at teenagers and younger adults, and is written in a chatty, reassuring tone while equipping the reader with a therapist's tools for managing the condition.

## Sheridan Stewart I am Enough: The 90 Day Challenge to

Find Contentment Aurum, 17th, PB, £12.99, 9780711278578 Taking an empowering approach, this is billed as a practical and inspiring guide to spending less, and becoming happier and more fulfilled in the space of 90 days as a result. The Aussie broadcaster author created it out of necessity after struggling with burnout and auilt for years.

## Philosophy & religion



## David Graeber Pirate Enlightenment or the Real Libertalia

Allen Lane, 26th, HB, £16.99, 9780241611401 This disruptive last book by a renowned LSE professor of anthropology and the author of The Dawn of Everything is a "rumbustious" dismantling of the birth of the Enlightenment, moving the story of its origins from Europe to the island of Madagascar, the home of several thousand pirates in the late 17th century, and what Graeber calls "a brief window of radical democracy on land"

## Jiddu Krishnamurti The Beauty of Life: Krishnamurti's Journal

Watkins, 10th, HB, £12.99, 9781786787477 With previously unpublished material, a compilation of the final writings of the world-famous spiritual teacher in which he reflects to himself on

One to

Watch

the natural world around him, and what this might tell us about human consciousness.



## Roy P Mottahedeh In the Shadow of the Prophet: Essays in Islamic History

Oneworld, 19th, HB, E60, 9780861545605 Ranging in subject matter from the Abbasid period of the 8th century to the Islamic revival movement of the present day, collected essays on Islamic art, literature, history and religion by a lauded Harvard professor.

## Curtis White Transcendent: Art and Dharma in a

Time of Collapse Melville House, 5th, PB, £16.99, 9781612199948 The cultural critic author examines current fissures in Western Buddhism and what Buddhism might look like in the future. Will it be secular, or will it still provide spiritual refuge from the "debased world of money and things"?

## Poetry

## Joe Carrick-Varty More Sky

Carcanet, 26th, HB, £11.99, 9781800173019 This début collection from a British-born Irish writer is "bold in theme and formally", especially in the poet's treatment of suicide, mental heath and wellbeing.

## lan McDonald Not Quite Without A Moon

Peepal Tree, 5th, PB, £9.99, 9781845235581 This new collection by the Trinidad-born poet finds McDonald entering his '90s with his world increasingly his house and garden, his wife, children and grandchildren, but it is a "world experience as no less rich than anything in the past, indeed ever more precious for its evanescence".



## Sharon Olds Balladz

Cape, 12th, PB, £12, 9781787334229 Arguably America's greatest poet enters her 80th year with a "book for our times, one of fear, fragility and love of life". This new collection includes a selection of quarantine poems, followed by her "Amherst

Balladz" honouring Emily Dickinson, and celebrations of lost friends and lovers; her childhood, womanhood, and old age all mixed up together.

## Hannah Sullivan

Was It For This Faber, 5th, HB, E12.99, 9780571362271 Sullivan's widely acclaimed first collection, *Three Poems* won the T S Eliot Prize in 2019. Her second offers a trenchant exploration of the ways in which we attempt to map our lives in space and time, through the lens of autobiography. The cover and endpapers display photos from Sullivan's family archive.

## **Popular science**

## Dean Burnett

Emotional Intelligence: Lost and Found in the Science of Emotion Guardian Faber, 12th, PB, £14.99, 9781783351732 After losing his father to Covid-19, the neuroscientist and blogger author goes on a journey of discovery into where our emotions come from, what purpose they serve, and why they make us

feel the way they do, combining expert analysis, humour and powerful insights into the grieving process.



#### Justin Gregg If Nietzsche Were a Narwhal: What Animal Intelligence Reveals About Human Stupidity Hodder, 26th, HB, £22, 9781399712460 Billed as a myth-busting

Billed as a myth-busting exposé of how human intelligence may be more of a liability than a gift, which provides a refreshing new way to understand the animal kingdom and our place on earth. Sounds fascinating.

One to

Watch

**Biography & memoirs** 

## Edward Stourton

Confessions

Doubleday, 26th, HB, £20, 9780857528339



In this "agenda-challenging, unexpected" memoir, the BBC radio broadcaster and former foreign correspondent reflects with "candour, humour and insight" on

his life, and on society's changing attitudes in a world that is dramatically different from the one in which he began his reporting career. Taking in such themes as the public school system, the old boys' network, Catholicism, reporting from war zones and the media then and now, Stourton takes us from his privileged childhood as the son of expat parents in colonial Nigeria to the in-fighting on BBC Radio 4's "Today" programme.



Personal development & self-help Robert Waldinger & Marc Schulz The Good Life: Lessons From the World's

Longest Study on Happiness Rider, 12th, HB, £16.99, 9781846046766



Waldinger's TED talk, "What makes a good life?", is one of the 10 most-watched ever with over 40 million views. Based on more than 80 years of research from the longest study of happiness ever at Harvard

University, this "era-defining" book brings together science, traditional wisdom, real-life stories and actionable insights to reveal the true components of a happy, fulfilled life. It has nothing to do with financial success or achievement, but has all to do with our relationships apparently. Rights have been sold across the world.





# 01

## Crawford Hollingworth & Cathy Tomlinson How Your Brain is Wired:

**An Owner's Manual** Unbound, 5th, PB, £16.99, 9781800181861 Written by an awardwinning behavioural change expert, this practical quide shows how recent discoveries in that field might help you lead a more positive and rewarding life, in the form of simple "nudges": tiny tweaks in behaviour that can "deliver a bia, some times thrilling, reboot". Moves from August.

## Scott L Gardner, Judy Diamond, Gabor Racz & Brenda Lee (illustrator) Parasites: The

Inside Story Princeton UP, HB, £25,

Princeton UP, HB, E25, 9780691206875 Using examples of parasites from throughout the tree of life, this looks at the essential role that parasites play in Earth's ecosystems, and how they offer clues to the evolutionary history of particular regions.



## Vaclav Smil Size: The Measure of All Things

Viking, 26th, HB, £20, 9780241506998 "The big ideas book of the year" is Viking's billing for this "mind-opening exploration of how size defines life on Farth (and beyond)", from microbes to economies and the expanding universe. Is bigger always better? Can something keep growing indefinitely, or become too big to fail? These are among the questions around this goliath subject that Smil-"the nerd's nerd" according to the Guardian-tackles

## Leonard Susskind & André Cabannes General Relativity: The

Theoretical Minimum Allen Lane, 10th, HB, £25, 9780241562581 From black holes to gravity waves, the eminent US theoretical physics professor and author returns to explain Einstein's general theory of relativity in a book based on his popular course at Stanford University, and co-written with a new French collaborator.

## Ashley Ward Sensational: A New

**History of Our Senses** Profile, 5th, HB, £20. 9781788168861 From a professor of animal behaviour and the author of The Social Lives of Animals, a "smorgasbord" of the senses; how they work, why they're there, and what they mean for both animal and human lives. We could, he explains, have as many as 53 senses, and they could explain such mysteries as why we kiss, and what canine bowel movements can tell us about geomagnetic fields

## Psychology Awe Participation

## Dacher Keitner Awe: The Transformative Power of Everyday Wonder

Allen Lane, 3rd, PB, £16.99, 9780241624104 From a leading US expert on the science of emotions, this is said to be a ground-breaking exploration of the history psychology and meaning of awe; and how it allows us to collaborate with others, open our minds to wonder and see the deep patterns of life "Cultivating wonder in our everyday life leads us to appreciate what is most humane in our human mind", he says.

## Dasher Kiper Travellers to Unimaginable Lands: Dementia and the Hidden Workings of the Mind

Profile, 26th, HB, £16.99, 9781800816190 Beautifully written, I'm told, and drawing on the author's personal and professional experience, an "illuminating, compassionate" exploration of dementia, care-giving and the mysterious world of the human mind; from the husband who believes his wife is an imposter, to how a woman's imaginary friendships with photographs of famous authors disrupts a previously devoted marriage.

## Sport

## Lauren Fleshman Good for a Girl: My Life Running in a Man's World

Virago, 10th, HB, £20, 9780349014425 The fastest American woman not to make a US Olympic team (due to injury), Fleshman is also a vocal advocate for women in sport. In this part memoir, part manifesto, she calls for a different approach to training that is more adapted to the female body.

Marshall "Major" Taylor and Adonia E Lugo (introduction) Fastest Bicycle Racer in the World: A Black Boy's Indomitable Courage and Success Against Great Odds Microcosm Publishing, 12th, PB, £14.99, 9781648411328

Born in 1878, cycling superstar Taylor was the first Black sportsman to become a global celebrity when he won the world cycling championship in 1899, but encountered racism and violence at every turn. This is a new edition of this autobiography.

## Sustainability & climate change

## Heriberto Araujo Masters of the Lost Land: The Untold Story of the

Fight to Own the Amazon Atlantic, 19th, HB, £20, 9781838951450 Set against Bolsonaro's devastating cuts to environmental protections and the Amazon's crucial role in climate change, this tells the "gripping" story of the fight for human, economic and environmental justice raging in the heart of the Amazon rainforest. "The most comprehensive work of investigative journalism on the Amazon yet", says Atlantic.

## Travel & transport

#### Luke Agbaimoni London Symmetry & Imperfections

The History Press, 5th, HB, £25, 9781803991573 This follow-up to the author's illustrated *The*  Tube Mapper Project explores symmetry in the London Underground network, and is published to coincide with the 160th birthday of the Tube.



#### Pico lyer The Half-Known Life: Finding Paradise in a Divided World

Bloomsbury Circus, 19th, HB, £16.99, 9781526655011 The award-winning travel writer returns with a wonderful-sounding exploration of the world's holiest sites, and where we might journey to find paradise on Earth. It takes him from Srinagar in Kashmir to Jerusalem, Uluru and beyond as he contemplates humanity's search for the divine.



## **Away From Beloved** Lover: A Musical Journey Through Cambodia Granta, 5th, PB, £16.99, 9781783787111 This musical travelogue tells the story of Cambodia through the soundtrack of its lost rock 'n' roll music: 90% of the country's musicians died under Pol Pot's reaime. Pevok draws on her seven years of research to recover their histories in this story of Cambodia and its golden era of music

Paul Richardson Hidden Valley: Finding Freedom in Spain's Deep Country Abacus, 5th, HB, £20,

The Stories

We Tell

9781408714416 Richardson "fled the conventions of his bourgeois British upbringing" to become a peasant farmer (but with good wifi) in rural Extremadura in Spain. This is an account of how he has lived a back to the land off-arid existence there influenced by the likes of David Thoreau and the pioneers of 1970s self-sufficiency. His prose "shimmers with wit and sensuality", I'm told.

## True crime Neil Forsyth

## Neil Forsyth The Gold

Ebury Spotlight, 12th, HB, £16.99, 9781529149524 This definitive account of the Brink's-Mat gold robbery in November 1983—"the most significant robbery of all time" is published to coincide with a major new BBC1 TV series and tells the full epic story in its entirety for the first time.

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## The First Solo Memoir from Joanna Gaines

Joanna Gaines invites us on an authentic and deeply vulnerable journey into her story - and helps shine a light on the beauty of our own - guiding us to release the weights that hold us back so we may live and share our story in truth.



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## **Job of the Week**



## Senior sales executive The Bookseller

£32,000pa The Bookseller, part of The Stage London Media Company, is dedicated to providing up-to-date news and services for the book publishing industry. The Bookseller has established itself as a leader within its fields, offering industry news, authoritative reviews/interviews and insightful features as well as jobs boards, events and awards. This role will support the Director of Business Relations as part of the Commercial team.

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- Manage both existing and new accounts with a high degree of professionalism
- Build relationships with the aim of developing revenue streams, commercial benefit or identifying new areas of opportunity jobs.thebookseller.com/job/bookseller/

senior-sales-executive

## **Publicity Assistant Faber & Faber**



**London £26,350pa** We are looking to recruit a talented Publicity Assistant for the Publicity team, providing administrative support to ensure the smooth running of the department and assisting publicists working across Faber's prize-winning lists. The successful candidate will have excellent communication, organisational and IT skills, and an ability to work well under pressure. jobs.thebookseller.com/job/faberandfaber/publicity-assistant-22

## **Senior Editor Hachette Children's Group** London Children In C



Children's Group is looking for a talented and ambitious Senior Editor for Licensing & IP. The successful candidate will have excellent editorial and project-management skills, a good eye for trends and strong commercial awareness. Applicants should be creative, collaborative and passionate about licensing. jobs.thebookseller.com/job/hachette/senior-editor

14th October 2022



## **PR Manager Hachette Childrens**

We're looking for a passionate London and innovative publicist, skilled at hachette CHILDREN'S G

stakeholder management and media and events. You'll have great creative energy, ideas and will thrive on working with brilliant authors, illustrators, brands and amazing ideas. We're looking for a passionate and innovative publicist, skilled at stakeholder management and media and events. iobs.thebookseller.com/iob/hachette/pr-manager

## **Data and Product Executive** Thames & Hudson

£26.000-28.000pg We are looking for a well-London organised, methodical and self-motivated Data and Product Executive to join our Client Publisher team. You will be the go-to person for all our client publishers from the leading Museum & Galleries throughout the world to specialist publishers within the Arts.

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## **Editorial Manager**

**Thames & Hudson** £36,000pa We are seeking a highly organized



ranges from pop-culture, design and lifestyle titles to books targeted at architecture students and professionals. The successful candidate will be full of initiative and able to multi-task and prioritize effectively in a fast-paced environment. jobs.thebookseller.com/job/editorial-manager-31251

Editorial Manager to oversee a dynamic list that

## Editor, Bloomsbury Wildlife

Bloomsbury

This is a rare opportunity for a creative and highly organised individual to join the editorial team at Editor level. The role will see them utilise editorial and project-



management skills in an exciting role, which will involve managing a number of full-colour books through the editorial process. Requires meticulous attention to detail and strong organisational skills.

jobs.thebookseller.com/job/bloomsbury/editor-bloomsbury-wildlife

## **Production Coordinator/Editor The Royal Society**

£30,257pa This is an exciting opportunity London for a Production Coordinator/Editor to join the publishing team. They will be responsible for the production

and presentation of journals in line with the Society's standards of timely publication, costs, quality and customer service. Familiarity with digital publishing processes and mark-up languages is preferred. jobs.thebookseller.com/job/royalsociety/production-coordinator-editor



## Associate Scout (Adult & TV/film) and Associate Scout (Children's & YA) **Daniela Schlingmann Literary Scouting Ltd**

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## **Project Editor, Online Imprints Thames & Hudson**

£28,000pa The main purpose of this role is the London editing and day-to-day project-management of books across T&H's online imprints: Volume, ROM and Unit Editions. The successful candidate will have a demonstrable interest in and knowledge of visual culture and be flexible. open-minded and adaptable.

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## **Managing Editor, Museums** Thames & Hudson

£40,000+pa This is a varied and creative role Londor requiring extensive editorial experience and with a proven track record of project and team management. You will have a keen interest in art and design; experience of working on museum-related titles; experience of scheduling, budgeting and managing freelance staff.

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## Backlist Manager, Adult Editorial, Part-Time Bloomsbury

This newly created role within the adult editorial team offers an experienced and pro-active individual the opportunity to work with Bloomsbury's editors, sales, metadata



and marketing teams to creatively and effectively curate the existing rich backlist across fiction and non-fiction and drive readers to our books. jobs.thebookseller.com/job/bloomsbury/backlist-manager-adult-editorial

## **Marketing Executive**

**Yale University Press** £24,000-£26,000pa Yale University Press London



is looking for a part-time Marketing Executive to join their marketing team on a fixed term contract. Working with the Senior Marketing and Campaigns Manager, the role holder will be responsible for delivering marketing campaigns for select titles on Yale's front list (excluding art books) covering history, biography, literature, music and current affairs. jobs.thebookseller.com/job/yaleuniversity/marketing-executive-22

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Madeleine Feeny,

Caroline Sanderson,

Kiera O'Brien 75

## Head of Translation and Co-Editions **Penguin Random House**



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£45,000-£60,000pa We are looking for an London entrepreneurial and collaborative Head of

Translation and Co-Editions to drive growth and develop strategy for rights and print sales of illustrated books across all seven Penguin Random House adult divisions—Ebury, Michael Joseph, Penguin Press, Penguin General, Cornerstone, Transworld and Vintage.

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## **Marketing Executive Boldwood Books**

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## **People and Moves**



Emily Bromfield has been promoted at Pan Macmillan to the role of Waterstones and Picador sales director.

Barney Duly will join Bloomsbury next month, stepping into the newly created role of children's rights director.



Izzy Everington is leaving Hodder & Stoughton to join Profile Books as editorial director.



Marketing director **Rachel Scott** Marketing manager Laura Colledge Marketing executive Phoebe Wyatt 80

Head of client development Gerard O'Hare 84 Senior account executive Robyn Carr 87 Events executive Polly Smith 86

Sales administrator Kaitlyn Chatwood Finance director Keith Marriott Commercial co-ordinator Sasha McMullin 74 Managing director Hugh Comerford HR manager Nicky Jooste



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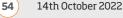
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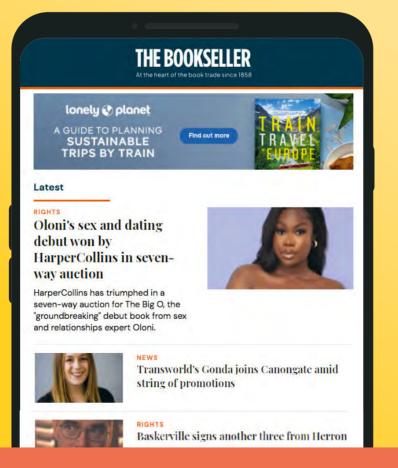


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